



JOHNS HOPKINS
M E D I C I N E

Office of Continuing Medical Education
720 Rutland Avenue / Turner 20
Baltimore, Maryland 21205-2195

34TH ANNUAL

Pediatrics for the Practitioner Update 2019

October 17-18, 2019



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CONTINUING MEDICAL EDUCATION

34TH ANNUAL
**Pediatrics
for the
Practitioner**
Update 2019



October 17-18, 2019

Johns Hopkins University School of Medicine
Thomas B. Turner Building
Baltimore, Maryland

Presented by
Johns Hopkins University School of Medicine
Division of General Pediatrics and Adolescent Medicine
Johns Hopkins Children's Center

Jointly Provided by the Maryland Chapter,
American Academy of Pediatrics

This activity has been approved for AMA PRA Category 1 Credits™.



JOHNS HOPKINS
MEDICINE

DESCRIPTION

This course consists of didactic presentations and small group workshops to address recent changes in clinical practice and new immunization recommendations and to provide updates on a number of management issues and relevant topics to keep pediatricians, family practitioners and other health care providers, up to date on cutting-edge advances in the field of child health.

WHO SHOULD ATTEND

This activity is intended for pediatricians, family practitioners, nurse practitioners and physician assistants involved in providing primary care for infants, children and adolescents.

OBJECTIVES

After attending this activity, the participant will demonstrate the ability to:

- Discuss the latest immunization guidelines from the American Academy of Pediatrics (AAP).
- Recognize the indications for ordering a sleep study.
- Discuss the latest practice guidelines from the American Academy of Pediatrics (AAP).
- Identify the appropriate use of antibiotics in the management of common infections.
- Discuss which sports injuries can be managed in a primary care office and which need to be referred.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Johns Hopkins University School of Medicine and the Maryland Chapter, American Academy of Pediatrics. The Johns Hopkins University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.



CREDIT DESIGNATION STATEMENT

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 12.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

MAINTENANCE OF CERTIFICATION

American Board of Pediatrics (ABP)

Completion of this activity and associated assessment enables the participant to earn 12.75 ABP MOC Part 2 points.

OTHER CREDITS

Application for CME credit has been filed with the **American Academy of Family Physicians**. Determination of credit is pending.

American Nurses Credentialing Center (ANCC) accepts *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME.

American Academy of Nurse Practitioners National Certification Program accepts *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME.

This program is pending approval by the **National Association of Pediatric Nurse Practitioners (NAPNAP)** for 12.75 NAPNAP contact hours, of which 3.75 are pharmacology (Rx) content.

National Commission on Certification of Physician Assistants (NCCPA) PAs may claim a maximum of 12.75 Category 1 credits for completing this activity. **NCCPA** accepts *AMA PRA Category 1 Credit™* from organizations accredited by ACCME or a recognized state medical society.

Maryland Board of Pharmacy credit is pending approval.

POLICY ON SPEAKER AND PROVIDER DISCLOSURE

It is the policy of the Johns Hopkins University School of Medicine that the speaker and provider globally disclose conflicts of interest. The Johns Hopkins University School of Medicine OCME has established policies that will identify and resolve conflicts of interest prior to this educational activity. Detailed disclosure will be made prior to presentation of the education.

GENERAL INFORMATION

REGISTRATION

October 17, 2019 • 7:45 – 8:15 a.m.

LOCATION

Thomas B. Turner Building

Johns Hopkins University School of Medicine
720 Rutland Avenue
Baltimore, Maryland 21205

The Turner Building is located on Rutland Avenue at Monument Street. Directions and campus parking information are available on our website under the Contact Us tab at [HopkinsCME.cloud-cme.com](https://hopkinscme.cloud-cme.com). Handicapped parking is available in the nearby Rutland Garage. Complimentary round-trip transportation for attendees staying at conference headquarters hotel will be provided.

Johns Hopkins is smoke-free.

Complimentary parking stickers will be distributed on-site; be sure to bring your parking ticket with you.

FEES

Register Online: hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=18698

Methods of Payment: We require full payment prior to the start of the activity. On-site payments by credit card only. The registration fee includes instructional materials, continental breakfasts, refreshment breaks and lunches.

