



Department of Geriatric Medicine and Gerontology  
Johns Hopkins School of Medicine  
presents the  
**Edmund G. Beacham 51<sup>st</sup> Annual Current Topics in Geriatrics**  
**February 29 - March 2, 2024**  
**Johns Hopkins Bayview Medical Center**  
**Richard A. Grossi Auditorium**



Dr. Beacham's vision when he developed the course in 1972 was to provide scientifically based practical, clinical talks focused on improving the health care of individual seniors. It is in that spirit that we dedicated Topics in Geriatrics to his memory when he died in May 2008 at the age of 93. Through this and subsequent courses, we will bring together many of his trainees and colleagues to give the sort of talks he demanded.

## PROGRAM

### Thursday, February 29, 2024

- |                        |   |
|------------------------|---|
| 7:00 – 7:30 AM         | Pre-Conference Registration and Breakfast   |
| 7:30 - 9:30 AM         | <b>Integrating Health Equity in the Journey of Dementia</b><br>Sevil Yasar, MD<br>Alicia Arbaje, MD, MPH, PhD<br>Carl V. Hill, PhD, MPH<br>Roland Thorpe, PhD<br>Mariah Robertson, MD |
| 9:00 – 9:55 AM         | Conference Registration   |
| 9:55 – 10:00 AM        | Welcome and Conference Goals<br>Jessica Colburn, MD   |
| 10:00 – 10:30 AM       | <b>Osteoarthritis vs. Inflammatory Arthritis in the Older Adult</b><br>Allan Gelber, MD   |
| 10:30 – 11:00 AM       | <b>Women's Health: Urinary Incontinence</b><br>Chi Grace Chen, MD, MHS  |
| 11:00 – 11:30 AM       | <b>Sex, Drugs, and HIV</b><br>Michael Fingerhood, MD  |
| 11:30 – 11:50 AM       | Panel Q & A<br>Chi Grace Chen, MD, MHS, Michael Fingerhood, MD, and Allan Gelber, MD  |
| 11:50 AM –<br>12:50 PM | <i>Lunch</i>  |

**Breakout Session 1**

12:50 – 1:50 PM

**Breakout Session 1**

- 1A. **Deprescribing and the Beers Card**  
Nicole Brandt, PharmD, MBA, BCGP, BCCP, FASCP, and  
Melissa Morgan-Gouveia, MD
- 1B. **Palliative Care**  
Dulce Cruz Oliver, MD and Lisa Marcinko, PA-C
- 1C. **The Office Neuro Exam**  
Rafael Llinas, MD
- 1D. **Social Isolation: Things We Should Know**  
Mary Louise Pomeroy, PhD, MPH

1:50 – 2:00 PM

*Break*

**Breakout Session 2**

2:00 – 3:00 PM

**Breakout Session 2**

- 2A. **Geriatricizing the Pre-Operative Evaluation**  
April Ehrlich, MD and Hanna Ward, MD
- 2B. **Ultrasound for the Outpatient Clinician: Joints and More!**  
David Hurwitz, MD, MBA
- 2C. **OTC Supplements**  
Daniel Mansour, PharmD
- 2D. **The Ups and Downs of Managing Hypertension**  
Stephanie Nothelle, MD

3:00 – 3:15 PM

*Refreshment Break*

3:15 – 4:15 PM

**Edmund G. Beacham Lecture: Making the Hidden Visible: Health Equity and Aging**

Chanel Whittaker, PharmD

4:15 – 5:15 PM

Panel Discussion

Chanel Whittaker, PharmD, Selwyn Ray, JD, Shaista Ahmed, MBBS, MPH, and Gregory Branch, MD

5:15 PM

Adjourn

5:30 – 7:00 PM

*Reception*

**Friday, March 1, 2024**

7:30 – 8:00 AM

*Continental Breakfast*

8:00 – 8:30 AM

**Dementia/Delirium**

Esther Oh, MD, PhD

8:30 – 9:00 AM

**Recognizing the Signs of Depression: When to Initiate Treatment**

Susan Lehman, MD

9:00 – 9:30 AM **New Alzheimer’s Medications**  
Halima Amjad, MD, PhD

9:30 – 9:50 AM Panel Q & A  
Esther Oh, MD, PhD, Susan Lehman, MD, and Halima Amjad, MD, PhD

