

CONTINUING MEDICAL EDUCATION



38<sup>TH</sup> ANNUAL  
**Pediatrics for the Practitioner**  
Update 2023

**October 18-19, 2023**

Johns Hopkins University School of Medicine  
Thomas B. Turner Building  
Baltimore, Maryland

Presented by  
Johns Hopkins University School of Medicine  
Division of General Pediatrics and Division of Adolescent/Young Adult Medicine  
Johns Hopkins Children's Center  
Jointly Provided by the Maryland Chapter, American Academy of Pediatrics

*This activity has been approved for AMA PRA Category 1 Credits™.*





## DESCRIPTION

This course consists of didactic presentations and small group workshops to keep pediatricians, family practitioners and other child health clinicians up-to-date on a number of clinical practice recommendations relevant to pediatric primary care. Some of the topics to be covered include: childhood obesity; sleep disorders; vaping and lung injury; firearm injury prevention; HIV prevention; gender affirming care; concussions; depression and suicide; behavioral health emergencies; immunizations; atopic dermatitis; hypertension; sports injuries and much more.

## WHO SHOULD ATTEND

This activity is intended for pediatricians, family practitioners, nurse practitioners and physician assistants involved in providing primary care for infants, children and adolescents

## OBJECTIVES

After attending this activity, the learner will demonstrate the ability to:

- Discuss the latest immunization recommendations from the American Academy of Pediatrics (AAP).
- Perform a comprehensive approach to managing children and adolescents with overweight and obesity, based on the 2023 AAP Clinical Practice Guideline.
- Discuss harm reduction strategies for families to prevent firearm-related injuries and deaths.
- Identify effective ways to discuss health risks associated with cannabis use with adolescents.
- Recognize indications for offering Pre-exposure prophylaxis (PrEP) and post-exposure prophylaxis (PEP) for preventing HIV.

## ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Johns Hopkins University School of Medicine and Maryland Chapter, American Academy of Pediatrics. The Johns Hopkins University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.



## CREDIT DESIGNATION STATEMENT

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 11 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## POLICY ON PRESENTER AND PROVIDER DISCLOSURE

It is the policy of the Johns Hopkins School of Medicine that the presenter and provider globally disclose conflicts of interest. The Johns Hopkins School of Medicine OCME has established policies in place to identify and mitigate relevant conflicts of interest prior to this educational activity. Detailed disclosure will be made prior to presentation of the education.

## OTHER CREDITS

Application for CME credit has been filed with the **American Academy of Family Physicians**. Determination of credit is pending.

**American Nurses Credentialing Center (ANCC)** accepts *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME.

**American Academy of Nurse Practitioners National Certification Program** accepts *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME.

This program is pending approval by the **National Association of Pediatric Nurse Practitioners (NAPNAP)** for 11 NAPNAP contact hours.

**National Commission on Certification of Physician Assistants (NCCPA)** PAs may claim a maximum of 11 *Category 1 credits* for completing this activity. **NCCPA** accepts *AMA PRA Category 1 Credit™* from organizations accredited by ACCME or a recognized state medical society.

# GENERAL INFORMATION

## REGISTRATION

October 18, 2023  
7:45-8:15 a.m. EST

## LOCATION

### Thomas B. Turner Building

Johns Hopkins School of Medicine  
720 Rutland Avenue  
Baltimore, Maryland 21205

The Turner Building is located on Rutland Avenue at Monument Street. Directions and campus parking information are available on our website under the Contact Us tab at [HopkinsCME.cloud-cme.com](https://hopkinscme.cloud-cme.com). Handicapped parking is available in the nearby Rutland Garage.

## FEES

Register Online:

[hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=46161](https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=46161)

**METHODS OF PAYMENT: Learners must register and submit full payment prior to the start of the activity.** On-site payments can only be accepted if made by learners via credit card through the online portal by 5:00 p.m. ET on the first day of the activity. The registration fee includes instructional materials, continental breakfasts, refreshment breaks and lunches.

