

# 39<sup>TH</sup> ANNUAL **Pediatrics for the Practitioner**Update 2024

October 10-11, 2024

Johns Hopkins School of Nursing, Anne M. Pinkard Building Baltimore, Maryland

Presented by
Johns Hopkins University School of Medicine
Division of General Pediatrics and Division of Adolescent/Young Adult Medicine
Johns Hopkins Children's Center
Jointly Provided by the Maryland Chapter, American Academy of Pediatrics

This activity has been approved for AMA PRA Category 1 Credits™.







#### **DESCRIPTION**

This course consists of didactic presentations and small group workshops to keep pediatricians, family practitioners and other child health clinicians up-to-date on a number of clinical practice recommendations relevant to pediatric primary care. Some of the topics to be covered include: treatment of pediatric obesity; autism; long COVID19; Food Allergies; managing febrile infants; gender affirming care; GI functional disorders; depression and suicide; migraine updates; immunizations; substance use disorders; hypertension; Breast feeding basics and much more.

### WHO SHOULD ATTEND

This activity is intended for pediatricians, family practitioners, nurse practitioners and physician assistants involved in providing primary care for infants, children and adolescents.

#### **OBIECTIVES**

After attending this activity, the learner will demonstrate the ability to:

- Discuss the latest immunization recommendations from the American Academy of Pediatrics (AAP).
- Identify effective ways to identify and manage depression and suicide risk with adolescents.
- Discuss the latest updates and recommendations for patients with Autism.
- Discuss strategies for patients and families managing Long COVID19.

#### **ACCREDITATION STATEMENT**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Johns Hopkins University School of Medicine and Maryland Chapter, American Academy of Pediatrics. The Johns Hopkins University School of Medicine is accredited by the

ACCME to provide continuing medical education for physicians.

#### **CREDIT DESIGNATION STATEMENT**

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 11 AMA PRA Category 1 Credits $^{\text{TM}}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

# POLICY ON PRESENTER AND PROVIDER DISCLOSURE

It is the policy of the Johns Hopkins School of Medicine that the presenter and provider globally disclose conflicts of interest. The Johns Hopkins School of Medicine OCME has established policies in place to identify and mitigate relevant conflicts of interest prior to this educational activity. Detailed disclosure will be made prior to presentation of the education.

#### **OTHER CREDITS**

**American Nurses Credentialing Center** (ANCC) accepts AMA PRA Category 1 Credit™ from organizations accredited by the ACCME.

American Academy of Nurse Practitioners National Certification Program accepts AMA PRA Category 1 Credit<sup>TM</sup> from organizations accredited by the ACCME.

PAs may claim a maximum of 11 Category 1 credits for completing this activity.

**NCCPA** accepts AMA PRA Category 1 Credit<sup>™</sup> from organizations accredited by ACCME or a recognized state medical society.

## **GENERAL INFORMATION**

#### REGISTRATION

October 10, 2024 7:45-8:10 a.m. EST

#### **LOCATION**

Johns Hopkins School of Nursing, Anne M. Pinkard Building 525 North Wolfe Street

Baltimore, Maryland 21205

The School of Nursing is located on North Wolfe Street at McElderry Street. Directions and campus parking information are available on our website under the Contact Us tab at **HopkinsCME.cloud-cme.com**. The closest garage is the Washington Street Garage located at the corner of Monument and Washington Streets. **Johns Hopkins is smoke free.** 

#### **FEES**

Register Online:

hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=52674

METHODS OF PAYMENT: Learners must register and submit full payment prior to the start of the activity. On-site payments can only be accepted if made by learners via credit card through the online portal by 5:00 p.m. ET on the first day of the activity. The registration fee includes instructional materials, continental breakfasts, refreshment breaks and lunches.

#### Registration Type:

Physicians	.\$425
Physicians Past Registrants/NAPNAP/or AAP Members*	.\$395
Nurses/NPs/PAs/Allied Health Professionals	.\$325
Nurses/NPs/PAs/Allied Health Professionals Past Registrants /NAPNAP/or AAP Members*	.\$295
Students/Residents/Fellows*(If cost prohibitive please contact us)* with verification of status	\$25
Single Day Registration Thursday, October 10 <sup>th</sup>	.\$215
Single Day Registration Friday, October 11th	.\$215

You will receive a confirmation by e-mail. If you have not received it by **October 4, 2024**, call (410) 502-9636 to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses. Additionally, we reserve the right to change the venue to a comparable venue. Under such circumstances registrants will be notified as soon as possible.

