CONTINUING MEDICAL EDUCATION

Johns Hopkins University School of Medicine
Division of Gastroenterology
and The Institute for Johns Hopkins Nursing
Present

44TH ANNUAL TOPICS IN GASTROENTEROLOGY AND HEPATO-BILIARY UPDATE

SEPTEMBER 26-28, 2018
Chevy Chase Bank Conference Center
The Sheikh Zayed Tower
The Johns Hopkins Hospital
Baltimore, Maryland

• Advanced Practice Provider Track
• Nursing Track
• Meet national and international faculty
• Discuss your challenging cases with the experts during Lunch with the Professors
• This activity has been approved for AMA PRA Category 1 Credit™

CO-DIRECTORS:
Mouen Khashab, MD
Mark Lazarev, MD
Monica Riegert, DNP, CRNP
Ashley Salamone, MSN, CRNP
Vikesh Singh, MD, MSc
Ellen Stein, MD
Megan Walker, RN
Matthew Weiss, MD
Tinsay Woreta, MD, MPH

ACTIVITY DIRECTORS:
Anthony Kalloo, MD
Eun Ji Shin, MD, PhD

Endorsed by the AGA Institute

JOHNS HOPKINS MEDICINE
This activity will provide an update and comprehensive overview of a wide range of topics of interest to the practicing gastroenterologist, surgeon, family physician, internist, physician assistant, nurse and nurse practitioner. The understanding of the pathophysiology, natural history and treatment of diseases of the digestive tract and liver is progressing at a rapid pace. This activity will provide practitioners who care for patients with digestive diseases with an in-depth knowledge of recent, cutting-edge advancements in Gastroenterology and Hepatology. Moreover, practitioners will be informed about new therapies and treatments on the horizon in order to be prepared to inform patients and field their questions.

An important feature of this activity is its case panel discussions. One of our frequent challenges is making practical use of knowledge. Therefore, the activity format will include case presentation discussion sessions with a multidisciplinary panel of experts from medical, endoscopic and surgical disciplines, discussing diagnostic and management controversies. Among areas of focus for these panels will be inflammatory bowel disease, esophageal disorders, gastrointestinal neoplasia, motility and liver disease, including liver transplantation. During the lunchtime session, attendees will have the opportunity to discuss controversies specific to their personal practices with activity faculty.

Who Should Attend
This activity is intended for gastroenterologists, gastroenterology fellows and advanced fellows, surgeons, hepatologists, family practitioners, internists, PAs, nurses, nurse practitioners and other allied health professionals with an interest in gastroenterology.

Objectives
After attending this activity, the participant will demonstrate the ability to:

- Discuss the multidisciplinary approach to management of obesity.
- Describe the latest approaches to treat fatty liver disease.
- Discuss the management options for pancreatic diseases.
- Discuss the multidisciplinary approach to management of esophageal diseases.
- Describe the latest therapies for inflammatory bowel disease.
**GENERAL INFORMATION**

**Registration**
Wednesday, September 26, 2018 • 7:15 – 7:50 a.m.

**Location**
Chevy Chase Bank Conference Center  
The Sheikh Zayed Tower  
The Johns Hopkins Hospital  
1800 Orleans Street, Main Level  
Baltimore, Maryland 21287

The Sheikh Zayed Tower is located on Orleans Street between Broadway and Wolfe Streets. Directions and campus parking information are available on our website under the Contact Us tab at https://HopkinsCME.cloud-cme.com. The closest garage is the Orleans Street Garage, which is located on Orleans Street (Route 40) between Wolfe Street and Broadway. Handicapped parking is also available in the McElderry Street Garage. 

**Johns Hopkins is smoke-free.**

**Fees**
Register Online at:  

Methods of Payment: We require full payment prior to the start of the activity. The registration fee includes instructional materials, continental breakfasts, refreshment breaks and lunches.