### Registration Type:

Physicians .....	\$425
Physicians Past Registrants and/or AAP Members*.....	\$395
Nurses/NPs/PAs/Allied Health Professionals.....	\$325
Nurses/NPs/PAs/Allied Health Professionals Past Registrants and/or AAP Members*.....	\$295
Students/Residents/Fellows*.....	\$25

\* with verification of status

### Course Extras:

Printed Syllabus ( <i>Printed syllabus must be ordered by Monday, October 9, 2023 to guarantee a copy.</i> ).....	\$50
NAPNAP Credit.....	\$18

You will receive a confirmation by e-mail. If you have not received it by **October 12, 2023** call (410) 502-9636 to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses. Additionally, we reserve the right to change the venue to a comparable venue. Under such circumstances registrants will be notified as soon as possible.

## LATE FEE AND REFUND POLICY

A \$50 late fee applies to registrations received after 5:00 p.m. ET on **October 12, 2023**. A handling fee of \$50 will be deducted for cancellation. An additional fee may apply for cancellation of other events, including workshops and social activities. Refund requests must be received by fax or mail by **October 12, 2023**. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

## SYLLABUS

The syllabus will be accessible online and via your mobile device in the CloudCME App prior to the activity.

CME Website: [HopkinsCME.cloud-cme.com](https://hopkinscme.cloud-cme.com)

(*Sign In, Click My CME tab, Click Syllabus*)

A printed copy may be ordered at the time of registration for an additional fee of \$50. The printed copy will be provided during activity registration. Cancellations or refunds for the printed copy will not be permitted.

## HOTEL AND TRAVEL INFORMATION

### Residence Inn by Marriott Baltimore at the Johns Hopkins Medical Campus

800 North Wolfe Street  
Baltimore, Maryland 21205  
(443) 524-8400

### HOTEL RESERVATION CUT-OFF DATE: OCTOBER 1, 2023

The Residence Inn Baltimore is located on the Johns Hopkins Medical Campus.

Make your reservation at [www.marriott.com/event-reservations/reservation-link.mi?id=1688755839118&key=GRP&app=resvlink](https://www.marriott.com/event-reservations/reservation-link.mi?id=1688755839118&key=GRP&app=resvlink) or call the hotel directly and specify that you are attending the Johns Hopkins Pediatrics for the Practitioner Conference 2023 to receive the special group rate of \$139.00, plus tax. Valet parking is available at the hotel at an additional charge of \$32.00, per vehicle, per night. Check-in time is 4:00 p.m. Check-out time is 12:00 p.m.

## HOW TO OBTAIN CREDIT

Post activity, an online evaluation will be available to attendees to evaluate the activity and individual presentations and to identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print.

**The last day to access the evaluation and attest to your credits is December 3, 2023.**

An outcome survey will be sent to all physician attendees within two months post activity to assist us in determining what impact this activity had on the learner's practice.

## AMERICANS WITH DISABILITIES ACT

The Johns Hopkins School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. *Please notify us if you have any special needs.*

## WEDNESDAY, OCTOBER 18, 2023

7:45-8:10 Registration and Breakfast  
 8:10-8:15 **Welcome and Conference Goals**  
 Barry Solomon, MD, MPH

### Session I

*Moderator: Barry Solomon, MD, MPH*

8:15-8:50 **Immunization Update**  
 James Campbell, MD, MS

8:50-9:25 **Childhood Obesity – 2023 AAP Guidelines**  
 Nakiya Showell, MD, MHS, MPH  
 Eliana Perrin, MD, MPH

9:25-10:00 **Behavioral Health Emergencies**  
 Joanna Cohen, MD, FAAP

10:00-10:20 **Yoga/Meditation and Snack Break**  
 Avani Prabhakar, MBBS, MPH  
*This session is not eligible for AMA PRA Category 1 Credit.*

10:20-10:55 **Vaping: From Lung Injury to Cessation**  
 Christy Sadreameli, MD, MHS

