



Department of Geriatric Medicine and Gerontology
Johns Hopkins School of Medicine
presents the
Edmund G. Beacham 51st Annual Current Topics in Geriatrics
February 29-March 2, 2024
Johns Hopkins Bayview Medical Center
Richard A. Grossi Auditorium



Dr. Beacham's vision when he developed the course in 1972 was to provide scientifically based practical, clinical talks focused on improving the health care of individual seniors. It is in that spirit that we dedicated Topics in Geriatrics to his memory when he died in May 2008 at the age of 93. Through this and subsequent courses, we will bring together many of his trainees and colleagues to give the sort of talks he demanded.

PROGRAM

Thursday, February 29, 2024

7:00 – 7:30 AM	Pre-Conference Registration and Breakfast
7:30 - 9:30 AM	Integrating Health Equity in the Journey of Dementia Sevil Yasar, MD Alicia Arbaje, MD, MPH, PhD Carl V. Hill, PhD, MPH Roland Thorpe, PhD Mariah Robertson, MD
9:00 – 9:55 AM	Conference Registration
9:55 – 10:00 AM	Welcome and Conference Goals Jessica Colburn, MD
10:00 – 10:30 AM	Osteoarthritis vs. Inflammatory arthritis in the older adult Allan Gelber, MD
10:30 – 11:00 AM	Women's Health: Urinary Incontinence Chi Grace Chen, MD, MHS
11:00 – 11:30 AM	Sex, Drugs, and HIV Michael Fingerhood, MD
11:30 – 11:50 AM	Panel Q & A Chi Grace Chen, MD, MHS, Michael Fingerhood, MD, and Allan Gelber, MD
11:50 AM – 12:50 PM	<i>Lunch</i>

Breakout Session 1

- 12:50 – 1:50 PM Breakout Session 1
- 1A. Deprescribing and the Beers Card
Nicole Brandt, PharmD, MBA, BCGP, BCCP, FASCP, and
Melissa Morgan-Gouveia, MD
 - 1B. Palliative Care
Dulce Cruz Oliver, MD and Lisa Marcinko, PA-C
 - 1C. The Office Neuro Exam
Rafael Llinas, MD
 - 1D. Social Isolation: Things We Should Know
Mary Louise Pomeroy, PhD, MPH

1:50 – 2:00 PM *Break*

Breakout Session 2

- 2:00 – 3:00 PM Breakout Session 2
- 2A. Geriatricizing the Pre-Operative Evaluation
April Ehrlich, MD and Hanna Ward, MD
 - 2B. Ultrasound for the Outpatient Clinician: Joints and More!
David Hurwitz, MD, MBA
 - 2C. OTC Supplements
Daniel Mansour, PharmD
 - 2D. The Ups and Downs of Managing Hypertension
Stephanie Nothelle, MD

3:00 – 3:15 PM *Refreshment Break*

3:15 – 4:15 PM Edmund G. Beacham Lecture: Making the Hidden Visible: Health Equity and Aging
Chanel Whittaker, PharmD

4:15 – 5:15 PM Panel Discussion
Chanel Whittaker, PharmD, Selwyn Ray, JD, Shaista Ahmed, MBBS, MPH, and Gregory Branch, MD

5:15 PM Adjourn

5:30 – 7:30 PM *Reception*

Friday, March 1, 2024

7:30 – 8:00 AM *Continental Breakfast*

8:00 – 8:30 AM Dementia/Delirium
Esther Oh, MD, PhD

8:30 – 9:00 AM Recognizing the Signs of Depression: When to Initiate Treatment
Susan Lehman, MD

9:00 – 9:30 AM New Alzheimer's Medications
Halima Amjad, MD, PhD

9:30 – 9:50 AM Panel Q & A
Esther Oh, MD, PhD, Susan Lehman, MD, and Halima Amjad, MD, PhD

9:50 – 10:05 AM *Refreshment Break*

Breakout Session 3

10:05 – 11:05 AM Breakout Session 3
3A. What Matters and Advance Care Planning
Naaz Hussain, MD
3B. Vaccinations for the Older Adult (Pneumonia, COVID, Flu, RSV)
Robin McKenzie, MD
3C. Acute and Chronic Kidney Disease
Derek Fine, MD
3D. Community Resources for Caregivers
Kathy Wehr, BS, Leigh Ann Eagle, Wendy Farthing, and Ilene Rosenthal,
MSW

11:05 – 11:15 AM *Break*

Panel Presentation: Diabetes

11:15-11:30 AM How to Manage Diabetes in the Older Adult. What is Different?
Scott Pilla, MD

11:30-11:45 AM Balancing the Benefit of the SGLT-2 and GLP-1 with the Cost. What are the
Risks/Benefits?
Jessica Merrey, PharmD

11:45AM-12:00 PM Transition from Hospital to Home in Diabetic Management
Kimberly Vaughn, CRNP

12:00-12:15 PM Panel Presentation Q & A
Scott Pilla, MD, Jessica Merrey, PharmD, and Kimberly Vaughn, CRNP

12:15 – 1:15 PM *Lunch*

Breakout Session 4

1:15 – 2:15 PM Breakout Session 4
4A. Falls Prevention
Dennis Klima, PhD, PT, MS, GCS, NCS
Mary DiBartolo, PhD, MBA, RN-BC, CME, FGSA
4B. Life-sustaining Treatment Late in Life
Thomas Finucane, MD
4C. Competency in the Older Adult
Matt McNabney, MD, Hanlon Newhall, OT, Amy Linden, CRNP, and
Avis Crayton, LCSW-C
4D. Resiliency
Kim Burton, BA and Theodora Peters, MHS

2:15 – 2:25 PM *Break*

2:25 – 2:55 PM Obstructive vs. Restrictive Lung Disease and the PFT
Robert Wise, MD

2:55 – 3:25 PM	A-Fib and Treatment Options David Spragg, MD
3:25 – 3:55 PM	Thyroid Disease David Cooper, MD
3:55 – 4:15 PM	Panel Q & A Robert Wise, MD, David Spragg, MD, and David Cooper, MD
4:15 – 4:30 PM	Wrap Up and Adjourn Jessica Colburn, MD

Saturday, March 2, 2024

7:30 – 8:00 AM	<i>Continental Breakfast</i>
8:00 – 8:30 AM	Bone Health Michele Bellantoni, MD
8:30 – 9:00 AM	Dysphagia: Assessment and Management James Henri Clark, MD
9:00 – 9:30 AM	Home-Based Medicine George Taler, MD
9:30 – 9:50 AM	Panel Q & A Michele Bellantoni, MD, James Henri Clark, MD, and George Taler, MD
9:50 – 10:05 AM	<i>Refreshment Break</i>
10:05 – 10:35 AM	High-Risk Medications and Anticholinergics Joshua Chou, PharmD
10:35 – 11:05 AM	Artificial Intelligence Peter Abidir, MD
11:05 – 11:35 AM	Year in Review: Top 6 Journal Articles for 2023 Thomas Finucane, MD
11:35 – 11:50 AM	Panel Q & A Joshua Chou, PharmD, Peter Abidir, MD, and Thomas Finucane, MD
11:50 – 12:00 PM	Summary and Adjourn Jessica Colburn, MD

The Johns Hopkins School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity.

This schedule is subject to change.