**Physicians** .......................................................... $550

**Residents*/Fellows*/Nurses/NPs/PAs/Allied Health Professionals** .......................................................... $125

**Nursing Track (Nurses/NPs):**  
Thursday, September 27 Only ........................................ No Charge

*with verification of status

**Advanced Practice Provider Session (Nurses, NPs and PAs only):**  
Friday, September 28 Only ........................................ No Charge

You will receive a confirmation by e-mail. If you have not received it by **September 21, 2018**, call (410) 502-9636 to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses. Additionally, we reserve the right to change the venue to a comparable venue. Under such circumstances registrants will be notified as soon as possible.

**Late Fee and Refund Policy**
A $50 late fee applies to registrations received after 5:00 p.m. ET on September 21, 2018. A handling fee of $50 will be deducted for cancellation. An additional fee may apply for cancellation of other events, including workshops and social activities. Refund requests must be received by fax or mail by September 21, 2018. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins conference in lieu of cancellation is not possible.

**Syllabus**
The syllabus will be accessible online and via your mobile device in the CloudCME App prior to the activity.

**Emergency Calls**
On September 26-28, 2018, direct emergency calls to the Hopkins registration desk, (443) 287-5426. Messages will be posted for participants.

**Hotel and Travel Arrangements**
A limited block of sleeping rooms has been reserved for your convenience and will be available on a first come, first served basis at the follow properties:

**Renaissance Harborplace Hotel**  
(800) 468-3571  
202 East Pratt Street  
(410) 547-1200  
Baltimore, Maryland 21202  
FAX: (410) 539-5780

**Hotel Reservation Cut-Off Date: September 4, 2018**
The Renaissance Harborplace Hotel is part of the waterfront complex of Harborplace, and only steps away from the many attractions of Baltimore’s Inner Harbor. Make your reservation online at https://aws.passkey.com/e/49699246 or call the hotel directly and specify that you are attending the Johns Hopkins Topics in Gastroenterology and Hepato-Biliary conference to receive the special group rate of $169, single or double, plus tax. Complimentary roundtrip transportation to and from the conference will be provided. On-site parking is available at the hotel at an additional charge. Check-in time is 4:00 p.m. Check-out time is 12:00 p.m.

**Residence Inn by Marriott Baltimore**  
(443) 524-8400  
800 North Wolfe Street Baltimore  
Maryland 21205  
Web Site: www.marriott.com

**HOTEL RESERVATION CUT-OFF DATE: August 26, 2018**
The Residence Inn Baltimore is located on the Johns Hopkins Medical Campus. Make your reservation at https://tinyurl.com/y7l49sn7 or call the hotel directly and specify that you are attending the Johns Hopkins CME Topics in Gastroenterology to receive the special group rate of $149 for one bedroom king suite, plus tax. On-site parking is available at the hotel at an additional charge. Check-in time is 4:00 p.m. Check-out time is 12:00 p.m.

**How To Obtain Credit**
Post activity, an online evaluation form will be available to attendees to evaluate the activity and individual presentations and identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner’s transcript and immediately available for print. The last day to access the evaluation and attest to your credits is November 14, 2018.

A survey will be sent to all physician attendees within two months post activity to assist us in determining what impact this activity had on the learner’s practice.

**Americans with Disabilities Act**
The Johns Hopkins University School of Medicine and The Institute for Johns Hopkins Nursing fully comply with the legal requirements of the ADA and the rules and regulations thereof. Please notify us if you have any special needs.
### PROGRAM

