



Johns Hopkins School of Medicine
Department of Geriatric Medicine and Gerontology
presents
Edmund G. Beacham 52nd Annual Current Topics in Geriatrics
February 27-March 1, 2025
Johns Hopkins Bayview Medical Center
Richard A. Grossi Auditorium
Asthma and Allergy Center



Dr. Beacham's vision when he developed the course in 1972 was to provide scientifically based practical, clinical talks focused on improving the health care of individual seniors. It is in that spirit that we dedicated Topics in Geriatrics to his memory when he died in May 2008 at the age of 93. Through this and subsequent courses, we will bring together many of his trainees and colleagues to give the sort of talks he demanded.

DESCRIPTION

As the older adult population lives longer and becomes increasingly diverse, it is imperative that we offer high quality continuing education in the care and management of geriatric patients. Most physicians have received very little or no formal geriatrics training, despite this growing trend in the number of older adults they care for. This activity is designed to provide practical information to clinicians and healthcare professionals who care for older adults. It will address the specific challenges faced including dementia, brain health, and the complexity of multimorbidity and impact on older adults and the health care team. It will improve knowledge about diseases and syndromes common in the older adults and offer practical and effective guides to their management and address cultural competence in providing care.

We wish to acknowledge the support of the Johns Hopkins Geriatrics Workforce Enhancement Program.

WHO SHOULD ATTEND

This activity is intended for geriatricians, internists, family practitioners, physician assistants, nurses, nurse practitioners, social workers, pharmacists, physical therapy, and other health professionals involved in caring for seniors.

OBJECTIVES

After attending this activity, the learner will demonstrate the ability to:

- Identify common geriatric syndromes and approaches to and limits of management of specific disease of organ systems that are common in older adults (Dementia, CHF, Diabetes, and Polypharmacy).
- Recognize the growing diversity in the older population and awareness of health inequities when providing care to meet their individual needs.

- Describe the path from diagnosis to management of a person with dementia and the role of the health care team.
- Describe important research developments that influence the clinical care of geriatric patients.

ACCREDITATION STATEMENT

The Johns Hopkins University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



CREDIT DESIGNATION STATEMENT

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 18.0 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

POLICY ON PRESENTER AND PROVIDER DISCLOSURE

It is the policy of the Johns Hopkins School of Medicine that the presenter and provider globally disclose conflicts of interest. The Johns Hopkins School of Medicine OCME has established policies in place to identify and mitigate relevant conflicts of interest prior to this educational activity. Detailed disclosure will be made prior to presentation of the education.

MOC STATEMENT

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 18.0 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. The provider must include a comprehensive evaluation component that measures learners' change. It is the CME activity provider's responsibility to submit participant completion information to ACCME's Program and Activity Reporting System (PARS) for the purpose of granting MOC credit after **April 15, 2025**.



OTHER CREDITS

American Academy of Family Physicians - The AAFP has reviewed Edmund G. Beacham 52nd Annual Current Topics in Geriatrics and deemed it acceptable for up to 18.00 Live AAFP Prescribed credit(s). Term of Approval is from 02/27/2025 to 03/01/2025. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Nurse Practitioners National Certification Program accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME.

American Nurses Credentialing Center (ANCC) accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME.

National Commission on Certification of Physician Assistants (NCCPA)

PAs may claim a maximum of 18.0 Category 1 credits for completing this activity. **NCCPA**

accepts *AMA PRA Category 1 Credit™* from organizations accredited by ACCME or a recognized state medical society.

The **Maryland Board of Social Work Examiners** certifies that this program meets the criteria for 18.0 credit hours of Category 1 or 1.80 CEUs of continuing education for social workers licensed in Maryland. The Johns Hopkins University School of Medicine is an approved sponsor of the Maryland Board of Social Work Examiners for continuing education credits for licensed social workers in Maryland.

The Johns Hopkins University has approved this activity for 18.0 **contact hours for non-physicians**.