Physicians\$425

Residents*/Fellows*/Nurses/NPs/PAs/

Allied Health Professionals.....\$325

**with verification of status*

Printed Syllabus.....\$35

NAPNAP Credit.....\$18

You will receive a confirmation by e-mail. If you have not received it by **October 11, 2019**, call (410) 502-9636 to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses. Additionally, we reserve the right to change the venue to a comparable venue. Under such circumstances registrants will be notified as soon as possible.

LATE FEE AND REFUND POLICY

A \$50 late fee applies to registrations received after 5:00 p.m. ET on **October 11, 2019**. A handling fee of \$50 will be deducted for cancellation. An additional fee may apply for cancellation of other events, including workshops and social activities. Refund requests must be received by fax or mail by **October 11, 2019**. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

SYLLABUS

All registrants will receive a flash drive with the slides and paper for note-taking. This is included in the cost of your registration. A link to the syllabus will be provided via email shortly before the activity begins if you prefer to study or print the syllabus. A printed copy may be ordered at the time of registration for an additional fee of \$35. The printed copy will be provided during activity registration. Cancellations or refunds for the printed copy will not be permitted.

HOTEL AND TRAVEL INFORMATION

Hyatt Place Baltimore/Inner Harbor

511 South Central Avenue (410) 558-1840
Baltimore, Maryland 21202 FAX: (410) 558-1831

HOTEL RESERVATION CUT-OFF DATE: September 3, 2019

A limited block of sleeping rooms has been reserved for your convenience and will be available on a first come, first served basis.

Hyatt Place Baltimore/Inner Harbor offers a refreshing blend of style and innovation in a neighborhood alive with cultural attractions, shopping and amazing local restaurants. It is located close to everything you want to do, including museums, shops, restaurants and more.

Make your reservation online at www.hyatt.com/en-US/hotel/maryland/hyatt-place-baltimore-inner-harbor/bwizh?corp_id=G-JPPC or call the hotel directly and specify that you are attending the Johns Hopkins Pediatrics for the Practitioner 2019 to receive the special group rate of \$185, single or double, plus tax. Complimentary roundtrip private shuttle transportation will be provided.

HOW TO OBTAIN CREDIT

Post activity, an online evaluation will be available to attendees to evaluate the activity and individual presentations and to identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print. **The last day to access the evaluation and attest to your credits is December 2, 2019.**

An outcome survey will be sent to all physician attendees within two months post activity to assist us in determining what impact this activity had on the learner's practice.

EMERGENCY CALLS

On October 17-18, 2019, direct emergency calls to the Hopkins registration desk, (410) 955-3673. Messages will be posted for participants.

AMERICANS WITH DISABILITIES ACT

The Johns Hopkins University School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. Please notify us if you have any special needs.

TO REGISTER or FOR FURTHER INFORMATION

Register Online: hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=18698

Register by Phone.....(410) 502-9636

Register by Fax(866) 510-7088

Confirmation/Certificates/Transcripts(410) 502-9636

General Information.....(410) 955-2959

E-mail the Office of CME..... cmenet@jhmi.edu

Follow us on Twitter: <http://twitter.com/HopkinsCME>

Facebook: <http://www.facebook.com/HopkinsCME>



Check out our mobile app CloudCME.

Organization Code: **HopkinsCME**

For website and CloudCME mobile app technical difficulties, email: cmetechnsupport@jhmi.edu

For general information, please visit the activity webpage at hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=18698

Program

THURSDAY, OCTOBER 17, 2019

7:45 – 8:15 Registration and Continental Breakfast

8:15 – 8:20 **Welcome and Conference Goals**
Beryl Rosenstein, MD

SESSION I

Moderator: Beryl Rosenstein, MD

8:20 – 9:00 **Genetic Testing**
Joann Bodurtha, MD, MPH

9:00 – 9:40 **Sleep Disorders**
Laura Sterni, MD

9:40 – 10:00 Refreshment Break

10:00 – 10:40 **AAP Guidelines**
Monique Soileau-Burke, MD

10:40 – 11:20 **E-cigarettes and Vaping**
Hoover Adger, MD, MPH

11:20 – 12:00 **Primary Care Management of Teen Depression**
Barbara Howard, MD

12:00 – 12:45 Lunch

SESSION II – WORKSHOPS

Please select one workshop choice on the Registration Form.