#### WEDNESDAY, SEPTEMBER 26, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Topic</th>
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<tbody>
<tr>
<td>7:15 - 7:50</td>
<td>Registration and Continental Breakfast</td>
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<tr>
<td>7:50 - 8:00</td>
<td>Welcome and Conference Goals</td>
<td>Anthony Kalloo, MD</td>
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<tr>
<td>8:00 - 8:20</td>
<td>Session Chair: Matthew Weiss, MD</td>
<td>Mangement of Difficult Colorectal Polyps: (\text{EMR, ESD, EFT}) (\text{Saowanee Ngamruengphong, MD})</td>
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<tr>
<td>8:20 - 8:40</td>
<td>Surgery for Perianal Disease</td>
<td>Sandy Fang, MD</td>
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<td>8:40 - 9:00</td>
<td>Updates on Management of Lower GI Bleed</td>
<td>Ekta Gupta, MD</td>
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<tr>
<td>9:00 - 9:20</td>
<td>Updates on Surgery for Colorectal Cancer</td>
<td>Bashar Safar, MBBS</td>
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<tr>
<td>9:20 - 9:40</td>
<td>Management of Endoscopic Perforation</td>
<td>(\text{Saowanee Ngamruengphong, MD, MD})</td>
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<tr>
<td>9:40 - 10:00</td>
<td>Questions and Answers</td>
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<tr>
<td>10:00 - 10:10</td>
<td>Refreshment Break</td>
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<tr>
<td>10:10 - 10:35</td>
<td>Session Chair: Eun Ji Shin, MD, PhD</td>
<td>Celiac Disease</td>
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<tr>
<td>10:35 - 10:55</td>
<td>Abdominal Pain in the Roux-En-Y Bypass Patient</td>
<td>(\text{Dilhana Badurdeen, MBBS})</td>
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<td>10:55 - 11:20</td>
<td>GI Considerations after Bariatric Surgery</td>
<td>(\text{Gina Adrales, MD, MPH})</td>
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<td>11:20 - 11:45</td>
<td>Small Bowel Bleeding</td>
<td>(\text{Kathy Bull-Henry, MD, MBA})</td>
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<td>11:45 - 12:00</td>
<td>Questions and Answers</td>
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<tr>
<td>12:00 - 1:00</td>
<td>Lunch with the Professors</td>
<td>Non-Variceal Upper GI Bleeding Management</td>
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<tr>
<td>1:00 - 1:25</td>
<td>Session Chair: James Hamilton, MD</td>
<td>Alcoholic Liver Disease</td>
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<tr>
<td>1:25 - 1:50</td>
<td>Advances in Management of Non-Alcoholic Fatty Liver Disease</td>
<td>(\text{Saleh Alqahtani, MBBS})</td>
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<tr>
<td>1:50 - 2:15</td>
<td>Current and Emerging Therapies for PBC and PSC</td>
<td>(\text{James Hamilton, MD})</td>
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<tr>
<td>2:15 - 2:40</td>
<td>Update on Chronic Viral Hepatitis (Hepatitis B and C)</td>
<td>(\text{Tinsay Woreta, MD, MPH})</td>
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<td>2:40 - 3:00</td>
<td>Management of Refractory Autoimmune Hepatitis</td>
<td>(\text{Jacqueline Laurin, MD})</td>
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<td>3:00 - 3:15</td>
<td>Questions and Answers</td>
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<tr>
<td>3:15 - 3:40</td>
<td>Radiologic Approach to the Diagnosis of Liver Masses</td>
<td>(\text{Ihab Kamel, MD})</td>
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<td>3:40 - 4:00</td>
<td>Complications of Portal Hypertension</td>
<td>(\text{Amy Kim, MD})</td>
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<tr>
<td>4:00 - 4:20</td>
<td>Management of Hepatocellular Cancer in 2018</td>
<td>(\text{Kirti Shetty, MD})</td>
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<tr>
<td>4:20 - 4:45</td>
<td>Update on Liver Transplantation</td>
<td>(\text{Benjamin Philosophe, MD})</td>
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<tr>
<td>4:45 - 5:00</td>
<td>Questions and Answers</td>
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Friday, September 28, 2018

7:15 – 8:00 Registration and Continental Breakfast

This session is not available for AMA PRA Category 1 Credits (TM).

