



JOHNS HOPKINS
M E D I C I N E

Office of Continuing Medical Education
Johns Hopkins University School of Medicine
Turner 20, 720 Rutland Avenue
Baltimore, Maryland 21205-2195

32nd Annual
PEDIATRICS FOR THE PRACTITIONER
UPDATE 2017

October 30 - 31, 2017

DATED MATERIAL



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HopkinsCME

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CONTINUING MEDICAL EDUCATION

PEDIATRICS
FOR THE
PRACTITIONER
Update 2017



OCTOBER 30-31, 2017

Johns Hopkins University School of Medicine
Thomas B. Turner Building
Baltimore, Maryland

Presented by
Johns Hopkins University School of Medicine
Division of General Pediatrics and Adolescent Medicine
Johns Hopkins Children's Center

Jointly Provided by the Maryland Chapter,
American Academy of Pediatrics

This activity has been approved for *AMA PRA Category 1 Credits*™.



JOHNS HOPKINS
MEDICINE

DESCRIPTION

This course is designed to address recent changes in clinical practice, compliance with new immunization recommendations and to provide an update on a number of management issues and relevant topics to keep pediatricians, family practitioners and other health care providers, up to date on cutting-edge advances in the field of child health.

Some of the topics to be covered include optimal management of sleep problems, hypertension, concussions, food allergies, substance abuse, dermatology issues, media use in childhood, management of anxiety and depression, adolescent gynecology and the management of children with minor trauma and sports injuries; along with recent AAP guidelines and an immunization update.

At workshops, participants will be able to focus on specific clinical areas, including care of children with medical complexity, cardiac auscultation, breast feeding, radiology ordering, vaccine refusal and common eye problems. These sessions will provide ample opportunities for registrants to interact with the faculty.

WHO SHOULD ATTEND

This activity is intended for pediatricians, family practitioners, nurse practitioners and physician assistants involved in providing primary care for infants, children and adolescents.

OBJECTIVES

After attending this activity, the participant will demonstrate the ability to:

- ❖ Recommend appropriate methods of contraception to teenage patients.
- ❖ List and implement current vaccine guidelines.
- ❖ Recognize the sensitive healthcare needs of LGBT patients.
- ❖ Prescribe appropriate medications for patients with anxiety and depression.
- ❖ Manage minor sports injuries, including when to refer.
- ❖ Incorporate recent pediatric guidelines from the American Academy of Pediatrics into office practice.
- ❖ Discuss strategies to deal with families who refuse recommended vaccines.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Johns Hopkins University School of Medicine and the Maryland Chapter, American Academy of Pediatrics. The Johns Hopkins University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.



CREDIT DESIGNATION STATEMENT

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 12.75 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

OTHER CREDITS

Application for CME credit has been filed with the **American Academy of Family Physicians (AAFP)**. Determination of credit is pending.

American Nurses Credentialing Center (ANCC) accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME.

American Academy of Nurse Practitioners National Certification Program (AANPNC) accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME.

American Academy of Physician Assistants (AAPA) accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit*[™] from organizations accredited by ACCME. Physician assistants may receive a maximum of 12.75 AAPA Category 1 CME credits for completing this program.

This program is pending approval by the **National Association of Pediatric Nurse Practitioners (NAPNAP)** for 12.75 NAPNAP contact hours, of which 2.25 are pharmacology (Rx) content.

Maryland Board of Pharmacy credit is pending approval.

POLICY ON SPEAKER AND PROVIDER DISCLOSURE

It is the policy of the Johns Hopkins University School of Medicine that the speaker and provider globally disclose conflicts of interest. The Johns Hopkins University School of Medicine OCME has established policies in place that will identify and resolve all conflicts of interest prior to this educational activity. Detailed disclosure will be made in the instructional materials.

GENERAL INFORMATION

REGISTRATION

October 30, 2017 • 7:45-8:15 a.m.