#### LATE FEE AND REFUND POLICY

A **\$50** late fee applies to registrations received after 5:00 p.m. ET on **October 4, 2024**. A handling fee of **\$50** will be deducted for cancellation. An additional fee may apply for cancellation of other events, including workshops and social activities. Refund requests must be received by fax or mail by **October 4, 2024**. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

#### **SYLLABUS**

The syllabus will be accessible online and via your mobile device in the CloudCME App prior to the activity.

CME Website: HopkinsCME.cloud-cme.com

(Sign In, Click My CME tab, Click Syllabus)

#### **HOW TO OBTAIN CREDIT**

Post activity, an online evaluation will be available to attendees to evaluate the activity and individual presentations and to identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print. The last day to access the evaluation and attest to your credits is **November 25, 2024**.

An outcome survey will be sent to all physician attendees within two months post activity to assist us in determining what impact this activity had on the learner's practice.

#### **AMERICANS WITH DISABILITIES ACT**

The Johns Hopkins School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. Please notify us if you have any special needs.



## THURSDAY, OCTOBER 10, 2024

7:45-8:10	Registration and Breakfast
8:10-8:15	Welcome and Conference Goals Barry Solomon, MD, MPH
Session I	
8:15-8:50	<b>Immunization Update</b> James Campbell, MD, MS
8:50-9:25	21st Century Asthma Care: SMART Therapy to Biologics Christy Sadreamelli, MD, MHS
9:25-10:00	Food Allergies Jennifer Dantzer, MD and (Robert Wood, MD will join for Q&A)
10:00-10:20	Yoga/Meditation & Snack Break This session is not eligible for AMA PRA Category 1 Credit™
10:20-10:55	<b>Depression and Suicide Prevention/Screening</b> Hal Kronsberg, MD
10:55-11:30	<b>Managing the Febrile Infant in Primary Care</b> Eric Biondi, MD
11:30-12:05	<b>Dermatology - Eczema</b> Joy Wan, MD
12:05-1:00	Lunch
6	

#### Session II Workshops

1:00-2:00

A. Hypertension

Tammy Brady, MD, PhD

B. GI Functional Disorders

Shaija Kutty, MD, MBBS, Sofia Wicker Velez, RD, LDN, Erika Chiappini, PhD, and Melanie L. Brown, MD, MSE

C. Puberty and Growth Kristin Arcara, MD

**D.** Pediatric Syncope and Chest Pain Valerie Curren, MBBCH

E. Emerging Drugs in the Community Alex Golec, MD

2:00-2:30 Break and Networking

#### **Session III Workshops**

2:30-3:30

A. Hypertension

Tammy Brady, MD, PhD

B. GI Functional Disorders

Shaija Kutty, MD, MBBS, Sofia Wicker Velez, RD, LDN, Erika Chiappini, PhD, and Melanie L. Brown, MD, MSE

C. Puberty and Growth Kristin Arcara, MD

**D.** Pediatric Syncope and Chest Pain Valerie Curren, MBBCH

**E.** Emerging Drugs in the Community Alex Golec, MD



# TO REGISTER OR FOR FURTHER INFORMATION

#### Register Online

hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=52674

Register by Phone	(410) 502-9636
Register by Fax	(866) 510-7088
Confirmation/Certificates/Transcripts	(410) 502-9636
General Information	(410) 955-2959
E-mail the Office of CME	cmenet@jhmi.edu