GENERAL INFORMATION

REGISTRATION

(Pre-Conference) Thursday, February 27, 2025 – 7:00-7:30 AM ET

(Conference) Thursday, February 27, 2025 – 9:00-9:55 AM ET

LOCATION

Richard A. Grossi Auditorium
Johns Hopkins Bayview Medical Center
Asthma and Allergy Center
5501 Hopkins Bayview Circle
Baltimore, MD 21224

The Richard A. Grossi Auditorium is located in the Asthma and Allergy Center on the Johns Hopkins Bayview Medical Center Campus. Parking is available in the Mid-Level Lot and East Campus Parking Garage for a fee. Handicapped parking is available nearby. Complimentary round-trip transportation for attendees staying at conference headquarters hotel will be provided. **Johns Hopkins is smoke-free.**

FEES

REGISTRATION CUT-OFF DATE: February 20, 2025

Register Online:

<https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=52646>

Methods of Payment: Learners must register and submit full payment prior to the start of the activity. On-site payments can only be accepted if made by learners via credit card through the online portal by 5:00 p.m. ET on the first day of the activity. The registration fee includes instructional materials, continental breakfasts, refreshment breaks and lunches.

In-Person Attendance

Physicians In-person...\$550

Residents/Fellows In-person ...\$450

Nurses/NPs/PAs/Allied Health Professionals In-person...\$450

Virtual Attendance

Physicians Virtual...\$450

Residents/Fellows Virtual...\$350

Nurses/NPs/PAs/Allied Health Professionals Virtual...\$350

You will receive a confirmation by e-mail. If you have not received it by February 20, 2025, email cmenet@jhmi.edu to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses. Additionally, we reserve the right to change the venue to a comparable venue. Under such circumstances registrants will be notified as soon as possible.

LATE FEE AND REFUND POLICY

A \$50.00 late fee applies to registrations received after 5:00 p.m. ET on Thursday, February 20, 2025. A handling fee of \$50.00 will be deducted for cancellation. An additional fee may apply for cancellation of other events, including workshops and social activities. Refund requests must be received by fax or mail by February 20, 2025. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

SYLLABUS

The syllabus will be accessible online and via your mobile device in the CloudCME App prior to the activity.

SYLLABUS AND LOG IN INFORMATION

The syllabus and Zoom webinar link will be accessible online and via your mobile device in the CloudCME App one week prior to the activity start date. An email reminder will be sent. To access, please visit our website: CME Website: <https://hopkinscme.cloud-cme.com>
(Sign In, Click My CME tab, Click Syllabus)

HOTEL AND TRAVEL INFORMATION

Courtyard Baltimore/Downtown Inner Harbor
1000 Aliceanna Street
Baltimore, DM 21202
(800) 321-2211

Hotel Registration Cut-Off Date: February 5, 2025

A limited block of sleeping rooms has been reserved for your convenience and will be available on a first come, first served basis.

The Courtyard by Marriott Baltimore Inner Harbor is hospitality on the harbor. Nestled in the Harbor East neighborhood, it is one block from the picturesque waterfront and an easy stroll to the National Aquarium, Fells Point, Little Italy and other Inner Harbor attractions. Make your reservation online [Beacham Geriatrics](#) or call the hotel directly and specify that you are attending the Johns Hopkins **Beacham Geriatrics Conference** to receive the special group rate of \$160.00, single or double, plus tax. Check-in time is 3:00 p.m. Check-out time is 12:00 noon.

Alternate Hotel Accommodations available:

Canopy by Hilton Baltimore Harbor Point

1215 Wills Street
Baltimore, MD 21231
Phone: 443-960-8681
Fax: 443-960-8671

Hotel Registration Cut-Off Date: January 27, 2025

A limited block of sleeping rooms has been reserved for your convenience and will be available on a first come, first served basis.

The Canopy by Hilton Baltimore Harbor Point is a waterfront hotel in Harbor Point overlooking the Patapsco River and nestled between Fells Point and Harbor East. Make your reservation online through [Canopy](#) or call the hotel directly and specify that you are attending the [Beacham Geriatrics Conference](#) to receive the special group rate of \$209.00, single or double, plus tax. On-site parking is available at an additional charge. Check-in time is 4:00 p.m. Check-out time is 12:00 p.m.