12:45 – 2:15 **A2. Behavior Topics**
Barbara Howard, MD

B2. Cardiac Evaluation
W. Reid Thompson, MD

C2. Sports Medicine
R. Jay Lee, MD

D2. Dermatology Potpourri
Bernard Cohen, MD

E2. Obesity
Nakiyah Showell, MD, MHS, MPH

F2. Radiology Ordering: Requests and Resources
Melissa Spevak, MD

G2. Constipation
Lisa Santo Domingo, MSN, RN, CPNP

2:15 – 2:30 Refreshment Break

SESSION III – WORKSHOPS

Please select one workshop choice on the Registration Form.

2:30 – 4:00 **A3. Asthma Update**
Sara Christina Sadreameli, MD, MHS

B3. Cardiac Evaluation
W. Reid Thompson, MD

C3. Sports Medicine
R. Jay Lee, MD

D3. Dermatology Potpourri
Bernard Cohen, MD

E3. Obesity
Nakiyah Showell, MD, MHS, MPH

F3. Radiology Ordering: Requests and Resources
Melissa Spevak, MD

G3. Constipation
Lisa Santo Domingo, MSN, RN, CPNP

4:00 Adjourn

The Johns Hopkins University School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity.

FRIDAY, OCTOBER 18, 2019

7:50 – 8:20 Continental Breakfast

SESSION IV

Moderator: Janet Serwint, MD

8:20 – 9:00 **Best Articles of the Year**
Michael Burke, MD

9:00 – 9:40 **Diabetes Technologies**
Risa Wolf, MD

9:40 – 10:00 Refreshment Break

10:00 – 10:40 **Chronic Fatigue Update**
Peter Rowe, MD

10:40 – 11:20 **Healthcare for LGBT Patients**
Errol Fields, MD, MPH, PhD

11:20 – 12:00 **Vaccine Update**
James Campbell, MD, MS

12:00 – 12:45 Lunch

SESSION V – WORKSHOPS

Please select one workshop choice on the Registration Form.

12:45 – 2:15 **A5. NICU Follow Up**
Rebecca Seltzer, MD, MHS

B5. Office Orthopaedics
Paul Sponseller, MD, MBA

C5. Food Allergies
Jennifer Dantzer, MD

D5. Hypertension
Tammy Brady, MD

E5. Antibiotic Choices in Primary Care
James Campbell, MD, MS

F5. Headaches
Christopher Oakley, MD

G5. Common Eye Problems
Courtney Kraus, MD

2:15 – 2:30 Refreshment Break

SESSION VI: WORKSHOPS

Please select one workshop choice on the Registration Form.

2:30 – 4:00 **A6. NICU Follow Up**
Rebecca Seltzer, MD, MHS

B6. Office Orthopaedics
Claire Shannon, MD

C6. Hypertension
Tammy Brady, MD

D6. Antibiotic Choices in Primary Care
James Campbell MD, MS

E6. Headaches
Christopher Oakley, MD

F6. Breastfeeding
Deborah Busch, DNP, MSN, RN, CPNP-PC, IBCLC
and Joanne Flagg, DNP, CRNP, IBCLC, FAAN

G6. Common Eye Problems
Courtney Kraus, MD

4:00 Adjourn

You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance.

