

Annual Contemporary Issues in Adrenal Disorders: Case-Based Management Update

September 20, 2019

Thomas B. Turner Building
720 Rutland Avenue
Baltimore, Maryland 21205

This activity has been approved for *AMA PRA Category 1 Credits™*.

DESCRIPTION

Adrenal disorders are generally complex and require expertise for their proper diagnosis and management. Many healthcare providers do not have sufficient exposure to deal confidently with a variety of adrenal disorders due to their rarity and complex nature. If not properly treated, adrenal disorders may result in significant morbidity and lower life expectancy. The objective of the proposed annual adrenal conference is to discuss the best practices for evaluation, diagnosis and management of a variety of adrenal disorders, and review common pitfalls in biochemical evaluation of such patients. This one-day program will place a heavy emphasis on case discussions to review the best strategies for evaluation and management of adrenal disorders by experts in the field. The speakers will share their experience from interesting and/or challenging cases that they have faced.

WHO SHOULD ATTEND

This activity is intended for endocrinologists, endocrine surgeons, nurses and nurse practitioners, physician assistants, as well as internists and family practitioners with interest in endocrine/adrenal disorder.

OBJECTIVES

After attending this activity, the participant will demonstrate the ability to:

- Discuss the best practices for evaluation, and diagnosis of different adrenal disorders.
- Review common pitfalls in biochemical evaluation of patients with adrenal disorders.
- Discuss the best strategies for medical and surgical management of patients with adrenal disorders.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Johns Hopkins University School of Medicine and Kennedy Krieger Institute. The Johns Hopkins University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.



CREDIT DESIGNATION STATEMENT

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 8.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

MAINTENANCE OF CERTIFICATION



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 8.5 MOC points in the **American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC)** program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

POLICY ON SPEAKER AND PROVIDER DISCLOSURE

It is the policy of the Johns Hopkins University School of Medicine that the speaker and provider globally disclose conflicts of interest. The Johns Hopkins University School of Medicine OCME has established policies that will identify and resolve conflicts of interest prior to this educational activity. Detailed disclosure will be made prior to presentation of the education.

GENERAL INFORMATION

REGISTRATION

Friday, September 20, 2019 • 7:30 a.m. - 8:00 a.m.

LOCATION

Thomas B. Turner Building
 Johns Hopkins University School of Medicine
 720 Rutland Avenue
 Baltimore, Maryland 21205

The Turner Building is located on Rutland Avenue at Monument Street. Directions and campus parking information are available on our website under the Contact Us tab at <https://HopkinsCME.cloud-cme.com>. Handicapped parking is available in the nearby Rutland Garage. Complimentary round-trip transportation for attendees staying at conference headquarters hotel will be provided.

Johns Hopkins is smoke-free.

FEES

Register Online: <https://hopkinscme.cloud-cme.com/default.aspx?P=5&EID=18976>.

Methods of Payment: We require full payment prior to the start of the activity. On-site payments by credit card only. The registration fee includes continental breakfasts, refreshment breaks and lunches.

Physicians.....	\$225
Residents*/Fellows*/Nurses/NPs/PAs/Allied Health Professionals.....	\$125
*with verification of status	

You will receive a confirmation by e-mail. If you have not received it by **September 14, 2019** call (410) 502-9636 to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses. Additionally, we reserve the right to change the venue to a comparable venue. Under such circumstances registrants will be notified as soon as possible.

LATE FEE AND REFUND POLICY

A \$50 late fee applies to registrations received after 5:00 p.m. ET on **September 14, 2019**. A handling fee of \$50 will be deducted for cancellation. An additional fee may apply for cancellation of other events, including workshops and social activities. Refund requests must be received by fax or mail by **September 14, 2019**. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

SYLLABUS

The syllabus will be accessible online and via your mobile device in the CloudCME App prior to the activity.

HOW TO OBTAIN CREDIT

Post activity, an online evaluation will be available to attendees to evaluate the activity and individual presentations and to identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print. The last day to access the evaluation and attest to your credits is **November 5, 2019**.

An outcome survey will be sent to all physician attendees within two months post activity to assist us in determining what impact this activity had on the learner's practice.

EMERGENCY CALLS

On September 20, 2019 direct emergency calls to the Hopkins registration desk, (410) 955-3673. Messages will be posted for participants.

AMERICANS WITH DISABILITIES ACT

The Johns Hopkins University School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. *Please notify us if you have any special needs.*

SYLLABUS

The syllabus will be accessible online and via your mobile device in the CloudCME App prior to the activity. All registrants will receive a program and paper for note-taking.

HOTEL AND TRAVEL INFORMATION

Homewood Suites by Hilton (410) 234-0999
625 South President Street FAX: (443) 392-9020
Baltimore, Maryland 21202

HOTEL RESERVATION CUT-OFF DATE: AUGUST 19, 2019

A limited block of sleeping rooms has been reserved for your convenience and will be available on a first-come, first-served basis.

Make your reservation online at:

https://homewoodsuites.hilton.com/en/hw/groups/personalized/B/BALHWHW-ADR-20190919/index.jhtml?WT.mc_id=POG or call the hotel directly and specify that you are attending the **Johns Hopkins Annual Contemporary Issues in Adrenal Disorders: Case-Based Management Update** conference to receive the special group rate of \$194, plus tax. Complimentary round trip shuttle service will be provided by the hotel. Check-in time is 3:00 p.m. Check-out time is 11:00 a.m.