Residence Inn by Marriott

Baltimore at the Johns Hopkins Medical Campus

800 North Wolfe Street
Baltimore, Maryland 21205

Website: www.marriott.com/bwiea

(844) 490-1771

(443) 524-8400

FAX: (443) 524-8401

Hotel Reservation Cutoff Date: February 12, 2025

A limited block of sleeping rooms has been reserved for your convenience and will be available on a first come, first served basis.

The Residence Inn Baltimore is located on the Johns Hopkins Medical Campus. Make your reservation at [Marriott](#) or call the hotel directly and specify that you are attending the [Johns Hopkins Beacham Geriatrics Conference](#) to receive the special group rate of \$169.00 for one bedroom king suite, plus tax. On-site parking is available at the hotel at an additional charge. Check-in time is 4:00 p.m. Check-out time is 12:00 p.m.

HOW TO OBTAIN CREDIT

Post activity, an online evaluation will be available to attendees to evaluate the activity and individual presentations and to identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print. **The last day to access**

the evaluation and attest to your credits is April 15, 2025.

An outcome survey will be sent to all physician attendees within two months post activity to assist us in determining what impact this activity had on the learner's practice.

AMERICANS WITH DISABILITIES ACT

The Johns Hopkins School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. *Please notify us if you have any special needs.*

TO REGISTER *or* FOR FURTHER INFORMATION

Register Online

<https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=52646>

E-mail the Office of CME: cmenet@jhmi.edu

Follow us on X: <https://x.com/HopkinsCME>

Facebook: <https://www.facebook.com/HopkinsCME>

Check out our mobile app CloudCME.

Organization Code: **HopkinsCME**



For technical assistance with website, CloudCME or credits, please visit our tech support help page: <https://hopkinscme.cloud-cme.com/about/help>

For general information, please visit the activity webpage at <https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=52646>

The Johns Hopkins School of Medicine did not solicit or receive commercial funding from any ineligible companies, including pharmaceutical and medical device manufacturers, for this activity.

PROGRAM

Thursday, February 27, 2025

- 7:00 - 8:00 Pre-Conference Registration and Breakfast
- 7:50 - 8:00 **Welcome and Conference Goals**
Jessica Colburn, MD
- 8:00 - 9:30 **Pre-Conference Lecture: Brain Health**
Moderator:
Sevil Yasar, MD
Associate Professor
Division of Geriatric Medicine and Gerontology
Johns Hopkins School of Medicine
- Speaker Panel:
Ingrid Tulloch, PhD
Assistant Professor
Morgan State University
- Cindy Van, PharmD
Postdoctoral Fellow in Geriatric Pharmacotherapy
University of Maryland, Baltimore
- Danielle Sturgeon Powell, AuD, PhD,
Assistant Professor
Department of Hearing and Speech Sciences
University of Maryland, Baltimore
- Danelle Cayea, MD, MS
Associate Professor
Division of Geriatric Medicine and Gerontology
Johns Hopkins School of Medicine
- 9:00 - 9:55 Conference Registration
- 9:55 - 10:00 **Welcome and Conference Goals**
Jessica Colburn, MD
- 10:00 - 10:30 **Cardio Testing: Which One Do I Order?**
Marlene Williams, MD
- 10:30 - 11:00 **Health Equity**
Chanel Whitaker, PharmD, BCGP, FASCP
- 11:00 - 11:30 **The GUIDE Model**
Halima Amjad, MD, PhD and Quincy Samus, PhD, MS, BA
- 11:30 - 11:50 **Panel Q & A**
Marlene Williams, MD, Chanel Whitaker, PharmD, BCGP, FASCP; Halima Amjad, MD, PhD; and Quincy Samus, PhD, MS, BA
- 11:50 - 12:50 *Lunch*

