

CONTINUING MEDICAL EDUCATION



36TH ANNUAL
Pediatrics for the Practitioner
Update 2021

October 28-29, 2021
Internet Live Conference

Presented by
Johns Hopkins University School of Medicine
Division of General Pediatrics and Division of Adolescent/Young Adult Medicine
Johns Hopkins Children's Center
Jointly Provided by the Maryland Chapter, American Academy of Pediatrics

This activity has been approved for AMA PRA Category 1 Credits™.





DESCRIPTION

This course consists of didactic presentations and small group workshops to keep pediatricians, family practitioners and other child health clinicians up-to-date on a number of clinical practice recommendations and topics that are relevant to pediatric and adolescent primary care. Some of the topics to be covered include: COVID19; screening for sexually transmitted infections; sports injuries; childhood obesity; type 2 diabetes; concussions; asthma; depression; gender affirming care for transgender youth; substance use disorders; common dermatology issues and more.

WHO SHOULD ATTEND

This activity is intended for pediatricians, family practitioners, nurse practitioners and physician assistants involved in providing primary care for infants, children and adolescents.

OBJECTIVES

After attending this activity, the learner will demonstrate the ability to:

- Discuss the latest immunization recommendations from the American Academy of Pediatrics (AAP).
- Recognize the indications for referring a child with a heart murmur to a pediatric cardiologist.
- Discuss the latest practice guidelines from the American Academy of Pediatrics.
- Identify the appropriate physical examination maneuvers in assessing common sports injuries.
- Discuss strategies for discussing gender identity and approaches for providing gender-affirming care.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Johns Hopkins University School of Medicine and Maryland Chapter, American Academy of Pediatrics. The Johns Hopkins University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.



CREDIT DESIGNATION STATEMENT

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

MAINTENANCE OF CERTIFICATION

American Board of Pediatrics (ABP)

Completion of this activity and associated assessment enables the participant to earn 12 ABP MOC Part 2 points.

OTHER CREDITS

Application for CME credit has been filed with the **American Academy of Family Physicians**. Determination of credit is pending.

American Nurses Credentialing Center (ANCC) accepts *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME.

American Academy of Nurse Practitioners National Certification Program accepts *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME.

This program is pending approval by the **National Association of Pediatric Nurse Practitioners (NAPNAP)** for 12 NAPNAP contact hours, of which 2 are pharmacology (Rx) content.

National Commission on Certification of Physician Assistants (NCCPA) PAs may claim a maximum of 12 Category 1 credits for completing this activity. **NCCPA** accepts *AMA PRA Category 1 Credit™* from organizations accredited by ACCME or a recognized state medical society.

POLICY ON PRESENTER AND PROVIDER DISCLOSURE

It is the policy of the Johns Hopkins School of Medicine that the presenter and provider globally disclose conflicts of interest. The Johns Hopkins School of Medicine OCME has established policies that will identify and resolve conflicts of interest prior to this educational activity. Detailed disclosure will be made prior to presentation of the education.

GENERAL INFORMATION

COPYRIGHT

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HARDWARE/SOFTWARE REQUIREMENTS

Internet connection.

HOW TO OBTAIN CREDIT

Post activity, an online evaluation will be available to attendees to evaluate the activity and individual presentations and to identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print. The last day to access the evaluation and attest to your credits is December 13, 2021.



TO REGISTER OR FOR FURTHER INFORMATION

Register Online

hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=32485

Register by Phone (410) 502-9636
Register by Fax (866) 510-7088
Confirmation/Certificates/Transcripts (410) 502-9636
General Information (410) 955-2959
E-mail the Office of CME cmenet@jhmi.edu

Follow us on Twitter: twitter.com/HopkinsCME

Facebook: facebook.com/HopkinsCME

Check out our mobile app CloudCME.

Organization Code: HopkinsCME



For website and CloudCME mobile app technical difficulties, email: cmetechnsupport@jhmi.edu

For general information, please visit the activity webpage at hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=32485

REGISTRATION AND FEES

October 28, 2021

Sign into Zoom: 8:00 a.m.– 8:15 a.m.

Register Online:

<https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=32485>

Methods of Payment: We require full payment prior to the start of the activity.

Physicians \$300

Residents*/Fellows*/Nurses/NPs/PAs/

Allied Health Professionals..... \$225

**with verification of status*

NAPNAP Credit..... \$18

You will receive a confirmation by e-mail. If you have not received it by October 22, 2021, call (410) 502-9636 to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee.

LATE FEE AND REFUND POLICY

A \$25 late fee applies to registrations received after 5:00 p.m. ET on October 22, 2021. A handling fee of \$25 will be deducted for cancellation. Refund requests must be received by fax or email by October 22, 2021. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

SYLLABUS AND LOG IN INFORMATION

The syllabus and Zoom Webinar link will be accessible online and via your mobile device in the CloudCME App one week prior to the activity start date. To access, please visit our website.

CME Website: <https://hopkinscme.cloud-cme.com>

(Sign In, Click My CME tab, Click Syllabus)

AMERICANS WITH DISABILITIES ACT

The Johns Hopkins School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. *Please notify us if you have any special needs.*

COMMERCIAL SUPPORT

The Johns Hopkins School of Medicine did not solicit or receive commercial funding from any commercial entity, including pharmaceutical and medical device manufacturers, for this activity.