10:55-11:30 **Gender Affirming Care**  
 Errol Fields, MD, PhD, MPH

11:30-2:05 **Addressing Racism in Pediatrics**  
 Christle Nwora, MD

12:05-1:00 Lunch Break

### Session II Workshops

*Please select one workshop choice.*

1:00-2:00

- A. Depression and Suicide**  
 Nadia Zaim, MD  
 Hal Kronsberg, MD
- B. Common Urologic Conditions**  
 Ming-Hsien Wang, MD
- C. Sports and Orthopedic Injuries**  
 Teri McCambridge, MD
- D. Hypertension**  
 Tammy Brady, MD, PhD
- E. Concussions**  
 Eva Seligman, MD

2:00-2:30 **Yoga/ Mediation and Snack Break**  
 Avani Prabhakar, MBBS, MPH  
*This session is not eligible for AMA PRA Category 1 Credit.*

### Session III Workshops

*Please select one workshop choice.*

2:30-3:30

- A. Depression and Suicide**  
 Nadia Zaim, MD  
 Hal Kronsberg, MD
- B. Common Urologic Conditions**  
 Ming-Hsien Wang, MD
- C. Sports and Orthopedic Injuries**  
 Teri McCambridge, MD
- D. Hypertension**  
 Tammy Brady, MD, PhD
- E. Concussions**  
 Eva Seligman, MD

3:30

Adjourn



### TO REGISTER OR FOR FURTHER INFORMATION

#### Register Online

[hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=46161](https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=46161)

Register by Phone .....(410) 502-9636  
 Register by Fax .....(866) 510-7088  
 Confirmation/Certificates/Transcripts .....(410) 502-9636  
 General Information .....(410) 955-2959  
 E-mail the Office of CME .....[cmenet@jhmi.edu](mailto:cmenet@jhmi.edu)

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Facebook: [facebook.com/HopkinsCME](https://facebook.com/HopkinsCME)



Check out our mobile app CloudCME.  
 Organization Code: *HopkinsCME*

For technical assistance with website, CloudCME or credits, please visit our tech support help page:  
[hopkinscme.cloud-cme.com/about/help](https://hopkinscme.cloud-cme.com/about/help)

THURSDAY, OCTOBER 19, 2023

7:45-8:10 Continental Breakfast

8:10-8:15 Welcome Back

## Session IV

*Moderator: Tina Kumra, MD, MPH*

8:15-8:50 **Firearm Injury and Mortality in Pediatrics**  
Katherine Hoops, MD, MPH

8:50-9:25 **American Academy of Pediatrics Guidelines Update**  
Monique Soileau-Burke, MD

9:25-10:00 **Integrative Medicine**  
Melanie Brown, MD, MSE

10:00-10:20 **Yoga/Meditation and Snack Break**  
Avani Prabhakar, MBBS, MPH  
*This session is not eligible for AMA PRA Category 1 Credit.*

10:20-10:55 **Prep, nPEP and DoxyPEP**  
David Griffith, MD

10:55-11:30 **Sleep Disorders**  
Cecilia Melendres, MD

11:30-2:05 **Cannabis and Mental Health**  
Christopher Hammond, MD, PhD

12:05-1:00 Lunch Break

## Session V Workshops

*Please select one workshop choice.*

1:00-2:00 **A. Atopic Dermatitis**  
Joy Wan, MD

**B. Type 2 DM**  
Risa Wolf, MD

**C. GI Functional Pain**  
Shaija Kutty, MBBS  
Sofia Wicker Velez, RD, LDN  
Erika Chiappini, PhD

**D. Autism Evaluation**  
Chana Richter, MD, MEd

**E. Common Ophthalmologic Conditions**  
Megan Collins, MD

**F. Identification and Management of Eating Disorders**  
Angela Guarda, MD

**G. Cardiac Auscultation**  
Reid Thompson, MD

2:00-2:30 **Yoga/ Mediation and Snack Break**  
Avani Prabhakar, MBBS, MPH  
*This session is not eligible for AMA PRA Category 1 Credit.*