TO REGISTER OR FOR FURTHER INFORMATION

Register Online.....<https://hopkinscme.cloud-cme.com/default.aspx?P=5&EID=18976>.
Register by Phone.....(410) 502-9636
Register by Fax.....(866) 510-7088
Confirmation/Certificates/Transcripts.....(410) 502-9636
General Information.....(410) 955-2959
E-mail the Office of CME.....cmenet@jhmi.edu

Follow us on Twitter: <http://twitter.com/HopkinsCME>

Facebook: <http://www.facebook.com/HopkinsCME>

Check out our mobile app CloudCME.

Organization Code: HopkinsCME



For website and CloudCME mobile app technical difficulties, email:

cmetechnicalsupport@jhmi.edu

For general information, please visit the activity webpage at

<https://hopkinscme.cloud-cme.com/default.aspx?P=5&EID=18976>.

ACKNOWLEDGEMENT

Applications for commercial support from health care related industries are pending. A complete list of contributors will be provided in the syllabus. Please note that commercial support received is solely for the educational component of the activity and will not be used to provide food and beverage.

Please note: The Physician Payments Sunshine Act was enacted by Congress to increase public awareness of financial relationships between drug and medical device manufacturers and physicians. In compliance with the requirements of this Act, the commercial supporter/s of this activity may require the Johns Hopkins University School of Medicine to report certain professional information (such as name, address, National Provider Identifier (NPI), and State License number) of physician attendees who receive complimentary food and beverage in conjunction with a CME activity. The commercial supporter is required to submit the collected data to the Centers for Medicare and Medicaid Services which will then publish the data on its website.

SPEAKERS**ACTIVITY DIRECTORS****Amir H. Hamrahian, MD**

Associate Professor of Medicine
Johns Hopkins School of Medicine

Jason Prescott, MD, PhD

Assistant Professor of Surgery
Johns Hopkins School of Medicine

JOHNS HOPKINS SPEAKERS**Douglas Ball, MD**

Associate Professor of Medicine
Johns Hopkins School of Medicine

Oscar Cingolani, MD

Associate Director Coronary Care Unit
Associate Professor of Medicine
Johns Hopkins School of Medicine

S. Ali Fatemi, MD

Chief Medical Officer
Kennedy Krieger Institute

Elliot Fishman, MD, FACR

Elliot K. Fishman Professorship in Radiology
Professor of Radiology and Radiological Science, Oncology and Surgery
Johns Hopkins School of Medicine

Brian Holly, MD

Program Director, Vascular and Interventional Radiology Fellowship
Assistant Professor of Radiology and Radiological Science
Johns Hopkins School of Medicine

Aarti Mathur, MD

Assistant Professor of Surgery
Johns Hopkins School of Medicine

Roberto Salvatori, MD

Medical Director, Johns Hopkins Pituitary Center
Professor of Medicine
Johns Hopkins School of Medicine

Jessica Shank

JHU Clinical Fellow, Surgery - Endocrine Surgery
Johns Hopkins School of Medicine

GUEST SPEAKERS**Vaidya Anand, MD, MMSC**

Director, Center for Adrenal Disorders

Assistant Professor, Harvard Medical School

Brigham and Women's Hospital, Endocrinology, Diabetes and Hypertension

Irina Bancos, MD

Assistant Professor of Medicine

Mayo Clinic

Massimo Terzolo, PhD

Associate Professor of Internal Medicine

University of Turin

PROGRAM
Friday, September 20, 2019

7:00-7:50 a.m.	Registration and Continental Breakfast	
7:50-8:00 a.m.	Amir Hamrahian, MD	Welcome and Conference Goals
8:00-8:40 a.m.	Massimo Terzolo, PhD	Adrenocortical Carcinoma - Case Discussion
8:40-9:00 a.m.	Jessica Shank	Surgical Management of Adrenocortical Carcinoma
9:00-9:40 a.m.	Vaidya Anand, MD, MMSC	Primary Aldosteronism - Case Discussion
9:40-10:10 a.m.	Elliot Fishman, MD, FACR	Adrenal Imaging
10:10-10:25 a.m.	Refreshment Break	
10:25-10:55 a.m.	Jason Prescott, MD, PhD	Overview: Surgical Management of Adrenal Disease
10:55-11:35 a.m.	Irina Bancos, MD	Pheochromocytoma - Case Discussion
11:35-12:05 p.m.	Brian Holly, MD	Adrenal Venous Sampling
12:05-12:35 p.m.	All Faculty	Panel Discussion
12:35-1:30 p.m.	Lunch	
1:30-1:50 p.m.	Aarti Mathur, MD	Surgical Approaches to Adrenal Disease
1:50-2:30 p.m.	Oscar Cingolani, MD	Hypertension and Hyperlipidemia Update
2:30-3:10 p.m.	Douglas Ball, MD	Adrenal Genetics for Clinicians - Case Discussion
3:10-3:40 p.m.	S. Ali Fatemi, MD	Adrenoleukodystrophy Update
3:40-3:55 p.m.	Refreshment Break	
3:55-4:35 p.m.	Roberto Salvatori, MD	Cushing Syndrome - Case Discussion
4:35-5:15 p.m.	Amir Hamrahian, MD	Adrenal Incidentalomas - Case Discussion
5:15-5:45 p.m.	All Faculty	Panel Discussion
5:45-5:50 p.m.	Amir Hamrahian, MD	Closing Remarks
5:50 p.m.	Adjourn	

You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance.

The registration desk will remain open during conference hours.

This schedule is subject to change.

The Johns Hopkins University School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity.