

**Addressing Mental Health Challenges through Community Engagement:
A Multi-level Approach to Depression among Latino Immigrants in Baltimore**

Thursday, May 19, 2022 || 8:00 a.m. – 1:00 p.m. ET

*(optional Pre-Workshop: Monday, May 16, 2022 || 1:00 – 6:00 p.m. ET)*Johns Hopkins Bloomberg School of Public Health
Baltimore, Maryland<https://hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=38617>This activity has been approved for *AMA PRA Category 1 Credits™*.**DESCRIPTION**

Depression is a multi-level problem and demands a multi-level solution. Many individuals face barriers to accessing mental health care including provider shortages, time constraints, insurance and stigma related to mental health issues. Immigrants face additional challenges to accessing care as a result of ineligibility for insurance and the dearth of linguistically and culturally concordant healthcare services. A coordinated effort on the part of healthcare providers and community members is critical in order to increase and enhance depression care for Baltimore's immigrant Latino community, a vital and rapidly growing population. The conference presents an actionable framework for local health systems, community-based organizations and policymakers to use in addressing the depression among Latinx communities in and around Baltimore. **There will be a half day pre-conference workshop on May 16, 2022:** Participants will review visual displays of findings from the 5-hr workshop "Building a network of support for mental health: depression-informed services for uninsured Latinos" that precedes the Mental Health Conference. The goal of the workshop is two-fold: equip community-based organizations to provide equitable culturally and linguistically appropriate depression support for uninsured Latinos in Baltimore City; and build a safety network to address depression, anxiety and other mental health issues in the Latino community/among Latino adults. The workshop will be delivered in-person, combining group discussions, lecture and role-plays to build an understanding about cultural appropriateness and tools to guide clients to the resources that best meet their needs.

WHO SHOULD ATTEND

This activity is intended for medical professionals and community members interested in the care and treatment of mental illness, especially those serving immigrant Latinos.

OBJECTIVES

After attending this activity, the learner will demonstrate the ability to:

- Recognize the influence of the immigrant experience in overall mental health outcomes, particularly depression, among Latino individuals in Baltimore.
- Identify effective strategies and policies for community engagement in designing mental health interventions serving uninsured Latino individuals.
- Describe current programs to address mental health stigma and its importance to prevent mental illness among Latinos.

ACCREDITATION STATEMENT

The Johns Hopkins University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**CREDIT DESIGNATION STATEMENT**

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 10 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

OTHER CREDITS

American Academy of Nurse Practitioners National Certification Program accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME.

American Nurses Credentialing Center (ANCC) accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME.

PAs may claim a maximum of 10 Category 1 credits for completing this activity. **NCCPA** accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by ACCME or a recognized state medical society.

This CE Program has been approved by the **Maryland Board of Professional Counselors and Therapists** for Category A CEUs.

The Johns Hopkins University School of Medicine is authorized by the **Maryland State Board of Examiners of Psychologists** as a provider of continuing education. The Johns Hopkins University School of Medicine maintains responsibility for this program. A certificate for 10 CEUs will be awarded upon completion of this Addressing Mental Health Challenges through Community Engagement: A Multi-level Approach to Depression among Latino Immigrants in Baltimore conference.

The Maryland Board of Social Work Examiners certifies that this program meets the criteria for 10 credit hours of Category 1 or 1.0 CEUs of continuing education for social workers licensed in Maryland. The Johns Hopkins University School of Medicine is an approved sponsor of the Maryland Board of Social Work Examiners for continuing education credits for licensed social workers in Maryland.

The Johns Hopkins University has approved this activity for 10 **contact hours for non-physicians**.

POLICY ON PRESENTER AND PROVIDER DISCLOSURE

It is the policy of the Johns Hopkins School of Medicine that the presenter and provider globally disclose conflicts of interest. The Johns Hopkins School of Medicine OCME has established policies that will identify and resolve conflicts of interest prior to this educational activity. Detailed disclosure will be made prior to presentation of the education.

GENERAL INFORMATION**REGISTRATION**

Pre-registration is required: <https://hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=38617>

On-site sign in 7:30 – 8:00 a.m.

