

14thAdvances in Pediatric Nutrition



November 9-10, 2020

INTERNET LIVE CONFERENCE

Presented by

Johns Hopkins University

School of Medicine

Division of Pediatric Gastroenterology, Hepatology and Nutrition

Department of Pediatrics and

The Johns Hopkins Children's Nutrition Center



This activity has been approved for AMA PRA Category 1 Credits™.





DESCRIPTION

The I4th Advances in Pediatric Nutrition is designed to provide the most updated advances and practical approaches to contemporary issues in pediatric nutrition. This activity will provide unique opportunities to learn, share, and investigate new ways of assessing and managing pediatric patients with unique nutritional needs.

WHO SHOULD ATTEND

This activity is intended for pediatric dietitians, pediatricians, pediatric gastroenterologists, pediatric pharmacists, pediatric nurses and other healthcare professionals with an interest in pediatric nutrition.

OBJECTIVES

After attending this activity, the learner will demonstrate the ability to:

- Explain the relationship between feeding practices and immunity, the microbiome and inflammation.
- Describe the role of the Crohn's Disease Elimination Diet (CDED) in treating pediatric IBD.
- Discuss effective counseling strategies applicable to the pediatric population.
- Identify strategies to optimize nutritional intake in the NICU.

ACCREDITATION STATEMENT

The Johns Hopkins University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



CREDIT DESIGNATION STATEMENT

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 13 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

OTHER CREDITS

This live activity is eligible for 12.5 CPEUs with the **Commission on Dietetic Registration.**

American Nurses Credentialing Center (ANCC) accepts AMA PRA Category I Credit $^{\text{m}}$ from organizations accredited by the ACCME.

American Academy of Nurse Practitioners National Certification Program accepts AMA PRA Category I Credit $^{\text{TM}}$ from organizations accredited by the ACCME.

This continuing medical education activity has been reviewed by the **American Academy of Pediatrics** and is acceptable for a maximum of 13 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.

PAs may claim a maximum of 13 Category I credits for completing this activity. **NCCPA** accepts AMA PRA Category I Credit^{M} from organizations accredited by ACCME or a recognized state medical society.

The Johns Hopkins University has approved this activity for 13 **contact** hours for non-physicians.

POLICY ON PRESENTER AND PROVIDER DISCLOSURE

It is the policy of the Johns Hopkins School of Medicine that the presenter and provider globally disclose conflicts of interest. The Johns Hopkins School of Medicine OCME has established policies that will identify and resolve conflicts of interest prior to this educational activity. Detailed disclosure will be made prior to presentation of the education.

GENERAL INFORMATION

REGISTRATION AND FEES

November 9, 2020 8:00 a.m. EST Log in to Zoom

Register Online:

https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=25008

Methods of Payment: We require full payment prior to the start of the activity.

Physicians \$280

Residents*/Fellows*/Nurses/NPs/PAs/Dietitians/

Allied Health Professionals \$140

*with verification of status

You will receive a confirmation by e-mail. If you have not received it by November 3, 2020, call (410) 502-9636 to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee.

LATE FEE AND REFUND POLICY

A \$25 late fee applies to registrations received after 5:00 p.m. ET on November 3, 2020. A handling fee of \$25 will be deducted for cancellation. An additional fee may apply for cancellation of other events, including workshops and social activities. Refund requests must be received by fax or mail by November 3, 2020 . No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

SYLLABUS

The syllabus will be accessible online and via your mobile device in the CloudCME App prior to the activity.

LOG IN INFORMATION

Instructions will be provided via email the week prior.

INTERNET CME POLICY

The Office of Continuing Medical Education (OCME) at the Johns Hopkins School of Medicine is committed to protecting the privacy of its members and customers. Johns Hopkins School of Medicine OCME maintains its internet site as an information resource and service for physicians, other health professionals and the public. OCME at the Johns Hopkins School of Medicine will keep your personal and credit information confidential when you participate in a CME Internet based program. Your information will never be given to anyone outside of the Johns Hopkins School of Medicine CME program. CME collects only the information necessary to provide you with the services that you request.

