



**Johns Hopkins School of Medicine
Department of Geriatric Medicine and Gerontology
presents**

**Edmund G. Beacham 52nd Annual Current Topics in Geriatrics
February 27-March 1, 2025
Johns Hopkins Bayview Medical Center
Richard A. Grossi Auditorium
Asthma and Allergy Center**



Dr. Beacham's vision when he developed the course in 1972 was to provide scientifically based practical, clinical talks focused on improving the health care of individual seniors. It is in that spirit that we dedicated Topics in Geriatrics to his memory when he died in May 2008 at the age of 93. Through this and subsequent courses, we will bring together many of his trainees and colleagues to give the sort of talks he demanded.

DESCRIPTION

As the older adult population lives longer and becomes increasingly diverse, it is imperative that we offer high quality continuing education in the care and management of geriatric patients. Most physicians have received very little or no formal geriatrics training, despite this growing trend in the number of older adults they care for. This activity is designed to provide practical information to clinicians and healthcare professionals who care for older adults. It will address the specific challenges faced including dementia, brain health, and the complexity of multimorbidity and impact on older adults and the health care team. It will improve knowledge about diseases and syndromes common in the older adults and offer practical and effective guides to their management and address cultural competence in providing care.

We wish to acknowledge the support of the Johns Hopkins Geriatrics Workforce Enhancement Program.

WHO SHOULD ATTEND

This activity is intended for geriatricians, internists, family practitioners, physician assistants, nurses, nurse practitioners, social workers, pharmacists, physical therapy, and other health professionals involved in caring for seniors.

OBJECTIVES

After attending this activity, the learner will demonstrate the ability to:

- Identify common geriatric syndromes and approaches to and limits of management of specific disease of organ systems that are common in older adults (Dementia, CHF, Diabetes, and Polypharmacy).
- Recognize the growing diversity in the older population and awareness of health inequities when providing care to meet their individual needs.
- Describe the path from diagnosis to management of a person with dementia and the role of the health care team.
- Describe important research developments that influence the clinical care of geriatric patients.

ACCREDITATION STATEMENT

The Johns Hopkins University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



CREDIT DESIGNATION STATEMENT

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 18.0 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

POLICY ON PRESENTER AND PROVIDER DISCLOSURE

It is the policy of the Johns Hopkins School of Medicine that the presenter and provider globally disclose conflicts of interest. The Johns Hopkins School of Medicine OCME has established policies in place to identify and mitigate relevant conflicts of interest prior to this educational activity. Detailed disclosure will be made prior to presentation of the education.

OTHER CREDITS

American Academy of Family Physicians - Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

American Academy of Nurse Practitioners National Certification Program accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME.

American Nurses Credentialing Center (ANCC) accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME.

National Commission on Certification of Physician Assistants (NCCPA)

PAs may claim a maximum of 18.0 Category 1 credits for completing this activity. **NCCPA** accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by ACCME or a recognized state medical society.

The **Maryland Board of Social Work Examiners** certifies that this program meets the criteria for 18.0 credit hours of Category 1 or 1.80 CEUs of continuing education for social workers licensed in Maryland. The Johns Hopkins University School of Medicine is an approved sponsor of the Maryland Board of Social Work Examiners for continuing education credits for licensed social workers in Maryland.

The Johns Hopkins University has approved this activity for 18.0 **contact hours for non-physicians**.

GENERAL INFORMATION

REGISTRATION

(Pre-Conference) Thursday, February 27, 2025 – 7:00-7:30 AM ET

(Conference) Thursday, February 27, 2025 – 9:00-9:55 AM ET

LOCATION

Richard A. Grossi Auditorium
Johns Hopkins Bayview Medical Center
Asthma and Allergy Center
5501 Hopkins Bayview Circle
Baltimore, MD 21224

The Richard A. Grossi Auditorium is located in the Asthma and Allergy Center on the Johns Hopkins Bayview Medical Center Campus. Parking is available in the Mid-Level Lot and East Campus Parking Garage for a fee. Handicapped parking is available nearby. Complimentary round-trip transportation for attendees staying at conference headquarters hotel will be provided.