LOCATION

Johns Hopkins Bloomberg School of Public Health
615 North Wolfe Street
Baltimore, Maryland 21205

The [Johns Hopkins Bloomberg School of Public Health](https://publichealth.jhu.edu/about/at-a-glance/location/directions-and-maps) is located off Wolfe Street across from The Johns Hopkins Hospital. Please use the Monument Street Entrance. Parking and driving instructions can be found online at: <https://publichealth.jhu.edu/about/at-a-glance/location/directions-and-maps>
Handicapped parking is available in the nearby Rutland Garage. Other parking may be available in the Washington Street Garage. Validation will be provided at the registration desk upon sign in. **Johns Hopkins is smoke-free.**

FEES

REGISTRATION CUT-OFF DATE: May 13, 2022 5 p.m. EST

Fee to attend: \$25 USD

Register Online:

<https://hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=38617>

Methods of Payment: There is a nominal registration fee to help off-set the cost of the activity logistics. We require full payment prior to the start of the activity. Please indicate your *In-person* or *Virtual* attendance during your online pre-registration, including the optional workshop on May 16 (1:00 – 6:00 p.m.), which is limited and available for in-person attendance only.

You will receive a confirmation by e-mail. If you have not received it by **May 13, 2022**, call (410) 502-9636 to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses. Additionally, we reserve the right to change the venue to a comparable venue. Under such circumstances registrants will be notified as soon as possible.

LATE FEE AND REFUND POLICY

A \$25 late fee applies to registrations received after 5:00 p.m. ET on May 13, 2022. A handling fee of \$25 will be deducted for cancellation. An additional fee may apply for cancellation of other events, including workshops and social activities. Refund requests must be received by fax or mail by **May 13, 2022**. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

SYLLABUS

The syllabus will be accessible online and via your mobile device in the CloudCME App prior to the activity.

LOG IN INFORMATION

The link for the webcast, for virtual attendees, will be accessible online and via your mobile device in the CloudCME App one week prior to the activity start date. To access, please visit our website:

<https://hopkinscme.cloud-cme.com>

(Sign In, Click My CME tab, Click Syllabus)

HOW TO OBTAIN CREDIT

Post activity, an online evaluation will be available to attendees to evaluate the activity and individual presentations and to identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print. **The last day to access the evaluation and attest to your credits is July 5, 2022.**

An outcome survey will be sent to all physician attendees within two months post activity to assist us in determining what impact this activity had on the learner's practice.

AMERICANS WITH DISABILITIES ACT

The Johns Hopkins School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. *Please notify us if you have any special needs.*

JOHNS HOPKINS STATEMENT OF RESPONSIBILITY

The Johns Hopkins School of Medicine takes responsibility for the content, quality, and scientific integrity of this CME activity.

COPYRIGHT

All rights reserved - The Johns Hopkins School of Medicine. No part of this program may be used or reproduced in any manner whatsoever without written permission except in the case of brief quotations embodied in articles or reviews.

INTERNET CME POLICY

The Office of Continuing Medical Education (OCME) at the Johns Hopkins School of Medicine is committed to protecting the privacy of its members and customers. Johns Hopkins School of Medicine OCME maintains its internet site as an information resource and service for physicians, other health professionals and the public. OCME at the Johns Hopkins School of Medicine will keep your personal and credit information confidential when you participate in a CME Internet based program. Your information will never be given to anyone outside of the Johns Hopkins School of Medicine CME program. CME collects only the information necessary to provide you with the services that you request.

DISCLAIMER STATEMENT

The opinions and recommendations expressed by faculty and other experts whose input is included in this program are their own. This activity is produced for educational purposes only. Use of Johns Hopkins School of Medicine name implies review of educational format design and approach. Please review the complete prescribing information of specific drugs or combination of drugs, including indications, contraindications, warnings and adverse effects before administering pharmacologic therapy to patients.

HARDWARE/SOFTWARE REQUIREMENTS

Internet connection.

TO REGISTER *or* FOR FURTHER INFORMATION

Register Online

<https://hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=38617>

| | |
|---------------------------------------|---|
| Register by Phone | (410) 502-9636 |
| Register by Fax | (866) 510-7088 |
| Confirmation/Certificates/Transcripts | (410) 502-9636 |
| General Information | (410) 955-2959 |
| E-mail the Office of CME | cmenet@jhmi.edu |
| Follow us on Twitter: | http://twitter.com/HopkinsCME |
| Facebook: | http://www.facebook.com/HopkinsCME |



Check out our mobile app CloudCME.

Organization Code: **HopkinsCME**For website and CloudCME mobile app technical difficulties, email: cmetchsupport@jhmi.edu

For general information, please visit the activity webpage at

<https://hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=38617>Please visit the Johns Hopkins Centro SOL site: <https://jhcentrosol.org>

The Johns Hopkins School of Medicine takes/take responsibility for the content, quality and scientific integrity of this CME activity. This schedule is subject to change.