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## FRIDAY, OCTOBER 11, 2024

7:45-8:10	Registration and Breakfast	Session VI Workshops		
8:10-8:15  Session IV	Welcome and Conference Goals Barry Solomon, MD, MPH	2:30-3:30	A.	Migraine HA Update Amanda Wood, CRNP and Christopher Oakley, MD
8:15-8:50	Substance Use Disorders Samara R. Jinks-Chang, MD, MS, MPH		В.	Contraception Workshop Jill Edwardson, MD and Channelle Carr, MD
8:50-9:25	AAP Guidelines (New Policy Statements/ Summary of New Guidelines) Rachel Dodge, MD		C.	<b>Gender Affirming Care</b> Kalie Giovanni, LCSW-C and Errol L. Fields, MD, PhD, MPH
9:25-10:00	<b>Rheumatology Update</b> Misha Balmuri, MD and Julia Shalen, MD		D.	Pharmacologic Treatment of Pediatric Obesity
Th	<b>Yoga/Meditation &amp; Snack Break</b> This session is not eligible for AMA PRA Category 1 Credit <sup>™</sup>			Stephanie Green Hanke, MD, MS
			E.	Breastfeeding Basics Deborah Busch, DNP, CPNP-PC, IBCLC,
10:20-10:55	Adolescent/Young Long COVID19			CNE, FAANP, FAAN
	Alba Azola, MD	3:30	Adjourn	
10:55-11:30	Structural Competency Camille Robinson, MD, MPH	The Johns Hopkins School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity.  This schedule is subject to change.		
11:30-2:05	<b>Autism Update</b> Roula Choueiri, MD			
12:05-1:00	Lunch			

#### **Session V Workshops**

1:00-2:00

A. Migraine HA Update Amanda Wood, CRNP and Christopher Oakley, MD

B. Contraception Workshop Jill Edwardson, MD and

Channelle Carr, MD

C. Gender Affirming Care

Kalie Giovanni, LCSW-C and Errol L. Fields, MD, PhD, MPH

D. Pharmacologic Treatment of Pediatric Obesity

Stephanie Green Hanke, MD, MS

**E.** Breastfeeding Basics Deborah Busch, DNP, CPNP-PC, IBCLC,

CNE, FAANP, FAAN

2:00-2:30 Break and Networking



#### COURSE DIRECTOR

Barry Solomon, MD, MPH

Professor of Pediatrics

#### PLANNING COMMITTEE

Deborah Busch, DNP, CPNP-PC, IBCLC, CNE, FAANP, FAAN

Associate Professor Johns Hopkins University School of Nursing

Errol L. Fields, MD, PhD, MPH Associate Professor of Pediatrics

**Alexander Golec, MD**Assistant Professor of Pediatrics

Tina Kumra, MD, MPH

Associate Professor of Clinical Pediatrics

#### **JOHNS HOPKINS SPEAKERS**

Kristin Arcara, MD

Assistant Professor of Pediatrics

Alba Azola, MD

Assistant Professor of Physical Medicine and Rehabilitation

Misha Balmuri, MD

Assistant Professor of Pediatrics

Eric Biondi, MD

Associate Professor of Pediatrics

Tammy Brady, MD, PhD

Associate Professor of Pediatrics

Melanie L. Brown, MD, MSE

Assistant Professor of Pediatrics

Channelle Carr, MD

Fellow

Erika Chiappini, PhD

Assistant Professor Pediatric Medical Psychology

Valerie Curren, MBBCH

Instructor in Pediatrics

Jennifer Dantzer, MD

Assistant Professor of Pediatrics

Jill Edwardson, MD, MPH

Assistant Professor of Gynecology and Obstetrics

Kalie Giovanni, LCSW-C

Pediatric Social Worker

Center for Transgender and Gender Expansive Health

Stephanie Green Hanke, MD, MS

Assistant Professor of Pediatrics

Samara R. Jinks-Chang, MD, MS, MPH

Fellow in Adolescent Medicine and Addiction Medicine

Hal Kronsberg, MD

Assistant Professor of Psychiatry and Behavioral Sciences

Shaija Kutty, MD, MBBS

Assistant Professor of Pediatrics

Roula Choueiri, MD

Assistant Professor of Pediatrics

Christopher Oakley, MD

Associate Professor of Clinical Neurology

Camille Robinson, MD, MPH

Assistant Professor of Pediatrics

Christy Sadreameli, MD, MHS

Assistant Professor of Pediatrics

Julia Shalen, MD

Assistant Professor of Pediatrics

Sofia Wicker Velez, RD, LDN

Dietitian

Joy Wan, MD

Assistant Professor of Pediatric Dermatology

Robert Wood, MD

Professor of Pediatrics

**GUEST SPEAKERS** 

James Campbell, MD, MS

Professor of Pediatrics

University of Maryland School of Medicine

Rachel Dodge, MD

Department of Pediatrics

MedStar Family Choice

**Dundalk Pediatric Associates** 

President, Maryland Chapter AAP

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