Johns Hopkins is smoke-free.

FEES

REGISTRATION CUT-OFF DATE: February 20, 2025

Register Online:

<https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=52646>

Methods of Payment: Learners must register and submit full payment prior to the start of the activity. On-site payments can only be accepted if made by learners via credit card through the online portal by 5:00 p.m. ET on the first day of the activity. The registration fee includes instructional materials, continental breakfasts, refreshment breaks and lunches.

In-Person Attendance

Physicians In-person...\$550

Residents/Fellows In-person ...\$450

Nurses/NPs/PAs/Allied Health Professionals In-person...\$450

Virtual Attendance

Physicians Virtual...\$450

Residents/Fellows Virtual...\$350

Nurses/NPs/PAs/Allied Health Professionals Virtual...\$350

You will receive a confirmation by e-mail. If you have not received it by February 20, 2025, email cmenet@jhmi.edu to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses. Additionally, we reserve the right to change the venue to a

comparable venue. Under such circumstances registrants will be notified as soon as possible.

LATE FEE AND REFUND POLICY

A \$50.00 late fee applies to registrations received after 5:00 p.m. ET on Thursday, February 20, 2025. A handling fee of \$50.00 will be deducted for cancellation. An additional fee may apply for cancellation of other events, including workshops and social activities. Refund requests must be received by fax or mail by February 20, 2025. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

SYLLABUS

The syllabus will be accessible online and via your mobile device in the CloudCME App prior to the activity.

SYLLABUS AND LOG IN INFORMATION

The syllabus and Zoom webinar link will be accessible online and via your mobile device in the CloudCME App one week prior to the activity start date. An email reminder will be sent. To access, please visit our website: CME Website: <https://hopkinscme.cloud-cme.com> (*Sign In, Click My CME tab, Click Syllabus*)

HOTEL AND TRAVEL INFORMATION

Canopy by Hilton Baltimore Harbor Point

1215 Wills Street
Baltimore, MD 21231
Phone: 443-960-8681
Fax: 443-960-8671

Hotel Registration Cut-Off Date: January 27, 2025

A limited block of sleeping rooms has been reserved for your convenience and will be available on a first come, first served basis.

The Canopy by Hilton Baltimore Harbor Point is a waterfront hotel in Harbor Point overlooking the Patapsco River and nestled between Fells Point and Harbor East. Make your reservation online:

<https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=BWIHPPY&groupCode=JHU&arrivaldate=2025-02-26&departuredate=2025-03-01&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT>

or call the hotel directly and specify that you are attending the **Beacham Geriatrics Conference** to receive the special group rate of \$209.00, single or double, plus tax. On-site parking is available at an additional charge. Check-in time is 4:00 p.m. Check-out time is 12:00 p.m.

HOW TO OBTAIN CREDIT

Post activity, an online evaluation will be available to attendees to evaluate the activity and individual presentations and to identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print. **The last day to access the evaluation and attest to your credits is April 15, 2025.**

An outcome survey will be sent to all physician attendees within two months post activity to assist us in determining what impact this activity had on the learner's practice.

AMERICANS WITH DISABILITIES ACT

The Johns Hopkins School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. *Please notify us if you have any special needs.*

TO REGISTER *or* FOR FURTHER INFORMATION

Register Online

<https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=52646>

Register by Phone	(410) 502-9636
Register by Fax	(866) 510-7088
Confirmation/Certificates/Transcripts	(410) 502-9636
General Information	(410) 955-2959
E-mail the Office of CME	cmenet@jhmi.edu

Follow us on Twitter: <http://twitter.com/HopkinsCME>

Facebook: <http://www.facebook.com/HopkinsCME>



Check out our mobile app CloudCME.
Organization Code: **HopkinsCME**

For technical assistance with website, CloudCME or credits, please visit our tech support help page: <https://hopkinscme.cloud-cme.com/about/help>

For general information, please visit the activity webpage at <https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=52646>

The Johns Hopkins School of Medicine did not solicit or receive commercial funding from any ineligible companies, including pharmaceutical and medical device manufacturers, for this activity.