THURSDAY, OCTOBER 28, 2021

8:00 – 8:15 Sign into Zoom
 8:15 – 8:20 **Welcome and Conference Goals**
 Barry Solomon, MD, MPH

Session I

Moderator: Elizabeth Sloand, PhD, CRNP

8:20 –9:00 **AAP Guidelines**
 Monique Soileau-Burke, MD

9:00 –9:40 **Asthma Update**
 Mandeep Jassal, MD, MPH

9:40 –10:00 **Yoga/Meditation Break**
 Erica Sibinga, MD, MHS
This session is not eligible for AMA PRA Category 1 Credit™.

10:00 – 10:40 **Pediatric COVID-19**
 Allison Messina, MD

10:40 – 11:20 **Gender Affirming Care**
 Renata Arrington-Sanders, MD, MPH, ScM

11:20 – 12:00 **Impact of 2021 Cure Act**
 Howard Levy, MD, PhD; Pamela Rayne, JD;
 Sara Evans, BSN, RN, IBCLC

12:00 – 12:30 Lunch Break

Session II Workshops

(Please select one workshop choice)

12:30 – 1:30 **Screening for Depression and Suicide**
 Hal Kronsberg, MD and Nadia Zaim, MD

Adolescent Dermatology Potpourri
 Annie Grossberg, MD

Trauma Informed Care
 Brigit VanGraafeiland, DNP, CRNP, CNE

Breastfeeding
 Jill McGuinness, BSN, RN, IBCLC

Managing Type II Diabetes
 Risa Wolf, MD

Cardiac Auscultation
 Reid Thompson, MD

Childhood Obesity
 Nakiya Showell, MD, MHS, MPH and
 Raquel Hernandez, MD, MPH

Puberty and Growth
 Kristin Arcara, MD

Rheumatology
 Nayimisha Balmuri, MD

Session III

Moderator: Barry Solomon, MD, MPH

1:30 – 2:10 **Addressing Racism in Pediatrics**
 Monique Jindal, MD

2:10 – 2:30 **Yoga/Meditation Break**
 Erica Sibinga, MD, MHS
This session is not eligible for AMA PRA Category 1 Credit™.

Session IV Workshops (Repeat)

(Please select one workshop choice)

2:30 – 3:30 **Screening for Depression and Suicide**
 Hal Kronsberg, MD and Nadia Zaim, MD

Adolescent Dermatology Potpourri
 Annie Grossberg, MD

Trauma Informed Care
 Brigit VanGraafeiland, DNP, CRNP, CNE

Breastfeeding
 Jill McGuinness, BSN, RN, IBCLC

Managing Type II Diabetes
 Risa Wolf, MD

Cardiac Auscultation
 Reid Thompson, MD

Childhood Obesity
 Nakiya Showell, MD, MHS, MPH and
 Raquel Hernandez, MD, MPH

Puberty and Growth
 Kristin Arcara, MD

Rheumatology
 Nayimisha Balmuri, MD

3:30 Adjourn



FRIDAY, OCTOBER 29, 2021

8:05 – 8:20 Sign into Zoom

Session V

Moderator: Errol L. Fields, MD, PhD, MPH

- 8:20 – 9:00 **Best Articles of the Year**
Eric Balighian, MD
- 9:00 – 9:40 **Substance Use Disorders**
Scott Hadland, MD, MPH, MS
- 9:40 – 10:00 **Yoga/Meditation Break**
Melanie Brown, MD, MSE
This session is not eligible for AMA PRA Category 1 Credit™.
- 10:00 – 10:40 **Immunization Update**
James Campbell, MD, MS
- 10:40 – 11:20 **Intimate Partner Violence in Pediatric and Adolescent Care**
Maya Ragavan, MD, MPH, MS
- 11:20 – 12:00 **Sexually Transmitted Infections Update**
Errol L. Fields, MD, PhD, MPH
- 12:00 – 12:30 Lunch Break

Session VI Workshops

(Please select one workshop choice)

- 12:30 – 1:30 **Hypertension**
Tammy Brady, MD, PhD
- Menstrual Irregularities and PCOS**
Maria Trent, MD, MPH
- Newborn Screening/Genetics**
Joann Bodurtha, MD, MPH
- Concussions**
Stacy Suskauer, MD
- Prep and nPEP**
David Griffith, MD
- Integrative Medicine**
Emily Gutierrez, DNP, CPNP, PMHS, IFM-CP
- Managing Behavioral Problems**
Barbara Howard, MD
- Child Abuse**
Mitchell Goldstein, MD, MBA
- Sports and Orthopedic Injuries in the Office**
R. Jay Lee, MD

Session VII

Moderator: Michael Crocetti, MD, MPH

- 1:30 – 2:10 **Firearm Injury and Mortality in Pediatrics**
Lois Lee, MD, MPH
- 2:10 – 2:30 **Yoga/Meditation Break**
Melanie Brown, MD, MSE
This session is not eligible for AMA PRA Category 1 Credit™.