9:50 – 10:05 AM *Refreshment Break*

***Breakout Session 3***

10:05 – 11:05 AM **Breakout Session 3**  
3A. **What Matters and Advance Care Planning**  
Naaz Hussain, MD  
3B. **Vaccinations for the Older Adult (Pneumonia, COVID, Flu, RSV)**  
Robin McKenzie, MD  
3C. **Acute and Chronic Kidney Disease**  
Derek Fine, MD  
3D. **Community Resources for Caregivers**  
Kathy Wehr, BS, Leigh Ann Eagle, and Ilene Rosenthal, MSW

11:05 – 11:15 AM *Break*

***Panel Presentation: Diabetes***

11:15-11:30 AM **How to Manage Diabetes in the Older Adult. What is Different?**  
Scott Pilla, MD

11:30-11:45 AM **Balancing the Benefit of the SGLT-2 and GLP-1 with the Cost. What are the Risks/Benefits?**  
Jessica Merrey, PharmD

11:45AM-12:00 PM **Transition from Hospital to Home in Diabetic Management**  
Kimberly Vaughn, CRNP

12:00-12:15 PM Panel Presentation Q & A  
Scott Pilla, MD, Jessica Merrey, PharmD, and Kimberly Vaughn, CRNP

12:15 – 1:15 PM *Lunch*

***Breakout Session 4***

1:15 – 2:15 PM **Breakout Session 4**  
4A. **Falls Prevention**  
Dennis Klima, PhD, PT, MS, GCS, NCS  
Mary DiBartolo, PhD, MBA, RN-BC, CME, FGSA  
4B. **Life-sustaining Treatment Late in Life**  
Thomas Finucane, MD  
4C. **Competency in the Older Adult**  
Matthew McNabney, MD, Hanlon Newhall, OT, Amy Linden, CRNP,  
and Avis Crayton, LCSW-C  
4D. **Resiliency**  
Kim Burton, BA and Theodora Peters, MHS

- 2:15 – 2:25 PM *Break*
- 2:25 – 2:55 PM **Obstructive vs. Restrictive Lung Disease and the PFT**  
Robert Wise, MD
- 2:55 – 3:25 PM **A-Fib and Treatment Options**  
David Spragg, MD
- 3:25 – 3:55 PM **Thyroid Disease**  
David Cooper, MD
- 3:55 – 4:15 PM Panel Q & A  
Robert Wise, MD, David Spragg, MD, and David Cooper, MD
- 4:15 – 4:30 PM Wrap Up and Adjourn  
Jessica Colburn, MD

**Saturday, March 2, 2024**

- 7:30 – 8:00 AM *Continental Breakfast*
- 8:00 – 8:30 AM **Bone Health**  
Michele Bellantoni, MD
- 8:30 – 9:00 AM **Dysphagia: Assessment and Management**  
James Henri Clark, MD
- 9:00 – 9:30 AM **Home-Based Medicine**  
George Taler, MD
- 9:30 – 9:50 AM Panel Q & A  
Michele Bellantoni, MD, James Henri Clark, MD, and George Taler, MD
- 9:50 – 10:05 AM *Refreshment Break*
- 10:05 – 10:35 AM **High-Risk Medications and Anticholinergics**  
Joshua Chou, PharmD
- 10:35 – 11:05 AM **Artificial Intelligence**  
Peter Abadir, MD
- 11:05 – 11:35 AM **Year in Review: Top 6 Journal Articles for 2023**  
Thomas Finucane, MD
- 11:35 – 11:50 AM Panel Q & A  
Joshua Chou, PharmD, Peter Abadir, MD, and Thomas Finucane, MD
- 11:50 – 12:00 PM Summary and Adjourn  
Jessica Colburn, MD