PROGRAM

Thursday, February 27, 2025

- 7:00 - 8:00 Pre-Conference Registration and Breakfast
- 7:50 - 8:00 **Welcome and Conference Goals**
Jessica Colburn, MD
- 8:00 - 9:30 **Pre-Conference Lecture: Brain Health**
Danella Cayea, MD, MS; Sevil Yasar, MD; Nicole Brandt, PharmD;
Danielle Powell, AuD PhD; and Ingrid Tulloch, PhD
- 9:00 - 9:55 Conference Registration
- 9:55 - 10:00 **Welcome and Conference Goals**
Jessica Colburn, MD
- 10:00 - 10:30 **Cardio? What Cardiac test should I order?**
TBD
- 10:30 - 11:00 **Health Equity**
Chanel Whitaker, PharmD, BCGP, FASCP
- 11:00 - 11:30 **The GUIDE Model**
Halima Amjad, MD, PhD and Quincy Samus, PhD, MS, BA
- 11:30 - 11:50 **Panel Q & A**
TBD; Chanel Whitaker, PharmD, BCGP, FASCP; Halima Amjad, MD,
PhD; and Quincy Samus, PhD, MS, BA
- 11:50 - 12:50 *Lunch*
- 12:50 - 1:50 **Breakout Session 1**
- 1A. Back Pain**
Danelle Cayea, MD
- 1B. The 4 Ms: Engaging the Team and the Wellness Vist**
Naaz Hussain, MD and Kellie Renich, RN
- 1C. Mindfulness for the Provider**
Neda Gould, PhD
- 1D. Pharmacy**
Joshua Chou, PharmD
- 1:50 - 2:00 *Break and Switch Breakouts*
- 2:00 - 3:00 **Breakout Session 2**
- 2A. The Comprehensive Knee Exam with US**
Jemima Albayda, MD
- 2B. Dementia Live**
Kim Burton, BA; Regina Greco, DNP, CRNP; and Jane Marks, RN,
MS
- 2C. Moving Forward: Nursing Home Quality Coalition**
Doug Pace
- 2D. The Cognitive Assessment: Tools for Various Languages and the Interpreter**
Sohemi Pagan, MD
- 3:00 - 3:15 *Refreshment Break*
- 3:15 - 4:15 **Edmund G. Beacham Lecture**
Cynthia Boyd, MD

4:15 - 5:15 **Panel Discussion**
Cynthia Boyd, MD and Others
5:15 Adjourn
5:30 - 7:00 *Reception*

Friday, February 28, 2025

7:30 - 8:00 Continental Breakfast
8:00 - 8:30 **Teasing Out Depression**
Susan Lehmann, MD
8:30 - 9:00 **Lyme Disease**
John Miller, MD
9:00 - 9:30 **Patient Centered Note Writing**
Stephanie Nothelle, MD
9:30 - 9:50 **Panel Q & A**
Susan Lehmann, MD; John Miller, MD; and Stephanie Nothelle, MD
9:50 - 10:05 *Refreshment Break*
10:05 - 11:05 **Breakout Session 3**
3A. Patient Scenarios in Diabetes Management
Scott Pilla, MD
3B. General Psychiatric Disorders (Bipolar, Schizophrenia, ADHD, Depression): Lifelong vs. Late Onset
Elizabeth Wise, MD
3C. Patient Scenarios in Acute and Chronic Kidney Care
Derek Fine, MD
3D. Dizziness: Diagnosis and Management in the Older Adult
June Nicholas, PT and Deepa Galaiya, MD
11:05 - 11:15 *Break*
11:15 - 12:15 **Panel In Brief**
11:30 - 11:45 **Mobile App**
TBA
11:45 - 12:00 **Cardiology**
Erin Spaulding, PhD, BSN, RN
12:00 - 12:15 **Primary Care**
David Hurwitz, MD, MBA
12:15 - 1:15 *Lunch*
1:15 - 2:15 **Breakout Session 4**
4A. Cannabis and Opioids: The Pros and Cons
Daniel Mansour, PharmD
4B. Office Procedures for Primary Care
Phil Magidson, MD, MPH
4C. Caregiver Programs and Community Resources
Tiffani Williams, PACE and Olivia Heldmann, LCSW-C,
APHSW-C
4D. Fall Prevention and Emergency Alerts
Dennis Klima, PhD, PT, MS, GCS, NCS

