

**PROGRAM**

**Thursday, February 29, 2024**

7:00	-	7:30	Pre-Conference Registration and Breakfast
7:30	-	9:30	<b>Integrating Health Equity in the Journey of Dementia</b> Sevil Yasar, MD Alicia Arbaje, MD, MPH, PhD Roland Thorpe, PhD Mariah Robertson, MD
9:00	-	9:55	Conference Registration
9:55	-	10:00	<b>Welcome and Conference Goals</b> Jessica Colburn, MD
10:00	-	10:30	<b>Osteoarthritis vs. Inflammatory Arthritis in the Older Adult</b> Allan Gelber, MD
10:30	-	11:00	<b>Women's Health: Urinary Incontinence</b> Chi Grace Chen, MD, MHS
11:00	-	11:30	<b>Sex, Drugs, and HIV</b> Michael Fingerhood, MD
11:30	-	11:50	<b>Panel Q &amp; A</b> Chi Grace Chen, MD, MHS, Michael Fingerhood, MD, and Allan Gelber, MD
11:50	-	12:50	<i>Lunch</i>
12:50	-	1:50	<b>Breakout Session 1</b> <b>1A. Deprescribing and the Beers Card</b> Nicole Brandt, PharmD, MBA, BCGP, BCCP, FASCP, and Melissa Morgan-Gouveia, MD <b>1B. Palliative Care</b> Dulce Cruz Oliver, MD and Lisa Marcinko, PA-C <b>1C. The Office Neuro Exam</b> Rafael Llinas, MD <b>1D. Social Isolation: Things We Should Know</b> Mary Louise Pomeroy, PhD, MPH



1:50 - 2:00 *Break*

2:00 - 3:00

**Breakout Session 2**

**2A. Geriatricizing the Pre-Operative Evaluation**

April Ehrlich, MD and Hanna Ward, MD

**2B. Ultrasound for the Outpatient Clinician: Joints and More!**

David Hurwitz, MD, MBA

**2C. OTC Supplements**

Daniel Mansour, PharmD

**2D. The Ups and Downs of Managing Hypertension**

Stephanie Nothelle, MD

3:00 - 3:15 *Refreshment Break*

3:15 - 4:15

**Edmund G. Beacham Lecture: Making the Hidden Visible: Health Equity and Aging**

Chanel Whittaker, PharmD

4:15 - 5:15

**Panel Discussion**

Chanel Whittaker, PharmD, Selwyn Ray, JD, Shaista Ahmed, MBBS, MPH, and Gregory Branch, MD

5:15 *Adjourn*

5:30 - 7:00 *Reception*

**Friday, March 1, 2024**

7:30 - 8:00 *Continental Breakfast*

8:00 - 8:30

**Dementia/Delirium**

Esther Oh, MD, PhD

8:30 - 9:00

**Recognizing the Signs of Depression: When to Initiate Treatment**

Susan Lehmann, MD

9:00 - 9:30

**New Alzheimer's Medications**

Halima Amjad, MD, PhD

9:30 - 9:50

**Panel Q & A**

Esther Oh, MD, PhD, Susan Lehmann, MD, and Halima Amjad, MD, PhD

9:50 - 10:05 *Refreshment Break*

10:05 - 11:05

**Breakout Session 3**

**3A. What Matters and Advance Care Planning**

Naaz Hussain, MD

**3B. Vaccinations for the Older Adult (Pneumonia, COVID, Flu, RSV)**

Robin McKenzie, MD

**Breakout Session 3 (con't)**

**3C. Acute and Chronic Kidney Disease**

Derek Fine, MD

**3D. Community Resources for Caregivers**

Kathy Wehr, BS, Leigh Ann Eagle, and Ilene Rosenthal, MSW

11:05 - 11:15 *Break*

**Panel Presentation: Diabetes**

11:15 - 11:30 **How to Manage Diabetes in the Older Adult. What is Different?**

Scott Pilla, MD

11:30 - 11:45 **Balancing the Benefit of the SGLT-2 and GLP-1 with the Cost. What are the Risks/Benefits?**

Jessica Merrey, PharmD

11:45 - 12:00 **Transition from Hospital to Home in Diabetic Management**

Kimberly Vaughn, CRNP

12:00 - 12:15 **Panel Presentation Q & A**

Scott Pilla, MD, Jessica Merrey, PharmD, and Kimberly Vaughn, CRNP

12:15 - 1:15 *Lunch*

1:15 - 2:15 **Breakout Session 4**

**4A. Falls Prevention**

Dennis Klima, PhD, PT, MS, GCS, NCS

Mary DiBartolo, PhD, RN, GERO-BC, CNE, FGSA, FAAN

**4B. Life-sustaining Treatment Late in Life**

Thomas Finucane, MD

**4C. Competency in the Older Adult**

Matthew McNabney, MD, Hanlon Newhall, OT, Amy Linden, CRNP, and

Avis Crayton, LCSW-C

**4D. Resiliency**

Kim Burton, BA and Theodora Peters, MHS

2:15 - 2:25 *Break*

2:25 - 2:55 **Obstructive vs. Restrictive Lung Disease and the PFT**

Robert Wise, MD

2:55 - 3:25 **A-Fib and Treatment Options**

David Spragg, MD

3:25 - 3:55 **Thyroid Disease**

David Cooper, MD

- 3:55 - 4:15 **Panel Q & A**  
Robert Wise, MD, David Spragg, MD, and David Cooper, MD
- 4:15 - 4:30 **Wrap Up and Adjourn**  
Jessica Colburn, MD

**Saturday, March 2, 2024**

- 7:30 - 8:00 Continental Breakfast
- 8:00 - 8:30 **Bone Health**  
Michele Bellantoni, MD
- 8:30 - 9:00 **Dysphagia: Assessment and Management**  
James Henri Clark, MD
- 9:00 - 9:30 **Home-Based Medicine**  
George Taler, MD
- 9:30 - 9:50 **Panel Q & A**  
Michele Bellantoni, MD, James Henri Clark, MD, and George Taler, MD
- 9:50 - 10:05 *Refreshment Break*
- 10:05 - 10:35 **High-Risk Medications and Anticholinergics**  
Joshua Chou, PharmD
- 10:35 - 11:05 **Artificial Intelligence**  
Peter Abadir, MD
- 11:05 - 11:35 **Year in Review: Top 5 Journal Articles for 2023**  
Thomas Finucane, MD
- 11:35 - 11:50 **Panel Q & A**  
Joshua Chou, PharmD, Peter Abadir, MD, and Thomas Finucane, MD
- 11:50 - 12:00 **Summary and Adjourn**  
Jessica Colburn, MD
- 12:00 **Adjourn**  
You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance.

The registration desk will remain open during conference hours

**The Johns Hopkins School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity.**

**The schedule is subject to change.**