

# 13<sup>TH</sup> ADVANCES IN PEDIATRIC NUTRITION



**NOVEMBER 12–13, 2018**

*Presented by*

Johns Hopkins University  
School of Medicine

Division of Pediatric Gastroenterology, Hepatology  
and Nutrition

Department of Pediatrics and  
The Johns Hopkins Children's Nutrition Center

**HYATT REGENCY BALTIMORE  
BALTIMORE, MARYLAND**

This activity has been approved for *AMA PRA Category 1 Credits™*.



**JOHNS HOPKINS**  
MEDICINE

## Description

The 13th Advances in Pediatric Nutrition is designed to provide the most updated, advanced and practical approaches to contemporary issues in pediatric nutrition. This activity will provide unique opportunities to learn, share and investigate new ways of assessing and managing pediatric patients with complex nutritional needs.

## Who Should Attend

This activity is intended for pediatric dietitians, pediatricians, pediatric gastroenterologists, pediatric pharmacists, pediatric nurses and other healthcare professionals with an interest in pediatric nutrition.

## Objectives

After attending this activity, the participant will demonstrate the ability to:

- Identify appropriate formulas and feeding regimens for premature infants, including those most appropriate for minimizing the development of cholestasis in long-term parenteral nutrition administration.
- Describe the nutrition support guidelines for the critically ill pediatric patient.
- Describe the relationship between mindful eating and wellness in children.
- Describe the nutritional therapy options for IBD and their application.
- Describe practical applications for identifying malnutrition in hospitalized pediatric patients.

## Accreditation Statement

The Johns Hopkins University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



## GENERAL INFORMATION

### Registration and Location

November 11, 2018 ❖ 6:00 – 7:00 p.m.

November 12, 2018 ❖ 7:00 – 8:00 a.m.

Hyatt Regency Baltimore ❖ 300 Light Street, Baltimore, Maryland 21202

### Hotel and Travel Information

#### Hyatt Regency Baltimore

300 Light Street

Baltimore, Maryland 21202

Web Site: [www.hyattplace.com](http://www.hyattplace.com)

(800) 233-1234

(410) 528-1234

FAX: (410) 605-2870

### HOTEL RESERVATION CUT-OFF DATE: October 10, 2018

A limited block of sleeping rooms has been reserved for your convenience and will be available on a first come, first served basis.

The Hyatt Regency Baltimore, centrally located on the Inner Harbor and an industry leader since its opening, holds the longest four-diamond award status in the state with beautiful guestrooms, Bistro 300 and a commitment to excellent service. Make your reservation online at <https://aws.passkey.com/gt/216149806?gtid=f80627a9ff693937ef97464120e291fe> or call the hotel directly and specify that you are attending the Johns Hopkins 13th Advances in Pediatric Nutrition to receive the special group rate of \$179.00, single or double, plus tax. On-site parking is available at an additional charge. Check-in time is 4:00 p.m. Check out time is 12:00 noon.

## Fees

**Register online:** <https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=12862>

**Methods of Payment:** We require payment prior to the start of the activity. On-site payments by credit card only. The registration fee includes instructional materials, continental breakfasts, refreshment breaks, lunches and reception.

Physicians .....\$350

Residents\*/Fellows\*/Nurses/PAs/NPs/

Dietitians/Other Allied Health Professionals .....\$275

\*with verification of status

Printed Syllabus .....\$35

You will receive a confirmation by e-mail. If you have not received it by November 6, 2018, call (410) 502-9636 to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses. Additionally, we reserve the right to change the venue to a comparable venue. Under such circumstances registrants will be notified as soon as possible.

## Credit Designation Statement

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 12.75 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Other Credit

This live activity is eligible for 12.5 CPEUs with the **Commission on Dietetic Registration**.

**American Nurses Credentialing Center (ANCC)** accepts *AMA PRA Category 1 Credit*<sup>™</sup> from organizations accredited by the ACCME.