## Session VI Workshops

*Please select one workshop choice.*

2:30-3:30 **A. Atopic Dermatitis**  
Joy Wan, MD

**B. Type 2 DM**  
Risa Wolf, MD

**C. GI Functional Pain**  
Shaija Kutty, MBBS  
Sofia Wicker Velez, RD, LDN  
Erika Chiappini, PhD

**D. Autism Evaluation**  
Chana Richter, MD, MEd

**E. Common Ophthalmologic Conditions**  
Megan Collins, MD

**F. Identification and Management of Eating Disorders**  
Angela Guarda, MD

**G. Cardiac Auscultation**  
Reid Thompson, MD

3:30 Adjourn

*You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance.*

*The registration desk will remain open during conference hours. The Johns Hopkins School of Medicine takes/take responsibility for the content, quality and scientific integrity of this CME activity.*

*This schedule is subject to change.*



# SPEAKERS

## ACTIVITY DIRECTOR

**Barry Solomon, MD, MPH**  
Professor of Pediatrics

## PLANNING COMMITTEE

**Errol L. Fields, MD, PhD, MPH**  
Associate Professor of Pediatrics

**Tina Kumra, MD, MPH**  
Associate Professor of Clinical Pediatrics

**Elizabeth Sloand, PhD, CRNP**  
Professor Emerita of Nursing

## JOHNS HOPKINS SPEAKERS

**Tammy Brady, MD, PhD**  
Associate Professor of Pediatrics

**Melanie Brown, MD, MSE**  
Assistant Professor of Pediatrics

**Erika Chiappini, PhD**  
Assistant Professor of Pediatric Medical  
Psychology

**Joanna Cohen, MD, FAAP**  
Associate Professor

**Megan Collins, MD**  
Associate Professor of Pediatric  
Ophthalmology

**David Griffith, MD**  
Assistant Professor of Medicine

**Angela Guarda, MD**  
Professor of Psychiatry and Behavioral  
Sciences

**Christopher Hammond, MD, PhD**  
Assistant Professor of Psychiatry and  
Behavioral Sciences

**Katherine Hoops, MD, MPH**  
Assistant Professor of Anesthesiology and  
Critical Care Medicine

**Hal Kronsberg, MD**  
Assistant Professor of Psychiatry

**Shaija Kutty, MBBS**  
Assistant Professor of Pediatrics

**Teri McCambridge, MD**  
Assistant Professor of Pediatrics

**Cecilia Melendres, MD**  
Assistant Professor of Pediatrics

**Christle Nwora, MD**  
Internal Medicine and Pediatrics Resident

**Eliana Perrin, MD, MPH**  
Professor of Pediatrics

**Avani Prabhakar, MBBS, MPH**  
Assistant Professor of Medicine

**Chana Richter, MD, MEd**  
Instructor of Pediatrics

**Christy Sadreameli, MD, MHS**  
Assistant Professor of Pediatrics

**Eva Seligman, MD**  
Assistant Professor of Pediatrics

**Nakiya Showell, MD, MHS, MPH**  
Assistant Professor of Pediatrics

**Reid Thompson III, MD**  
Associate Professor of Pediatrics

**Sofia Wicker Velez, RD, LDN**  
Dietitian

**Joy Wan, MD**  
Assistant Professor of Pediatric Dermatology

**Ming-Hsien Wang, MD**  
Associate Professor of Urology

**Risa Wolf, MD**  
Associate Professor of Pediatrics

**Nadia Zaim, MD**  
Assistant Professor of Psychiatry and  
Behavioral Sciences

## GUEST SPEAKERS

**James Campbell, MD, MS**  
Professor of Pediatrics  
University of Maryland School of Medicine

**Monique Soileau-Burke, MD**  
Department of Pediatrics  
St. Agnes Hospital

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