Session Chair: Peter Cotton, MD

8:00 – 8:20 Identifying and Solving Unmet Needs in Gastroenterology
Robert Hawes, MD

8:20 – 8:40 Concept to Product: Navigating Innovation, Intellectual Property to Success
Dennis McWilliams, MD

8:40 – 9:00 Natural Orifice Transluminal Endoscopic Surgery (NOTES): The Impact on Medicine Today
Anthony Kalloo, MD

9:00 – 9:20 Endoscopic Suturing: An Enabling Technology for Endoscopic Interventions
Sergey Kantsevoy, MD

9:20 – 9:40 Questions and Answers

9:40 – 9:50 Refreshment Break

Session Chair: Anthony Kalloo, MD

9:50 – 10:15 Submucosal Endoscopy: The “New” Third Space for Endoscopy
Christopher Gostout, MD

10:15 – 10:40 Targeting the LES: Innovation, Technology and the Future
P. Jay Parshcha, MD

10:40 – 11:05 Innovations in Endoscopy: Where Do We Go From Here?
S. C. Sydney Chung, MD, FRCS, FRCP

11:05 – 11:20 Questions and Answers

11:20 – 12:00 Challenging Therapeutic Endoscopy Cases from Johns Hopkins

12:00 – 1:00 Lunch with the Professors

Post-ERCP Pancreatitis
Peter Cotton, MD

Quality Measures in Endoscopy: What You Need to Know for Your Practice
Simon Mathews, MD

Update on Surgery for IBD
Michael Marohn, DO

Fecal Bacteriotherapy
Alyssa Parián, MD

Biosimilars in IBD: What You Need to Know
Joanna Melia, MD

Management of IBD in Pregnancy
Brindusa Truta, MD, Mark Lazarev, MD

Hands On Demo: Apollo Overstitch
Sergey Kantsevoy, MD

Session Chair: Mark Lazarev, MD

1:00 – 1:40 State-of-the-Art: Crohn’s Perianal Disease
David Schwartz, MD

1:40 – 2:00 What is the Best Approach to Severe UC?
Alyssa Parián, MD

2:00 – 2:20 Extra-Intestinal Manifestations in IBD: What You Need to Know
Brindusa Truta, MD

2:20 – 2:40 The Microbiome and IBD
Joanna Melia, MD

2:40 – 3:00 Questions and Answers

3:00 – 3:15 Refreshment Break

Session Chair: Joanna Melia, MD

3:15 – 3:40 Approach to Small Bowel Resection in Crohn’s: Minimizing the Damage
Michael Marohn, DO

3:40 – 4:00 Approach to Post-Operative Prophylaxis for Crohn’s in 2018
Mark Lazarev, MD

4:00 – 4:20 Biologics for IBD: What’s New and What’s in the Pipeline
Florin Selaru, MD

4:20 – 4:40 Understanding the Risks of Biologics
Reezwana Chowdhury, MD

4:40 – 5:00 Questions and Answers

5:00 Adjourn

You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance. The registration desk will remain open during conference hours.

Nursing Track

Thursday, September 27, 2018

7:15 – 7:50 Registration and Continental Breakfast

7:50 – 8:00 Welcome and Conference Goals
Megan Walker, RN

Session Chair: Megan Walker, RN

8:00 – 8:20 Chronic Constipation: Treatment and Support
Angela Chang Chiu, MSN, RN

8:20 – 8:40 Effective Modalities for Managing Chronic Abdominal Pain
Megan Walker, RN

8:40 – 9:00 New and Upcoming Biologics for Your IBD Patient
Leah Lewis-Garger, RN, MSN

9:00 – 9:20 Your Patient with Diarrhea: Solid Advice for Solid Stools
Lisa Silva, BSN, RN

9:20 – 9:40 Nutritional Interventions for Your GI Patient
Katie Fritch, BSN, RN

Session Chair: Megan Walker, RN

10:20 – 10:40 GERD: New Endoscopic Therapies
Margaret Malleis, BSN, RN

10:40 – 11:00 Barrett’s Esophagus: Current Treatment Options in 2018
Hilary Cosby, RN, CGRN

11:00 – 11:20 Current Endoscopic Weight Loss Options
Margo Dunlap, BSN, RN

11:20 – 11:40 How to Safely Introduce New Procedures and Product into Your Practice
Mary Rose Hess, RN, BSN, NCIII

11:40 – 12:00 Questions and Answers/Session Wrap-up

12:00 Adjourn

You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance. The registration desk will remain open during conference hours.