12:50 - 1:50	<p>Breakout Session 1</p> <p>1A. Back Pain Danelle Cayea, MD Room Assignment: Grossi Auditorium, 1st Level</p> <p>1B. The 4 Ms: Engaging the Team and the Wellness Visit Naaz Hussain, MD Room Assignment: Norman Library, 2nd Level</p> <p>1C. Mindfulness for the Provider Neda Gould, PhD Room Assignment: BOHA Conference Room, 1st Level <i>This breakout is not being offered virtually.</i></p> <p>1D. Office Procedures for Primary Care Phil Magidson, MD, MPH Room Assignment: Andres Conference Room, Burton Building <i>Break and Switch Breakouts</i></p>
1:50 - 2:00	
2:00 - 3:00	<p>Breakout Session 2</p> <p>2A. The Comprehensive Knee Exam with US Jemima Albayda, MD Room Assignment: Andres Conference Room, Burton Building</p> <p>2B. Dementia Live Kim Burton; Regina Greco, DNP, CRNP; and Jane Marks, RN, MS Room Assignment: BOHA Conference Room, 1st Level <i>This breakout is not being offered virtually.</i></p> <p>2C. Moving Forward: Nursing Home Quality Coalition Douglas Pace, NHA Room Assignment: Grossi Auditorium, 1st Level</p> <p>2D. The Cognitive Assessment: Tools for Various Languages and the Interpreter Sohemi Pagan, MD Room Assignment: Norman Library, 2nd Level</p>
3:00 - 3:15	<i>Refreshment Break</i>
3:15 - 4:15	<p>Edmund G. Beacham Lecture: The Complexity of Multimorbidity and Impact on Older Adults and the Health Care Team Cynthia Boyd, MD</p>
4:15 - 5:15	<p>Panel Discussion Cynthia Boyd, MD, Fareeha Khan, MBBS, Lisa Marcinko PA-C, Jillian Colón, LCSW, and Jacqueline Armendariz, MSN</p>
5:15	Adjourn

5:15 - 7:00 *Reception*

Friday, February 28, 2025

7:30 - 8:00 Continental Breakfast

8:00 - 8:30 **Teasing Out Depression**
Susan Lehmann, MD

8:30 - 9:00 **Lyme Disease**
John Miller, MD

9:00 - 9:30 **Patient Centered Note Writing**
Stephanie Nothelle, MD

9:30 - 9:50 **Panel Q & A**
Susan Lehmann, MD; John Miller, MD; and Stephanie Nothelle, MD

9:50 - 10:05 *Refreshment Break*

10:05 - 11:05 **Breakout Session 3**

3A. Patient Scenarios in Diabetes Management
Scott Pilla, MD

Room Assignment: Grossi Auditorium, 1st Level

1:30 - 11:50 **3B. General Psychiatric Disorders (Bipolar, Schizophrenia, ADHD, Depression): Lifelong vs. Late Onset**
Elizabeth Wise, MD

Room Assignment: BOHA Conference Room, 1st Level

This breakout is not being offered virtually.

11:50 - 12:50 **3C. Patient Scenarios in Acute and Chronic Kidney Care**
Derek Fine, MD

Room Assignment: Norman Library, 2nd Level

12:50 - 1:50 **3D. Dizziness: Diagnosis and Management in the Older Adult**
June Nicholas, PT and Deepa Galaiya, MD