**American Academy of Nurse Practitioners National Certification Program** accepts *AMA PRA Category 1 Credit*<sup>™</sup> from organizations accredited by the ACCME.

This continuing medical education activity has been reviewed by the **American Academy of Pediatrics** and is acceptable for a maximum of 12.75 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.

PAs may claim a maximum of 12.75 Category 1 credits for completing this activity. **NCCPA** accepts *AMA PRA Category 1 Credit*<sup>™</sup> from organizations accredited by ACCME or a recognized state medical society.

The Johns Hopkins University has approved this activity for 12.75 **contact hours for non-physicians**.

## Policy on Speaker and Provider Disclosure

It is the policy of the Johns Hopkins University School of Medicine that the speaker and provider globally disclose conflicts of interest. The Johns Hopkins University School of Medicine OCME has established policies in place that will identify and resolve all conflicts of interest prior to this educational activity. Detailed disclosure will be made prior to presentation of the education.

## Social Event

### Hyatt Regency Baltimore - Pisces Room

Monday, November 12, 2018 ❖ 6:30 p.m. – 9:30 p.m.

This is a complimentary reception for registrants and faculty. Guests are invited to attend at an additional charge of \$35. Please indicate your attendance on the registration form.

### Late Fee and Refund Policy

A \$50 late fee applies to registrations received after 5:00 p.m. ET on November 6, 2018. A handling fee of \$50 will be deducted for cancellation. An additional fee may apply for cancellation of other events, including workshops and social activities. Refund requests must be received by fax or mail by November 6, 2018. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

## Syllabus

All registrants will receive a flash drive with the slides and paper for note-taking. This is included in the cost of your registration. A link to the syllabus will be provided via email shortly before the activity begins if you prefer to study or print the syllabus. A printed copy may be ordered at the time of registration for an additional fee of \$35. The printed copy will be provided during activity registration. Cancellations or refunds for the printed copy will not be permitted.

## How to Obtain Credit

Post activity, an online evaluation will be available to attendees to evaluate the activity and individual presentations and to identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print. **The last day to access the evaluation and attest to your credits is December 28, 2018.**

An outcome survey will be sent to all physician attendees within two months post activity to assist us in determining what impact this activity had on the learner's practice.

## Emergency Calls

On November 12–13, 2018, direct emergency calls to (410) 528-1234 and ask that a message be sent to the Johns Hopkins registration desk. Messages will be posted for participants.

## Americans with Disabilities Act

The Johns Hopkins University School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. *Please notify us if you have any special needs.*

# PROGRAM

# 13TH ADVANCES IN PEDIATRIC NUTRITION

**MONDAY, NOVEMBER 12, 2018**

## **Morning**

- 7:00 – 8:00 Registration and Breakfast  
8:00 – 8:10 **Welcome and Conference Goals**  
*Ann Scheimann, MD, MBA*

## **IBD and Diet**

- 8:10 – 8:55 **The Specific Carbohydrate Diet in Pediatric IBD**  
*David Suskind, MD*
- 8:55 – 9:40 **Diet Induced Changes in the Microbiome of Children with IBD**  
*Lindsey Albenberg, DO*
- 9:40 – 10:00 Refreshment Break
- 10:00 – 10:45 **Nutrition, Mindfulness and Wellness in Children with IBD**  
*Maria Mascarenhas, MD*
- 10:45 – 11:30 **Panel Discussion**  
Moderator: *Maria Oliva-Hemker, MD*  
*David Suskind, MD, Lindsey Albenberg, DO*  
and *Maria Mascarenhas, MD*