LOCATION

Thomas B. Turner Building

Johns Hopkins University School of Medicine
720 Rutland Avenue
Baltimore, Maryland 21205

The Turner Building is located on Rutland Avenue at Monument Street. Directions and campus parking information are available on our website under the Contact Us tab at <https://HopkinsCME.cloud-cme.com>. Handicapped parking is available in the nearby Rutland Garage. Complimentary round-trip transportation for attendees staying at conference headquarters hotel will be provided. **Johns Hopkins is smoke-free.**

Complimentary parking stickers will be distributed on-site; be sure to bring your parking ticket with you.

FEES

REGISTRATION CUT-OFF DATE: October 24, 2017

Methods of Payment: We require full payment prior to the start of the activity. On-site payments by credit card only. The registration fee includes continental breakfasts, refreshment breaks and lunches.

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|--|-------|
| Physicians | \$425 |
| Residents*/Fellows*/Nurses/NPs/PAs/ Allied Health Professionals | \$325 |
| *with verification of status | |
| Printed Syllabus. | \$35 |
| NAPNAP Credit | \$18 |

You will receive a confirmation by e-mail. If you have not received it by **October 24, 2017**, call (410) 502-9634 to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses. Additionally, we reserve the right to change the venue to a comparable venue. Under such circumstances registrants will be notified as soon as possible.

LATE FEE AND REFUND POLICY

A \$50 late fee applies to registrations received after 5:00 p.m. ET on October 24, 2017. A handling fee of \$50 will be deducted for cancellation. An additional fee may apply for cancellation of other events, including workshops and social activities. Refund requests must be received by fax or mail by October 24, 2017. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

SYLLABUS

All registrants will receive a flash drive with the slides and paper for note-taking. This is included in the cost of your registration. A link to the syllabus will be provided via email shortly before the activity begins if you prefer to study or print the syllabus. A printed copy may be ordered at the time of registration for an additional fee of \$35. The printed copy will be provided during activity registration. Cancellations or refunds for the printed copy will not be permitted.

HOTEL INFORMATION

Hyatt Place Baltimore / Inner Harbor

511 South Central Avenue
Baltimore, Maryland 21202

(410) 558-1840
FAX: (410) 558-1831

HOTEL RESERVATION CUT-OFF DATE: September 29, 2017

A limited block of sleeping rooms has been reserved for your convenience and will be available on a first come, first served basis.

Hyatt Place Baltimore/Inner Harbor offers a refreshing blend of style and innovation in a neighborhood alive with cultural attractions, shopping and amazing local restaurants. It is located close to everything you want to do, including museums, shops, restaurants and more.

Make your reservation online at <https://baltimoreinnerharbor.place.hyatt.com/bwizhppgr2017.html> or call the hotel directly and specify that you are attending the Johns Hopkins Pediatrics for the Practitioner 2017 to receive the special group rate of \$195, single or double, plus tax. Complimentary roundtrip private shuttle transportation will be provided.

Homewood Suites by Hilton

625 South President Street
Baltimore, Maryland 21202

(410) 234-0990
FAX: (443) 392-9020

HOTEL RESERVATION CUT-OFF DATE: September 29, 2017

A limited block of sleeping rooms has been reserved for your convenience and will be available on a first come, first served basis.

Make your reservation online at <http://group.homewood-suites.com/pediatricsforthepractioner> or call the hotel directly and specify that you are attending the Johns Hopkins Pediatrics for the Practitioner 2017 to receive the special group rate of \$179 for a studio king, plus tax. Complimentary taxi vouchers will be provided.

EVALUATION AND OUTCOMES SURVEY

Post activity, an online evaluation form will be available to attendees to evaluate the activity and individual presentations and identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print.

A survey will be sent to all physician attendees within three months post activity to assist us in determining what impact this activity had on the learner's practice.

EMERGENCY CALLS

On October 30-31, 2017, direct emergency calls to the Hopkins registration desk, (410) 955-3673. Messages will be posted for participants.