The registration desk will remain open during conference hours



34TH ANNUAL **Pediatrics for the Practitioner Update 2019**

Speakers

ACTIVITY DIRECTOR

Beryl Rosenstein, MD

Professor Emeritus, Pediatrics

ACTIVITY CO-DIRECTORS

Hoover Adger, MD, MPH

Professor of Pediatrics

Arlene Butz, ScD, MSN, CPNP

Professor Emerita, Pediatrics

Janet Serwint, MD

Professor Emerita, Pediatrics

GUEST SPEAKERS

James Campbell, MD, MS

Professor

Department of Pediatrics

Division of Infectious Diseases and Tropical Pediatrics

University of Maryland School of Medicine

Center for Vaccine Development

Institute for Global Health

Baltimore, Maryland

Monique Soileau-Burke, MD

Pediatrician

The Pediatric Center

Columbia, Maryland

JOHNS HOPKINS SPEAKERS

Joann Bodurtha, MD, MPH

Professor of Pediatrics and Oncology

Tammy Brady, MD

Assistant Professor of Pediatrics

Michael Burke, MD

Associate Professor of Pediatrics

Deborah Busch, DNP, MSN, RN, CPNP-PC, IBCLC

Assistant Professor of Nursing

Bernard Cohen, MD

Professor of Dermatology and Pediatrics

Jennifer Dantzer, MD

Assistant Professor of Pediatrics

Lisa Santo Domingo, MSN, RN, CPNP

Certified Pediatric Nurse Practitioner

Errol Fields, MD, MPH, PhD

Assistant Professor of Pediatrics

Joanne Flagg, DNP, CRNP, IBCLC, FAAN

Assistant Professor of Nursing

Barbara Howard, MD

Assistant Professor of Pediatrics

Sara Christina Sadreameli, MD, MHS

Assistant Professor of Pediatrics

Courtney Kraus, MD

Assistant Professor of Pediatric Ophthalmology

R. Jay Lee, MD

Assistant Professor of Orthopaedic Surgery

Christopher Oakley, MD

Assistant Professor of Neurology

Peter Rowe, MD

Professor of Pediatrics

Rebecca Seltzer, MD, MHS

Assistant Professor of Pediatrics

Claire Shannon, MD

Assistant Professor of Orthopaedic Surgery

Nakiyah Showell, MD, MHS, MPH

Assistant Professor of Pediatrics

Melissa Spevak, MD

Assistant Professor of Pediatric Radiology

Paul Sponseller, MD, MBA

Professor of Orthopaedic Surgery

Laura Sterni, MD

Associate Professor of Pediatrics

W. Reid Thompson, MD

Associate Professor of Pediatrics

Risa Wolf, MD

Assistant Professor of Pediatrics

Registration Form

COURSE NUMBER 80049267/18698

34th Annual Pediatrics for the Practitioner: Update 2019

October 17-18, 2019

To Register:

Online: hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=18698

By fax: (866) 510-7088 By phone: (410) 502-9636

Or mail this form to the Johns Hopkins University, Office of Continuing Medical Education, 720 Rutland Avenue, Turner Room 20, Baltimore, Maryland 21205-2195. Include e-check or credit card information below.

FULL PAYMENT IS REQUIRED PRIOR TO THE START OF ACTIVITY.

☐ I am a Johns Hopkins speaker for this activity.

Please type or print clearly

Last Name		First Name		M.I.
Highest Degree	Primary Specialty		Hopkins Faculty/Staff Only -JHED ID	
For Physicians Only: NPI - 10 digits		State License #		State of License
ABP #:		Birth Month:		Birth Day:
<input type="checkbox"/> I provide permission for my MOC completion information to be shared and transmitted to the Accreditation Council for Continuing Medical Education (ACCME).				
Organization		Mailing Address		
City	State	ZIP + 4 Code	Country	
Daytime Telephone		Fax Number		
E-Mail (required)				

☐ Check here if you wish to receive e-mail notices about upcoming CME activities.

What do you hope to learn by attending this activity? _____

Please notify us if you have any special needs. _____

WORKSHOPS: Please select **ONE** workshop choice for each of the four sessions listed below. Example: A2 (Refer to program listing.)

THURSDAY, Session II 12:45 - 2:15 p.m. _____

THURSDAY, Session III 2:30 - 4:00 p.m. _____

FRIDAY, Session V 12:45 - 2:15 p.m. _____

FRIDAY, Session VI 2:30 - 4:00 p.m. _____

Registration Fees:

☐ Yes, I am a Past Registrant and/or AAP member and will receive a 10% discount listed below.

☐ Physicians.....\$395

☐ Nurses/NPs/PAs/Allied Health Professionals.....\$295

☐ Physicians.....\$425

☐ Residents*/Fellows*/Nurses/NPs/PAs/Allied Health Professionals.....\$325

*with verification of status

☐ Printed Syllabus.....\$35

☐ NAPNAP Credit.....\$18

The registration fee includes instructional materials and food and beverage. For registrations received after 5:00 p.m. ET on **October 11, 2019**, include a \$50 late fee. On-site registrations are payable only by credit card.

Total amount \$ _____

Payment Type:

JHU Faculty/Staff Only: If you are using your Tuition Remission Benefit or an ION budget, please upload your fully completed and approved form in the payment section of the online activity link above.

☐ TR Form: benefits.jhu.edu/documents/trffacandstaff.pdf

☐ ION Form: hopkinscme.edu/migration/ionRequest.pdf

☐ e-Check: Routing #: _____ Account #: _____

☐ Credit Card: ☐ VISA ☐ MASTERCARD ☐ DISCOVER ☐ AMEX

Card # _____ Exp. Date _____

Billing Zip Code _____ Security Code _____

Name on Card _____

Signature and Date _____