Acknowledgment

Applications for commercial support from health care related industries are pending. A complete list of contributors will be provided in the syllabus. Please note that commercial support received is solely for the educational component of the activity and will not be used to provide food and beverage.

Please note: The Physician Payments Sunshine Act was enacted by Congress to increase public awareness of financial relationships between drug and medical device manufacturers and physicians. In compliance with the requirements of this Act, the commercial supporter/s of this activity may require the disclosure of financial relationships between physicians who receive commercial support and device manufacturers and physicians. In compliance with the requirements of this Act, the commercial supporter/s of this activity may require the disclosure of financial relationships between physicians who receive commercial support and device manufacturers and physicians. In compliance with the requirements of this Act, the commercial supporter/s of this activity may require the disclosure of financial relationships between physicians who receive commercial support and device manufacturers and physicians. In compliance with the requirements of this Act, the commercial supporter/s of this activity may require the disclosure of financial relationships between physicians who receive commercial support and device manufacturers and physicians.

For general information, the activity webpage:

Follow us on Twitter: http://twitter.com/HopkinsCME
Facebook: http://www.facebook.com/HopkinsCME

For general information, the activity webpage:

For website and CMECloud mobile app technical difficulties, email: cmetechsupport@jhmi.edu

Check out our mobile app CloudCME
Organization Code: HopkinsCME
FRIDAY, SEPTEMBER 28, 2018

Session 1  Focusing on the Foregut
Moderator: Monica Riegert, DNP, CRNP
8:00  -  8:30  Esophageal Dysmotility
Valerie Owens, MSN, CRNP
8:30  -  9:00  Gastroparesis: Evaluation and Management
Monica Riegert, DNP, CRNP
9:00  -  9:30  Functional Heartburn and Atypical Chest Pain
Ashley Salamone, MSN, CRNP
9:30  -  10:00  Total Pancreatectomy and Islet Cell Transplant
Christi Walsh, MSN, CRNP
10:00  -  10:15  Refreshment Break

Session 2  Looking at the Liver
Moderator: Ashley Salamone, MSN, CRNP
10:15  -  10:45  NASH: Cutting the Fat
Jae Lee, MSN, CRNP
10:45  -  11:10  Iron Overload
Jacqueline Darmody, MSN, CRNP
11:10  -  11:35  The ABCs of Hepatitis A, B, and C
Kathryn Lee-Young, MSN, CRNP
11:35  -  12:00  Liver Transplantation: What You Need to Know
Maura Belden, DNP, CRNP
12:00  -  1:30  Lunch with the Professors
Group will be escorted to lunch session immediately at 12:00 and return at 1:30.

Session 3  Colon Concepts
Moderator: Monica Riegert, DNP, CRNP
1:30  -  1:50  Abdominal Pain: Getting to the Source
Sharon Dudley-Brown, PhD, CRNP
1:50  -  2:10  Approach to Microscopic Colitis
Monica Riegert, DNP, CRNP
2:10  -  2:30  Colon Cancer Screening: When your Patient Refuses a Colonoscopy
Kathryn Lee-Young, MSN, CRNP
2:30  -  2:50  Rectal Cancer: Detection to Treatment
Tam Warczynski, MSN, CRNP
2:50  -  3:10  Practice Pearls in IBD
Sharon Dudley-Brown, PhD, CRNP
3:10  -  3:20  Refreshment Break

Session 4  Midgut Management
Moderator: Monica Riegert, DNP, CRNP
3:20  -  3:50  The Value of Acupuncture in GI Management
Jeff Gould Lac, DiplAc, DiplCH
3:50  -  4:15  Celiac Disease: My Approach
Ashley Salamone, MSN, CRNP
4:15  -  4:45  Deflating your Bloated Patient
Valerie Owens, MSN, CRNP
4:45  -  5:00  Questions and Answers/Session Wrap-up
5:00  Adjourn

You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance.
The registration desk will remain open during conference hours.