## **Afternoon**

- 11:30 – 12:30 Lunch
- 12:30 – 1:15 **Nutrition in the Extremes – Implementing the Guidelines for Nutrition Support in the Critically Ill Child**  
*Kristen Nelson, MD*
- 1:15 – 2:00 **Parenteral-Nutrition Associated Cholestasis: Role of Standardized Feeding and Alternative Lipids**  
*Darla Shores, MD, PhD*
- 2:00 – 2:30 **Panel Discussion**  
Moderator: *Maureen Gilmore, MD*  
*Kristen Nelson, MD and Darla Shores, MD, PhD*
- 2:30 – 2:45 Refreshment Break
- 2:45 – 3:35 **WORKSHOP SESSION I**
- Fine Tuning Pediatric Parenteral Nutrition**  
*Kim Conner, RPh, MAC*
  - Infant Formula and Fortifier Updates**  
*Courtney Haney, RD, CSP*
  - Implementing the SCD**  
*David Suskind, MD*
  - It Takes a Team: Starting the Ketogenic Diet**  
*Zahava Turner, RD, CSP*
  - Anti-Inflammatory Diets: What Do We Know?**  
*Jenifer Thompson, MS, RD, CSP*
- 3:40 – 4:30 **REPEAT WORKSHOP SESSION I**
- 6:30 – 9:30 Reception

*The Johns Hopkins University School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity. This schedule is subject to change.*

## **Acknowledgement**

We wish to acknowledge the following company that has provided an educational grant in support of this activity: Nestlé Nutrition Institute. Please note that commercial support received is solely for the educational component of the activity and will not be used to provide food and beverage.

*Please note: The Physician Payments Sunshine Act was enacted by Congress to increase public awareness of financial relationships between drug and medical device manufacturers and physicians. In compliance with the requirements of this Act, the commercial supporter/s of this activity may require the Johns Hopkins University School of Medicine to report certain professional information (such as name, address, National Provider Identifier (NPI), and State License number) of physician attendees who receive complimentary food and beverage in conjunction with a CME activity. The commercial supporter is required to submit the collected data to the Centers for Medicare and Medicaid Services which will then publish the data on its website.*



**JOHNS HOPKINS**  
CHILDREN'S CENTER

**TUESDAY, NOVEMBER 13, 2018**

**Morning**

- 7:15 – 8:00 Breakfast
- 8:00 – 8:10 **Announcements and Conference Goals**  
*Ann Scheimann, MD, MBA*
- 8:10 – 9:10 **Are We There Yet?**  
**Identifying Malnutrition in Hospitalized Children**  
*Praveen Goday, MD*

**Allergic Disease Updates**

- 9:10 – 9:55 **Who is at Risk for Developing Food Allergies and Can We Prevent It – Update on the Pediatric Allergist's Recommendations; The Pivotal Peanut Allergy Study and Beyond.**  
*Corinne Keet, MD, PhD*
- 9:55 – 10:15 Break
- 10:15 – 11:00 **Diagnostic and Treatment Strategies for Eosinophilic Esophagitis**  
*Anthony Guerrierio, MD, PhD*
- 11:00 – 11:45 **Strategies for Implementation of Restricted Diets in Children/Adolescents with Eosinophilic Gastrointestinal Diseases**  
*Sally Schwartz, RD, CSP*
- 11:45 – 12:30 **Panel Discussion**  
Moderator: *Ann Scheimann, MD, MBA*  
*Corinne Keet, MD, PhD, Anthony Guerrierio, MD, PhD and Sally Schwartz, RD, CSP*

**Afternoon**

- 12:30 – 1:30 Lunch
- 1:30 – 1:45 **Conference Goal Summary and Closing Remarks**  
*Ann Scheimann, MD, MBA*
- 1:45 – 2:35 **WORKSHOP SESSION II**  
**Strategies for Implementing Restricted Diets in Children with EOE**  
*Sally Schwartz, RD, CSP*  
**The New Dysphagia Diet Standardization Terminology: What Does it Mean for My Patients?**  
*Panayiota Senekki-Florent, PhD, CCC-SLP*  
**Managing Kids with Diabetes**  
*Meredith Thivierge, RD, CDE*  
**Nutrition Support Post-BMT**  
*Jamie Houdek, MS, RD, CNSC*  
**Baby-Led Weaning: An Introduction and Application, Introducing Solids**  
*Courtney Haney, RD, CSP*
- 2:40 – 3:30 **REPEAT WORKSHOP SESSION II**
- 3:30 Adjourn  
You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance.  
The registration desk will remain open during conference hours.