Session VIII Workshops (Repeat)

(Please select one workshop choice)

- 2:30 – 3:30 **Hypertension**
Tammy Brady, MD, PhD
- Menstrual Irregularities and PCOS**
Maria Trent, MD, MPH
- Newborn Screening/Genetics**
Joann Bodurtha, MD, MPH
- Concussions**
Stacy Suskauer, MD
- Prep and nPEP**
David Griffith, MD
- Integrative Medicine**
Emily Gutierrez, DNP, CPNP, PMHS, IFM-CP
- Managing Behavioral Problems**
Barbara Howard, MD
- Child Abuse**
Mitchell Goldstein, MD, MBA
- Sports and Orthopedic Injuries in the Office**
R. Jay Lee, MD
- 3:30 Adjourn

You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance.



SPEAKERS

ACTIVITY DIRECTOR

Barry Solomon, MD, MPH
Professor of Pediatrics

ACTIVITY CO-DIRECTORS

Michael Crocetti, MD, MPH
Assistant Professor of Pediatrics

Errol L. Fields, MD, PhD, MPH
Assistant Professor of Pediatrics

Elizabeth Sloand, PhD, CRNP
Professor of Nursing

JOHNS HOPKINS SPEAKERS

Kristin Arcara, MD
Assistant Professor of Pediatrics

Eric Balighian, MD
Assistant Professor of Pediatrics

Nayimisha Balmuri, MD
Assistant Professor of Pediatrics

Tammy Brady, MD, PhD
Associate Professor of Pediatrics

Melanie Brown, MD, MSE
Assistant Professor of Pediatrics

Joann Bodurtha, MD, MPH
Professor of Genetic Medicine

Sara Evans, BSN, RN, IBCLC
Epic Project Manager

Errol L. Fields, MD, PhD, MPH
Assistant Professor of Pediatrics

Mitchell Goldstein, MD, MBA
Assistant Professor of Pediatrics

David Griffith, MD
Assistant Professor of Medicine

Annie Grossberg, MD
Assistant Professor of Dermatology

Raquel Hernandez, MD, MPH
Assistant Professor of Pediatrics

Barbara Howard, MD
Assistant Professor of Pediatrics

Mandeep Jassal, MD, MPH
Assistant Professor of Pediatrics

Hal Kronsberg, MD
Assistant Professor of Psychiatry

R. Jay Lee, MD
Associate Professor of Orthopaedic Surgery

Howard Levy, MD, PhD
Associate Professor of Medicine

Jill McGuiness, BSN, RN, IBCLC
Pediatric Team Lead

Allison Messina, MD
Associate Professor of Infectious Disease

Pamela Rayne, JD
Practice Group Leader and Chief Legal Counsel - HIPAA and Privacy

Renata Arrington Sanders, MD, MPH, ScM
Associate Professor of Pediatrics

Erica Sibinga, MD, MHS
Associate Professor of Pediatrics

Beth Slomine, PhD
Associate Professor of Psychiatry and Behavioral Sciences, Physical Medicine and Rehabilitation

Nakiya Showell, MD, MHS, MPH
Assistant Professor of Pediatrics

Stacy Suskauer, MD
Associate Professor of Rehabilitation Medicine

Reid Thompson, MD
Associate Professor of Pediatrics

Maria Trent, MD, MPH
Professor of Pediatrics

Brigit VanGraafeiland, DNP, CRNP, CNE
Associate Professor of Pediatrics

Risa Wolf, MD
Assistant Professor of Pediatrics

Nadia Zaim, MD
Assistant Professor of Psychiatry and Behavioral Sciences

GUEST SPEAKERS

James Campbell, MD, MS
Professor of Pediatrics
University of Maryland School of Medicine

Emily Gutierrez, DNP, CPNP, PMHS, IFM-CP
Mental Health Specialist
Neuronutrition Associates

Scott Hadland, MD, MPH, MS
Chief, Division of Adolescent and Young Adult Medicine
MassGeneral Hospital for Children
Harvard Medical School

Monique Jindal, MD
Assistant Professor of Medicine and Pediatrics
University of Illinois

Maya Ragavan, MD, MPH, MS
Assistant Professor of Pediatrics
University of Pittsburgh

Lois Lee, MD, MPH
Associate Professor of Pediatrics and Emergency Medicine
Harvard Medical School

Monique Soileau-Burke, MD
Doctor of Medicine
The Pediatric Center, LLC

COURSE NUMBER 80055703/32485

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REGISTER ONLINE:

hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=32485

PAST REGISTRANT/ AAP MEMBER REGISTRATION FEES:

Past Registrants and/or AAP members will receive a 10% discount listed below.

Physicians\$270

Nurses/NPs/PAs/Allied Health Professionals\$203

STANDARD REGISTRATION FEES:

Physicians\$300

Residents*/Fellows*/Nurses/NPs/PAs/

Allied Health Professionals.....\$225

**with verification of status*

NAPNAP Credit..... (Add \$18 to registration fee)

The registration fee includes instructional materials.

For registrations received after 5:00 p.m. ET on

October 22, 2021, include a \$25 late fee.

