



**JOHNS HOPKINS**  
M E D I C I N E

Johns Hopkins University School of Medicine  
Office of Continuing Medical Education  
Turner 20, 720 Rutland Avenue  
Baltimore, Maryland 21205-2195

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**2018 EATING  
DISORDERS  
CONFERENCE:**

ENHANCING CARE  
AND SOLVING CLINICAL  
CHALLENGES

**October 22, 2018  
Baltimore, Maryland**

<https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=14805>



DATED MATERIAL

CONTINUING MEDICAL EDUCATION

JOHNS HOPKINS UNIVERSITY SCHOOL OF MEDICINE  
DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES  
PRESENTS

**2018 EATING  
DISORDERS  
CONFERENCE:**

ENHANCING CARE AND  
SOLVING CLINICAL CHALLENGES



**MONDAY, OCTOBER 22, 2018**

Thomas B. Turner Building  
Johns Hopkins East Baltimore Medical Campus  
Baltimore, Maryland

This activity has been approved for  
AMA PRA Category 1 Credits™.



**DESCRIPTION**

This one day CME/CEU conference includes an evidence-based, clinically relevant series of talks and workshops for practitioners who deliver care to patients with, or at risk for, eating disorders. Topics covered will include an update on research examining biological underpinnings of disordered eating and anorexia nervosa (AN), the utilization of Dialectical Behavioral Therapy (DBT) strategies for managing challenging patient-therapist interactions, a review of treatment approaches for patients with the newly defined DSM-5 diagnosis of Avoidant/Restrictive Food Intake Disorder (ARFID), and the assessment and treatment of eating disorders in older adults. Workshops will provide practical clinical skills to address managing medical and ethical challenges that frequently arise in this high-risk population, the use of DBT to treat patients with multi-symptom profiles, somatic symptom presentations in youth with ARFID and the implementation of Family Based Treatment as well as weight loss interventions for patients with a history of disordered eating.

**WHO SHOULD ATTEND**

This activity is intended for psychiatrists, pediatricians, adolescent medicine specialists, psychologists, social workers, licensed professional counselors, registered dietitians, occupational therapists, educators, and others interested in the evidence-based treatment of eating disorders.

**OBJECTIVES**

After attending this activity, the participant will demonstrate the ability to:

- Discuss recent research supporting the biological basis of eating disorders.
- Describe clinical presentations and treatment interventions for patients with Avoidant/Restrictive Food Intake Disorder (ARFID).
- Identify practical strategies useful in the outpatient management of complex eating disorders cases.



**ACCREDITATION STATEMENT**

The Johns Hopkins University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



**CREDIT DESIGNATION STATEMENT**

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**OTHER CREDITS**

American Nurses Credentialing Center (ANCC) accepts AMA PRA Category 1 Credit™ from organizations accredited by the ACCME.

American Academy of Nurse Practitioners National Certification Program accepts AMA PRA Category 1 Credit™ from organizations accredited by the ACCME.

The Johns Hopkins University has approved this activity for 7.25 contact hours for non-physicians.

This CE Program has been approved by the Maryland Board of Professional Counselors and Therapists for Category A CEUs.

The Johns Hopkins University School of Medicine is authorized by the Maryland State Board of Examiners of Psychologists as a provider of continuing education. The Johns Hopkins University School of Medicine maintains responsibility for this program. A certificate for 7.25 CEUs will be awarded upon completion of this live activity.

The Maryland Board of Social Work Examiners certifies that this program meets the criteria for 7.25 credit hours of Category 1 or 7.25 CEUs of continuing education for social workers and associates licensed in Maryland. The Johns Hopkins University School of Medicine is an approved sponsor of the Maryland Board of Social Work Examiners for continuing education credits for licensed social workers in Maryland.

This live activity is eligible for 7 CPEUs with the Commission on Dietetic Registration.

**POLICY ON SPEAKER AND PROVIDER DISCLOSURE**

It is the policy of the Johns Hopkins University School of Medicine that the speaker and provider globally disclose conflicts of interest. The Johns Hopkins University School of Medicine OCME has established policies in place that will identify and resolve conflicts of interest prior to this educational activity. Detailed disclosure will be made prior to presentation of the education.

GENERAL INFORMATION

REGISTRATION

MONDAY, OCTOBER 22, 2018

8:00 AM - 8:30 AM

LOCATION

Thomas B. Turner Building
Johns Hopkins University School of Medicine
720 Rutland Avenue
Baltimore, Maryland 21205

The Turner Building is located on Rutland Avenue at Monument Street.

DIRECTIONS AND PARKING

Directions and campus parking information are available on our website under the Contact Us tab at HopkinsCME.cloud-cme.com.

FEES

Register Online:
https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=14805

REGISTRATION CUT-OFF DATE: October 16, 2018

Methods of Payment:

We require full payment prior to the start of the activity. On-site payments by credit card only.

Physicians.....\$175
Allied Health Professionals and Non-Clinical Attendees.....\$110
Residents\*/Fellows\*/Students\*.....\$75
\*with verification of status

You will receive a confirmation by e-mail. If you have not received it by October 16, 2018, call (410) 502-9636 to confirm that you are registered.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses.