**To Register or For Further Information**

- Register Online.....<https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=12862>
- Register by Phone.....(410) 502-9636
- Register by Fax.....(866) 510-7088
- Confirmation/Certificates/Transcripts.....(410) 502-9636
- General Information.....(410) 955-2959
- E-mail the Office of CME.....[cmenet@jhmi.edu](mailto:cmenet@jhmi.edu)

Follow us on Twitter: <http://twitter.com/HopkinsCME>

Facebook: <http://www.facebook.com/HopkinsCME>

For general information, please visit the activity webpage at

<https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=12862>



Check out our mobile app CloudCME.  
Organization Code: **HopkinsCME**

For website and CloudCME mobile app technical difficulties, email:  
[cmetechnsupport@jhmi.edu](mailto:cmetechnsupport@jhmi.edu)

# SPEAKERS

## ACTIVITY DIRECTOR

### **Ann Scheimann, MD, MBA**

*Associate Professor of Pediatrics  
Division of Pediatric Gastroenterology,  
Hepatology and Nutrition  
Department of Pediatrics  
Johns Hopkins University School of Medicine*

## PLANNING COMMITTEE

### **Jenifer Thompson, MS, RD, CSP**

*Advanced Practice Dietitian  
Division of Pediatric Gastroenterology,  
Hepatology and Nutrition  
Johns Hopkins Children's Center*

### **Tiffani Hays, MS, RD**

*Director  
Pediatric Clinical Nutrition Education  
and Practice  
Johns Hopkins Children's Center*

## JOHNS HOPKINS SPEAKERS

### **Kim Conner, RPh, MAc**

*Clinical Pharmacy Specialist  
Division of Pediatric Gastroenterology,  
Hepatology and Nutrition  
Departments of Pediatrics and Pharmacy  
Johns Hopkins Children's Center*

### **Maureen Gilmore, MD**

*Assistant Professor of Pediatrics  
Director, Neonatology Division  
Johns Hopkins Bayview Medical Center  
Department of Pediatrics  
Johns Hopkins University School of Medicine*

### **Anthony Guerrero, MD, PhD**

*Assistant Professor of Pediatrics  
Division of Pediatric Gastroenterology,  
Hepatology and Nutrition  
Department of Pediatrics  
Johns Hopkins University School of Medicine*

### **Courtney Haney, RD, CSP**

*Clinical Dietitian Specialist II  
Division of Pediatric Gastroenterology,  
Hepatology and Nutrition  
Department of Pediatrics  
Johns Hopkins Children's Center*

### **Jamie Houdek, MS, RD, CNSC**

*Clinical Dietitian Specialist I  
Division of Pediatric Gastroenterology,  
Hepatology and Nutrition  
Johns Hopkins Children's Center*

### **Corinne Keet, MD, PhD**

*Associate Professor of Pediatrics  
Division of Pediatric Allergy and Immunology  
Department of Pediatrics  
Johns Hopkins University School of Medicine*

### **Kristen Nelson, MD**

*Assistant Professor of Anesthesiology and  
Critical Care Medicine  
Director, Pediatric Cardiac Critical Care  
Division of Pediatric Anesthesiology and  
Critical Care Medicine  
Department of Pediatrics  
Johns Hopkins University School of Medicine*

### **Maria Oliva-Hemker, MD**

*Professor of Pediatrics  
Division Chief, Pediatric Gastroenterology,  
Hepatology and Nutrition  
Department of Pediatrics  
Johns Hopkins University School of Medicine*

### **Panayiota Senekki-Florent, PhD, CCC-SLP**

*Pediatric Speech-Language Pathologist  
Division of Pediatric Pulmonology  
Johns Hopkins Children's Center*

### **Darla Shores, MD, PhD**

*Assistant Professor of Pediatrics  
Medical Director, The Hopkins Resource for  
Intestinal Vitality and Enhancement (THRIVE)  
Division of Pediatric Gastroenterology,  
Hepatology and Nutrition  
Department of Pediatrics  
Johns Hopkins University School of Medicine*