ADVANCED PRACTICE PROVIDER SESSION

SPEAKERS

Johns Hopkins University School of Medicine
Baltimore, Maryland

Directors
Anthony Kalloo, MD
Eun Ji Shin, MD, PhD

Co-Directors
Mouen Khashab, MD
Mark Lazarev, MD
Monica Riegert, DNP, CRNP
Ashley Salamone, MSN, CRNP
Vikesh Singh, MD, MSc
Ellen Stein, MD
Megan Walker, RN
Matthew Weiss, MD
Tinsay Woreta, MD, MPH

Guest Speakers
S. C. Sydney Chung MD, FRCS, FRCPEng Senior Consultant in General Surgery
Union Hospital
Tai Wai, Hong Kong
Peter Cotton, MD
Professor of Medicine
Medical University of South Carolina
Charleston, SC
Christopher Gostout, MD
Professor of Medicine
Mayo Clinic
Rochester, NY
Robert Hawes, MD
Professor of Gastroenterology
Florida Hospital
Orlando, FL
Ikuo Hirano, MD
Professor of Medicine
Northwestern University Feinberg School of Medicine
Chicago, IL

The Johns Hopkins University School of Medicine and The Institute for Johns Hopkins Nursing take responsibility for the content, quality and scientific integrity of this CME activity.
This schedule is subject to change.
**44th Annual Topics in Gastroenterology and Hepato-Biliary Update Conference**  
**September 26-28, 2018**

To Register:
- **Online:** https://HopkinsCME.cloud-cme.com/aph.aspx?P=5&EID=14571
- **By fax:** (866) 510-7088  
  **By phone:** (410) 502-9636
- Or mail this form to the Johns Hopkins University, Office of Continuing Medical Education, 720 Rutland Avenue, Room 20, Baltimore, Maryland 21205-2195. Include e-check or credit card information below.

FULL PAYMENT IS REQUIRED PRIOR TO THE START OF ACTIVITY.

I am a Johns Hopkins speaker for this activity.  

**PLEASE TYPE OR PRINT CLEARLY**

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I check here if you wish to receive e-mail notices about upcoming CME activities.

I plan to stay at the Renaissance Harborplace Hotel in Baltimore, Maryland.

I plan to stay at the Residence Inn Baltimore in Baltimore, Maryland.

What do you hope to learn by attending this activity? __________________________________________________________

Please notify us if you have any special needs. ________________________________________________________________

**Registration Fees:**
- **Physicians** .......................................................... $550
- **Residents*/Fellows*/Nurses/NPs/PAs/Allied Health Professionals (with verification of status) ........................................ $125
- **Nursing Session (Nurses/NPs - Thursday 9/27 Only)** .......................................................... No Charge
- **Advanced Practice Provider Session (Nurses/NPs/PAs - Friday 9/28 Only)** ........................................ No Charge

The registration fee includes instructional materials and food and beverage. For registrations received after 5:00 p.m. ET on September 21, 2018, include a $50 late fee. On-site registrations are payable only by credit card.

**Total amount $ __________________________**

**Payment Type:**
- **JHU Faculty/Staff Only:** If you are using your Tuition Remission Benefit or an ION budget, please complete this registration form and return with appropriate payment processing form to OCME, Turner 20.
  - **TR Form:** http://benefits.jhu.edu/documents/trffacandstaff.pdf  
  - **ION Form:** http://hopkinscme.edu/migration/IonRequest.pdf

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**Credit Card:**
- □ VISA  
- □ MASTERCARD  
- □ DISCOVER  
- □ AMEX

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44th Annual
Topics in Gastroenterology and Hepato-Biliary Update
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Baltimore, Maryland