- 2:15 - 2:25 *Break and Return to Auditorium*
 2:25 - 2:55 **Climate Change**
 Colleen Christmas, MD
 2:55 - 3:25 **Anti-Obesity Medications**
 Jessica Merrey, PharmD
 3:25 - 3:55 **Biomarkers in Clinical Practice**
 Esther Oh, MD, PhD
 3:55 - 4:15 **Panel Q & A**
 Colleen Christmas, MD; Jessica Merrey, PharmD; and Esther Oh, MD, PhD
 4:15 - 4:30 **Wrap Up and Adjourn**
 Jessica Colburn, MD

Saturday, March 1, 2025

- 7:30 - 8:00 Continental Breakfast
 8:00 - 8:30 **Bone Health**
 Michele Bellantoni, MD
 8:30 - 9:00 **AI in the Outpatient Clinic Setting**
 David Hurwitz, MD, MBA
 9:00 - 9:30 **Setting Boundaries with Patients**
 Hannah Fetting, MSN, CRNP, AGNP-C
 9:30 - 9:50 **Panel Q & A**
 Michele Bellantoni, MD; David Hurwitz, MD, MBA; and Hannah Fetting, MSN, CRNP, AGNP-C
 9:50 - 10:05 *Refreshment Break*
 10:05 - 10:35 **Vaccination Update**
 Robin McKenzie, MD
 10:35 - 11:05 **Scrambler / Electrical Neuromodulation for Neuropathic Pain**
 Brian Sharkey, CRNP and Dawn Merbach, CRNP
 11:05 - 11:35 **The Mystery of Sleep**
 Thomas Finucane, MD
 11:35 - 11:50 **Panel Q & A**
 Robin McKenzie, MD; Brian Sharkey, CRNP; Dawn Merbach, CRNP; and Thomas Finucane, MD
 11:50 - 12:00 Summary and Adjourn
 Jessica Colburn, MD
 12:00 Adjourn
 You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance.

The registration desk will remain open during conference hours

The Johns Hopkins School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity.

This schedule is subject to change.

ACTIVITY DIRECTORS

Jessica Colburn, MD

Associate Professor of Medicine
Director, Geriatrics Workforce Enhancement Program

Jane Marks RN, MS

Assistant Director, Geriatrics Workforce Enhancement Program

Regina Greco, DNP, CRNP

Associate Director, Geriatrics Workforce Enhancement Program

JOHNS HOPKINS FACULTY

Jemima Albayda, MD

Associate Professor of Medicine
Director, Musculoskeletal Ultrasound and Injection Clinic

Halima Amjad, MD, PhD*

Assistant Professor of Medicine

Michele Bellantoni, MD*

Associate Professor of Medicine

Cynthia Boyd, MD

Professor of Medicine
Director, Division of Geriatric Medicine and Gerontology

Danella Cayea, MD

Associate Professor of Medicine
Vice Chair for Education, Department of Medicine
Director, Daniel and Jeannette Hendin Schapiro Geriatric Medical Education Center
Director, Medicine Core Clerkship
Director, TRIPLE Course

Joshua Chou, Pharm D

Pharmacy Specialist

Colleen Christmas, MD

Associate Professor of Medicine
Director, Primary Care Leadership Track,
Director, Medical Student Training in Aging Research (MSTAR) Program

Hannah Fetting, MSN, CRNP, AGNP-C

Nurse Practitioner

Derek Fine, MD

Professor of Medicine

Thomas Finucane, MD*

Professor of Medicine

Deepa Galaiya, MD

Assistant Professor of Otolaryngology – Head and Neck Surgery
Associate Residency Program Co-Director
Medical Director, Otolaryngology – Head and Neck Surgery Clinic, Sibley Memorial Hospital

Neda Gould, PhD

Associate Professor of Clinical Psychiatry and Behavioral Sciences
Associate Director, Johns Hopkins Bayview Medical Center Anxiety Disorders Clinic