### **Meredith Thivierge, RD, CDE**

*Clinical Dietitian Specialist II  
Division of Pediatric Gastroenterology,  
Hepatology and Nutrition  
Johns Hopkins Children's Center*

### **Zahava Turner, RD, CSP**

*Clinical Dietitian Specialist III  
Division of Pediatric Gastroenterology,  
Hepatology and Nutrition  
Johns Hopkins Children's Center*

## GUEST SPEAKERS

### **Lindsey Albenberg, DO**

*Assistant Professor of Pediatrics  
Division of Gastroenterology,  
Hepatology and Nutrition  
Children's Hospital of Philadelphia  
University of Pennsylvania School of Medicine*

### **Praveen Goday, MD**

*Professor, Pediatric Gastroenterology  
and Nutrition  
Department of Pediatrics  
Medical College of Wisconsin  
Children's Hospital of Wisconsin*

### **Maria Mascarenhas, MD**

*Associate Professor of Pediatrics  
Medical Director, Department of  
Clinical Nutrition  
Director, Integrative Health Program  
Division of Gastroenterology,  
Hepatology and Nutrition  
Children's Hospital of Philadelphia  
University of Pennsylvania School of Medicine*

### **Sally Schwartz, RD, CSP**

*Registered Dietitian  
Ann and Robert H. Lurie  
Children's Hospital of Chicago*

### **David Suskind, MD**

*Professor of Pediatrics  
Division of Gastroenterology,  
Hepatology and Nutrition  
Seattle Children's Hospital  
University of Washington*

**13th Advances in Pediatric Nutrition**

Novmeber 12-13, 2018

**TO REGISTER: Online:**

<https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=12862>

**By fax:** (866) 510-7088 **By phone:** (410) 502-9636

Or mail this form to the Johns Hopkins University, Office of Continuing Medical Education, 720 Rutland Avenue, Room 20, Baltimore, Maryland 21205-2195. Include credit card information below.

FULL PAYMENT IS REQUIRED PRIOR TO THE START OF ACTIVITY.

I am a Johns Hopkins speaker for this activity.

Please type or print clearly:

last name		first name		m.i.	
highest degree	primary specialty		Hopkins Faculty/Staff Only - JHED ID:		
For Physicians Only - NPI 10 Digit #		State License #		State of License	
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I wish to receive e-mail notices about upcoming CME activities.

I plan to stay at the Hyatt Regency Baltimore.

What do you hope to learn by attending this activity? \_\_\_\_\_

Please notify us if you have any special needs. \_\_\_\_\_

**Reception:** Monday, November 12, 2018 • 6:30 – 9:30 p.m.

I will attend.  I will have a guest.

**Registration Fees:**

- Physicians..... \$350
- Residents\*/Fellows\*/Nurses/PAs/NPs/Dietitians/  
Other Allied Health Professionals (*\*with verification of status*) ..... \$275
- Syllabus..... \$35
- Reception Guest..... \$35

The registration fee includes instructional materials and food and beverage. For registrations received after 5:00 p.m. ET on November 6, 2018, include a \$50 late fee. On-site registrations are payable only by credit card.

Total amount \$ \_\_\_\_\_.

**Payment Type:**

**JHU Faculty/Staff Only:** If you are using your Tuition Remission Benefit or an ION budget, please upload your fully completed and approved form in the payment section of the activity link above.

**TR Form:** <http://benefits.jhu.edu/documents/trffacandstaff.pdf>

**ION Form:** <http://hopkinscme.edu/migration/IonRequest.pdf>

**e-Check:**

Routing Number: \_\_\_\_\_ Account Number: \_\_\_\_\_

**Credit Card:**  VISA  MASTERCARD  DISCOVER  AMEX

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**Office of Continuing Medical Education**  
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**CloudCME**

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**DATED MATERIAL**

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