AMERICANS WITH DISABILITIES ACT

The Johns Hopkins University School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. *Please notify us if you have any special needs.*

TO REGISTER *or* FOR FURTHER INFORMATION

Register Online .. <https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=10618>
Register by Phone (410) 502-9634
Register by Fax (866) 510-7088
Confirmation / Certificates / Transcripts (410) 502-9634
General Information (410) 955-2959
E-mail the Office of CME cmenet@jhmi.edu
Follow us on Twitter: <http://twitter.com/HopkinsCME>

Facebook: <http://www.facebook.com/HopkinsCME>

For general information, the direct link for this CME activity web page is:
<https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=10618>

NEW! Check out our mobile app CloudCME.



Organization Code: **HopkinsCME**

For website and CloudCME mobile app technical difficulties, email: cmtechsupport@jhmi.edu

PROGRAM

MONDAY, OCTOBER 30, 2017

- 7:45 - 8:15 Registration and Continental Breakfast
8:15 - 8:20 **Welcome and Conference Goals**
Beryl Rosenstein, MD

SESSION I

Moderator: Beryl Rosenstein, MD

- 8:20 - 9:00 **Adolescent Gynecology**
Maria Trent, MD, MPH
9:00 - 9:40 **AAP Guidelines**
Diana Fertsch, MD, PhD
9:40 - 10:00 Refreshment Break
10:00 - 10:40 **Psychopharmacology, Anxiety and Depression Disorders**
Robert Findling, MD, MBA
10:40 - 11:20 **Sleep Problems in Teenagers**
Laura Sterni, MD
11:20 - 12:00 **Media Use in Childhood**
Barbara Howard, MD
12:00 - 12:45 Lunch

SESSION II – WORKSHOPS

- 12:45 - 2:15 *Please select one workshop choice on the Meeting Registration Form.*
- A2. **Behavior Topics**
Barbara Howard, MD
 - B2. **Cardiac Evaluation**
W. Reid Thompson, MD
 - C2. **Sports Medicine**
Edward McFarland, MD
 - D2. **Dermatology Potpourri**
Bernard Cohen, MD
 - E2. **Bone Health and Vitamin D**
Janet Crane, MD
 - F2. **Children with Medical Complexities**
Virginia Keane, MD
 - G2. **LGBT Healthcare**
Errol Fields, MD, MPH, PhD
 - H2. **Headache**
Christopher Oakley, MD
- 2:15 - 2:30 Refreshment Break

This schedule is subject to change.

The Johns Hopkins University School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity.

SESSION III – WORKSHOPS

- 2:30 - 4:00 *Please select one workshop choice on the Meeting Registration Form.*
- A3. Dermatology Potpourri**
Katherine Puttgen, MD
 - B3. Cardiac Evaluation**
W. Reid Thompson, MD
 - C3. Bone Health and Vitamin D**
Janet Crane, MD
 - D3. Sports Medicine**
Edward McFarland, MD
 - E3. Children with Medical Complexities**
Virginia Keane, MD
 - F3. LGBT Healthcare**
Errol Fields, MD, MPH, PhD
 - G3. Antibiotics/MRSA**
Aaron Milstone, MD
 - H3. Hypertension**
Tammy Brady, MD
- 4:00 Adjourn
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TUESDAY, OCTOBER 31, 2017

- 7:50 - 8:20 Continental Breakfast

SESSION IV

Moderator: Arlene Butz, ScD, MSN, CPNP

- 8:20 - 9:00 **Common Sports Injuries**
Teri McCambridge, MD
- 9:00 - 9:40 **ADHD**
Mary Leppert, MB, BCh, BAO
- 9:40 - 10:00 Refreshment Break
- 10:00 - 10:40 **Best Articles of the Year**
Michael Burke, MD
- 10:40 - 11:20 **Substance Use/Substance Use Disorders**
Hoover Adger, MD, MPH
- 11:20 - 12:00 **Immunization Update**
Neal Halsey, MD
- 12:00 - 12:45 Lunch