David Hurwitz, MD, MBA*

Assistant Professor of Medicine

Naaz Hussain, MD

Office Medical Director
Johns Hopkins Community Physicians at Monocacy Valley

Susan W. Lehmann, MD

Professor of Medicine
Patricia B. and William T. Bright Professor in
Mental Wellness
Professor, Department of Psychiatry and
Behavioral Sciences
Clinical Director, Division of Geriatric
Psychiatry
and Neuropsychiatry
Director, Geriatric Psychiatry Fellowship
Past President, Association of Directors of
Medical Student Education in Psychiatry
Member, Miller-Coulson Academy of
Clinical Excellence

Phillip Magidson, MD, MPH

Assistant Professor of Emergency Medicine
Associate Clinical Director, Department of
Emergency Medicine, Johns Hopkins
Bayview Medical Center
Director, Observation and Geriatric
Emergency Medicine
* Department of Geriatric Medicine and
Gerontology

Robin McKenzie, MD

Johns Hopkins School of Medicine
Boston Health Care for the Homeless
Program

Dawn Merbach, CRNP

Nurse Practitioner

Jessica Merrey, PharmD

Lead Clinical Pharmacy Specialist
Johns Hopkins Community Physicians

John Miller, MD

Assistant Professor of Medicine

June Nicholas, PT

Physical Therapist

Stephanie Nothelle, MD*

Assistant Professor of Medicine

Esther Oh, MD, PhD*

Associate Professor of Medicine
Sarah Miller Coulson Human Aging Project
Scholar

Sohemi Pagan, MD

Clinical Fellow

Scott Pilla, MD

Assistant Professor of Medicine

Kellie Renich, RN

Clinical Education Nurse
Johns Hopkins Community Physicians

Quincy Samus, PhD, MS, BA

Professor of Psychiatry and Behavioral
Sciences
Director, Translational Aging Services Core
Associate Director for Innovation, Center for
Health Equity in Aging
Director, Memory and Aging Services
Innovation Center

Brian Sharkey, CRNP

Nurse Practitioner

Erin Spaulding, PhD, BSN, RN

Assistant Professor
Associate Faculty at The Welch Center for
Prevention, Epidemiology, and Clinical
Research, Bloomberg School of Public Health

Tiffani Williams, PACE

P.A.C.E. Outreach and Marketing
Coordinator

Elizabeth Wise, MD

Assistant Professor of Psychiatry and
Behavioral Sciences

Sevil Yasar, MD, PhD*

Associate Professor of Medicine

* Department of Geriatric Medicine and Gerontology

GUEST FACULTY

Nicole Brandt, PharmD, MBA, BCGP, BCCP, FASCP
Executive Director, Peter Lamy Center on
Drug Therapy and Aging
University of Maryland School of Pharmacy
Baltimore, Maryland

Kim Burton, BA
Independent Aging and Behavioral Health
Educator
Baltimore, Maryland

Olivia Heldmann, LCSW-C, APHSW-C
Clinical Social Worker
MedStar Good Samaritan Hospital
Baltimore, Maryland

Dennis Klima, PhD, PT, MS, GCS, NCS
Associate Professor
University of Maryland Eastern Shore
Salisbury, Maryland

Daniel Mansour, Pharm D
Pharmacist
Interprofessional Clinical Coordinator
Peter Lamy Center on Drug Therapy and
Aging
University of Maryland School of Pharmacy
Baltimore, Maryland

Douglas Pace, LNHA
Senior Director, Long-Term & Community-
Based Care
Alzheimer's Association
Washington, District of Columbia / Chicago,
Illinois

Danielle Powell, Aud PhD
Assistant Professor
Department of Hearing and Speech Services
University of Maryland College Park
College Park, Maryland

Ingrid Tulloch, PhD
Associate Professor of Psychology
Director, Animal Research Facility
PI, Neurobiology of Risky Health Behavior
Lab
Center for Brain Health
Morgan State University
Baltimore, Maryland

Chanel Whittaker, PharmD, BCGP, FASCP
Assistant Dean for Equity, Diversity &
Inclusion
University of Maryland School of Pharmacy
Baltimore, Maryland