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TO REGISTER OR FOR FURTHER INFORMATION

Register Online

hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=25008

Register by Phone	(410)	502-9636
Register by Fax		
Confirmation/Certificates/Transcripts		
General Information	(410)	955-2959
E-mail the Office of CME		

Follow us on Twitter: **twitter.com/HopkinsCME** Facebook: **facebook.com/HopkinsCME**

CloudCME

Check out our mobile app CloudCME. Organization Code: *HopkinsCME*

For website and CloudCME mobile app technical difficulties, email: cmetechsupport@jhmi.edu

For general information, please visit the activity webpage at hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=25008

HARDWARE/SOFTWARE REQUIREMENTS

Internet connection.

HOW TO OBTAIN CREDIT

Post activity, an online evaluation will be available to attendees to evaluate the activity and individual presentations and to identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print.

The last day to access the evaluation and attest to your credits is December 25, 2020.

AMERICANS WITH DISABILITIES ACT

The Johns Hopkins School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. *Please notify us if you have any special needs.*

ACKNOWLEDGEMENT

We wish to acknowledge the following companies that have provided or pledged an educational grant in support of this activity: Nestlé Nutrition Institute. Please note that commercial support received is solely for theeducational component of the activity and will not be used to provide foodand beverage.

Please note: The Physician Payments Sunshine Act was enacted by Congress to increase public awareness of financial relationships between drug and medical device manufacturers and physicians. In compliance with the requirements of this Act, the commercial supporter's of this activity may require the Johns Hopkins School of Medicine to report certain professional information (such as name, address, National Provider Identifier (NPI), and State License number) of physician attendees who receive complimentary food and beverage in conjunction with a CME activity. The commercial supporter is required to submit the collected data to the Centers for Medicare and Medicaid Services which will then publish the data on its website.

Section Sect	MONDAY, NOVEMBER 9, 2020		TUESDAY, NOVEMBER 10, 2020		
### Welcome and Conference Goals Ann Schemann, MD, MBA The Impact of Feeding Practices on Immunity and Inflammation 8:25 - 9:10 Nutrition in the PICU Proveen Goday, MD Nutrition Break 10:25 - 10:25 Die and The Microbiome in Early Life 10:25 Darb Shroes, MD, PRD and Samuel Alaish, MD 10:25 - 10:40 Yogal Meditation Break Jamie Adams, MS, RD, CNSC This session is not eligible for AMA PRA Category Credit* AMA PRA Category Credit* Pharmacotherapy: What her RD Needs to Know Bethany Chalk, PharmaD, BCPPS Lunch Break Jamie Adams, MS, RD, CNSC This session is not eligible for AMA PRA Category Credit* Pharmacotherapy: What her RD Needs to Know Bethany Chalk, PharmaD, BCPPS Lunch Break L	Morning		Morning		
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Moderator: Maria Oliva-Hemker, MD Darla Shores, MD, PhD, Praveen Goday, MD, Samuel Alaish, MD, and Arie Levine, MD II:30 – I2:15 Effective Counseling Strategies in the Pediatric Population Matthew Bonner, PhD, LCPC-S I2:15 – I2:45 Lunch Break WORKSHOP SESSION I NICU Nutrition – Beyond the Basics Courtney Haney, RD, CNSC Infant Formula Updates Morgan Denhard, MS, RD, CSP Implementing the CDED for IBD Jenifer Thompson, MS, RD, CSP Implementing the CDED for IBD Jenifer Thompson, MS, RD, CSP Iffini Hays, MS, RD and Kim Mudd, RN, MSN I:30 – 2:15 REPEAT WORKSHOP SESSION II Strategies for Optimizing Nutrition for Kids with Celiac Disease Pamela Cureton, RD Motivational Interviewing: How Can We Do It? Meredith Thivierge, RD, CDE Enteral Feeding Access: Common Problems and Practical Tips Lynn Mattis, RN, MSN REPEAT WORKSHOP SESSION II 1:30 – 3:45 REPEAT WORKSHOP SESSION II 12:55 – 1:40 REPEAT WORKSHOP SESSION II WORKSHOP SESSION II 12:55 – 1:40 REPEAT WORKSHOP SESSION II WORKSHOP SESSION II Optimizing Nutrition in Patients with Cystic Fibrosis Armanda Leonard, MS, RD, CSPC, CLC Optimizing Nutrition in Patients with Cystic Fibrosis Armanda Leonard, MS, RD, CSP REPEAT WORKSHOP SESSION IV Conference Goal Summary and Closing Remarks Ann Scheimann, MD, MBA	10:55 - 11:30		11:40 - 12:10	Lunch Break	
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3:00– 3:45 REPEAT WORKSHOP SESSION II Closing Remarks Ann Scheimann, MD, MBA					
3:25 Adjourn	3:00- 3:45	•		Closing Remarks	
			3:25	Adjourn	