Room Assignment: Andres Conference Room, Burton Building

11:05 - 11:15 *Break*

11:15 - 12:15 **Panel In Brief**

11:15 - 11:35 **Cardiology**
Erin Spaulding, PhD, BSN, RN

11:35 - 11:55 **Primary Care**
David Hurwitz, MD, MBA

11:55 - 12:15 **Panel Q & A**

- 12:15 - 1:15 *Lunch*
- 1:15 - 2:15 **Breakout Session 4**
- 4A. Cannabis and Opioids: The Pros and Cons**
Daniel Mansour, PharmD
Room Assignment: Grossi Auditorium, 1st Level
- 4B. Deprescribing and Dementia**
Joshua Chou, PharmD and Samantha DeMarco, PharmD
Room Assignment: Norman Library, 2nd Level
- 4C. Caregiver Programs and Community Resources**
Wendy Farthing, Tiffani Williams, PACE and Olivia Heldmann,
LCSW-C, APHSW-C
Room Assignment: BOHA Conference Room, 1st Level
This breakout is not being offered virtually.
- 4D. Fall Prevention and Emergency Alerts**
Dennis Klima, PhD, PT, MS, GCS, NCS
Room Assignment: Andres Conference Room, Burton Building
- 2:15 - 2:25 *Break and Return to Auditorium*
- 2:25 - 2:55 **Climate Change**
Colleen Christmas, MD
- 2:55 - 3:25 **Anti-Obesity Medications**
Jessica Merrey, PharmD
- 3:25 - 3:55 **Using Biomarkers in Dementia Care**
Esther Oh, MD, PhD
- 3:55 - 4:15 **Panel Q & A**
Colleen Christmas, MD; Jessica Merrey, PharmD; and Esther Oh, MD, PhD
- 4:15 - 4:30 **Wrap Up and Adjourn**
Jessica Colburn, MD

Saturday, March 1, 2025

- 7:30 - 8:00 Continental Breakfast
- 8:00 - 8:30 **Bone Health**
Michele Bellantoni, MD
- 8:30 - 9:00 **AI in the Outpatient Clinic Setting**
David Hurwitz, MD, MBA
- 9:00 - 9:30 **Setting Boundaries with Patients**
Hannah Fetting, MSN, CRNP, AGNP-C
- 9:30 - 9:50 **Panel Q & A**

Michele Bellantoni, MD; David Hurwitz, MD, MBA; and Hannah Fetting, MSN, CRNP, AGNP-C

- 9:50 - 10:05 *Refreshment Break*
- 10:05 - 10:35 **Vaccination Update**
Robin McKenzie, MD
- 10:35 - 11:05 **Scrambler / Electrical Neuromodulation for Neuropathic Pain**
Brian Sharkey, CRNP and Dawn Merbach, CRNP
- 11:05 - 11:35 **The Mystery of Sleep**
Thomas Finucane, MD
- 11:35 - 11:50 **Panel Q & A**
Robin McKenzie, MD; Brian Sharkey, CRNP; Dawn Merbach, CRNP; and Thomas Finucane, MD
- 11:50 - 12:00 Summary and Adjourn
Jessica Colburn, MD
- 12:00 - 11:15 Adjourn
You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance.

The registration desk will remain open during conference hours.

The Johns Hopkins School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity. The schedule is subject to change.

ACTIVITY DIRECTORS

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Assistant Director, Geriatrics Workforce Enhancement Program

Regina Greco, DNP, CRNP

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Director, Medicine Core Clerkship
Director, TRIPLE Course

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Pharmacy Specialist

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Associate Professor of Medicine
Director, Primary Care Leadership Track,
Director, Medical Student Training in Aging Research (MSTAR) Program

Jillian Colón, LCSW

Social Worker

Samantha DeMarco, PharmD

Pharmacy Specialist

Hannah Fetting, MSN, CRNP, AGNP-C

Nurse Practitioner

Derek Fine, MD

Professor of Medicine

Thomas Finucane, MD*

Professor of Medicine

Deepa Galaiya, MD

Assistant Professor of Otolaryngology – Head and Neck Surgery
Associate Residency Program Co-Director
Medical Director, Otolaryngology – Head and Neck Surgery Clinic, Sibley Memorial Hospital

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Associate Professor of Clinical Psychiatry and Behavioral Sciences
Associate Director, Johns Hopkins Bayview Medical Center Anxiety Disorders Clinic

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 Director, Observation and Geriatric Emergency
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Physician Assistant, Geriatric Medicine

Robin McKenzie, MD

Johns Hopkins School of Medicine
 Boston Health Care for the Homeless Program

Dawn Merbach, CRNP

Nurse Practitioner

Jessica Merrey, PharmD

Lead Clinical Pharmacy Specialist
 Johns Hopkins Community Physicians

John Miller, MD

Assistant Professor of Medicine

June Nicholas, PT

Physical Therapist

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Assistant Professor of Medicine

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Sohemi Pagan, MD

Clinical Fellow

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