TO REGISTER or FOR FURTHER INFORMATION

Register Online
https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=14805
Register by Phone (410) 502-9636
Register by Fax (866) 510-7088
Confirmation/Certificates/Transcripts (410) 502-9636
General Information (410) 955-2959
E-mail the Office of CME cmenet@jhmi.edu

LATE FEE AND REFUND POLICY

A \$50 late fee applies to registrations received after 5:00 p.m. ET on October 16, 2018. A handling fee of \$50 will be deducted for cancellation.

SYLLABUS

The syllabus will be accessible online and via your mobile device in the CloudCME App prior to the activity. A link to the syllabus will also be provided via email shortly before the activity begins if you prefer to study or print the syllabus.

HOTEL INFORMATION

Hotel accommodations located near the Johns Hopkins School of Medicine can be found at: http://www.hopkinscme.edu/migration/hotels.html

HOW TO OBTAIN CREDIT

Post activity, an online evaluation will be available to attendees to evaluate the activity and individual presentations and to identify future educational needs.

An outcome survey will be sent to all physician attendees within two months post activity to assist us in determining what impact this activity had on the learner's practice.

EMERGENCY CALLS

On Monday, October 22, 2018 direct emergency calls to the Hopkins registration desk, (410) 955-3673. Messages will be posted for participants.

AMERICANS WITH DISABILITIES ACT

The Johns Hopkins University School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. Please notify us if you have any special needs.

Follow us on Twitter: www.twitter.com/HopkinsCME
Facebook: www.facebook.com/HopkinsCME
CloudCME Check out our mobile app
Organization Code: HopkinsCME

For website and CloudCME mobile app technical difficulties, email:
cmetchsupport@jhmi.edu

PROGRAM

- 8:00 - 8:30 Continental Breakfast and Registration
8:30 - 8:40 Introduction and Conference Objectives
8:40 - 9:25 Update on Research on the Biological Basis of Eating Disorders
9:25 - 10:10 Avoidant/Restrictive Food Intake Disorder (ARFID) - What Do We Know So Far?
10:10 - 10:25 REFRESHMENT BREAK
10:25 - 11:55 WORKSHOP I
12:00 - 1:00 LUNCH BREAK AND TOURS OF JEFFERSON HOUSE RESIDENCE
1:00 - 1:45 Dialectical Behavioral Strategies for Managing Challenging Conversations with Patients
1:45 - 2:30 Eating Disorders in Older Adults
2:30 - 2:45 REFRESHMENT BREAK
2:45 - 4:15 WORKSHOP II (choose second option from WORKSHOP I list above)
4:15 - 5:00 Patient Perspectives on Treatment and Recovery - Patient Interview
5:00 - 5:15 Closing Remarks
5:15 Adjourn

The Johns Hopkins University School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity. This schedule is subject to change.

REGISTRATION FORM

Course Number 80046215 / 14805

2018 Eating Disorders Conference: Enhancing Care and Solving Clinical Challenges
Monday, October 22, 2018

To Register:
Online https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=14805
Fax: (866) 510-7088 Phone: (410) 502-9636

Or mail this form to the Johns Hopkins University, Office of Continuing Medical Education, 720 Rutland Avenue, Turner Room 20, Baltimore, Maryland 21205-2195.

FULL PAYMENT IS REQUIRED PRIOR TO THE START OF ACTIVITY.

I am a Johns Hopkins speaker for this activity.
Please type or print clearly:

Form with fields: last name, first name, m.i., highest degree, primary specialty, Hopkins Faculty/Staff Only - JHED ID:, For Physicians Only - NPI 10 digit#, State License #, State of License, organization, mailing address, city, state, ZIP + 4 code, country, daytime telephone, fax number, e-mail (required).

Check here if you wish to receive e-mail notices about upcoming CME activities.
What do you hope to learn by attending this activity?

Please notify us if you have any special needs.

Workshop Selection: (Please indicate by letter) 1st selection: \_\_\_ 2nd selection: \_\_\_

I would like to attend the tour of Jefferson House Residence.
Registration Fees:
Physicians.....\$175
Allied Health Professionals and Non-Clinical Attendees .....\$110
Residents\*/Fellows\*/Students\*.....\$75
\*with verification of status

The registration fee includes instructional materials, food and beverage, and parking. For registrations received after 5:00 p.m. ET on October 16, 2018 include a \$50 late fee. On-site registrations are payable only by credit card.

Total amount \$ \_\_\_\_\_.

JHU Faculty/Staff Only: If you are using your Tuition Remission Benefit or an ION budget, please upload your fully completed and approved form in the payment section of the online activity link above.

e-Check: Routing Number \_\_\_\_\_ Account Number: \_\_\_\_\_

Credit Card: VISA MASTERCARD DISCOVER AMEX

Card # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp. Date \_\_\_\_\_

Billing Zip Code \_\_\_\_\_ Security Code \_\_\_\_\_

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_