You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance.

ACTIVITY DIRECTOR

Ann Scheimann, MD, MBA

Associate Professor of Pediatrics Division of Pediatric Gastroenterology, Hepatology and Nutrition Department of Pediatrics Johns Hopkins School of Medicine

PLANNING COMMITTEE

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Pediatric Clinical Nutrition Education
and Practice
Johns Hopkins Children's Center

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Pediatric Dietitian
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Samuel Alaish, MD

Associate Professor of Surgery Johns Hopkins Children's Center

Matthew Bonner, PhD, LCPC-S

Clinical Assistant Professor Counseling and Human Development Johns Hopkins School of Education

Bethany Chalk, PharmD, BCPPS

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Pediatric Dietitian Division of Pediatric Gastroenterology, Hepatology and Nutrition Johns Hopkins Children's Center

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Johns Hopkins Children's Center

Amanda Leonard, MS, RD, CDE

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Lynn Mattis, RN, MSN

Specialty Nurse Division of Pediatric Gastroenterology, Hepatology and Nutrition Johns Hopkins Children's Center

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Division Chief, Pediatric Gastroenterology,
Hepatology and Nutrition
Department of Pediatrics
Johns Hopkins School of Medicine

Jose Saavedra, MD

Associate Professor of Pediatrics Division of Pediatric Gastroenterology, Hepatology and Nutrition Department of Pediatrics Johns Hopkins School of Medicine

Maureen Seel, RD,CDE

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Meredith Thivierge, RD, CDE

Clinical Dietitian Specialist II Division of Pediatric Gastroenterology, Hepatology and Nutrition Johns Hopkins Children's Center

Lindsey Yarbrough, MS, RD, CSP *Pediatric Dietitian*

Pediatric Dietitian Division of Pediatric Gastroenterology, Hepatology and Nutrition Johns Hopkins Children's Center

Hannah Zuckoff, RD

Pediatric Dietitian Division of Pediatric Gastroenterology, Hepatology and Nutrition Johns Hopkins Children's Center

GUEST SPEAKERS

Pamela Cureton, RD

Clinical Dietitian University of Maryland Baltimore, Maryland

Praveen Goday, MD

Professor Pediatric Gastroenterology and Nutrition Department of Pediatrics Medical College of Wisconsin Children's Hospital of Wisconsin Milwaukee, Wisconsin

Arie Levine, MD

Director Pediatric Gastroenterology Unit Edith Wolfson Medical Center Holon, Israel

Philip Sherman, MD

Senior Scientist
Cell Biology Program
Hospital for Sick Children
Professor of Paediatrics
Microbiology, Nutritional Sciences and Dentistry
University of Toronto
Toronto, Ontario



REGISTRATION FEES:

*with verification of status

The registration fee includes instructional materials. For registrations received after 5:00 p.m. ET on November 3, 2020, include a \$25 late fee.