SESSION V – WORKSHOPS

- 12:45 - 2:15 *Please select one workshop choice on the Meeting Registration Form.*
- A5. Common Eye Problems**
Courtney Kraus, MD
 - B5. Management of Concussions**
Stacy Suskauer, MD
 - C5. Radiology Ordering**
Melissa Spevak, MD
 - D5. Food Allergy**
Corinne Keet, MD, MS, PhD
 - E5. Management of Minor Trauma**
Jean Ogborn, MD
 - F5. Vaccine Refusal**
Neal Halsey, MD and Daniel Salmon, PhD, MPH
 - G5. Asthma**
Mandeep Jassal, MD, MPH
 - H5. Getting Teens Ready for College**
Alain Joffe, MD
- 2:15 - 2:30 Refreshment Break

SESSION VI – WORKSHOPS

- 2:30 - 4:00 *Please select one workshop choice on the Meeting Registration Form.*
- A6. Common Eye Problems**
Courtney Kraus, MD
 - B6. Management of Concussions**
Stacy Suskauer, MD
 - C6. Radiology Ordering**
Melissa Spevak, MD
 - D6. Asthma**
Mandeep Jassal, MD, MPH
 - E6. Management of Minor Trauma**
Jean Ogborn, MD
 - F6. Getting Teens Ready for College**
Alain Joffe, MD
 - G6. Breast Feeding**
Joanne Flagg, DNP, CRNP, IBCLC, FAAN,
Julie Murphy, RN, BSN IBCLC and
Deborah Busch, DNP, MSN, RN, CPNP-PC, IBCLC
 - H6. Medication Safety**
Meghan Rowcliffe, PharmD
- 4:00 Adjourn

You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance. The registration desk will remain open during conference hours.

SPEAKERS

ACTIVITY DIRECTOR

Beryl Rosenstein, MD

Professor of Pediatrics
Johns Hopkins University School of Medicine

ACTIVITY CO-DIRECTORS

Hoover Adger, MD, MPH

Professor of Pediatrics

Arlene Butz, ScD, MSN, CPNP

Professor of Pediatrics

Janet Serwint, MD

Professor of Pediatrics

GUEST SPEAKERS

Teri McCambridge, MD

Assistant Professor of Pediatrics
University of Maryland School of Medicine
Baltimore, Maryland

Virginia Keane, MD

Associate Professor of Pediatrics
University of Maryland School of Medicine
Baltimore, Maryland

JOHNS HOPKINS SPEAKERS

Tammy Brady, MD

Assistant Professor of Pediatrics

Michael Burke, MD

Associate Professor of Pediatrics

**Deborah Busch, DNP, MSN, RN,
CPNP-PC, IBCLC**

Assistant Professor of Nursing

Bernard Cohen, MD

Professor of Dermatology and Pediatrics

Janet Crane, MD

Assistant Professor of Pediatrics

Diana Fertsch, MD, PhD

Instructor in Pediatrics

Errol Fields, MD, MPH, PhD

Assistant Professor of Pediatrics

Robert Findling, MD, MBA

Professor of Psychiatry and
Behavioral Sciences

**Joanne Flagg, DNP, CRNP,
IBCLC, FAAN**

Assistant Professor of Nursing

Neal Halsey, MD

Professor of Pediatrics

Barbara Howard, MD

Assistant Professor of Pediatrics

Mandeep Jassal, MD, MPH

Assistant Professor of Pediatrics

Alain Joffe, MD

Associate Professor of Pediatrics

Corinne Keet, MD, MS, PhD

Associate Professor of Pediatrics



PEDIATRICS
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Courtney Kraus, MD

Assistant Professor of Pediatric
Ophthalmology

Mary Leppert, MB, BCH, BAO

Assistant Professor of Pediatrics

Edward McFarland, MD

Professor of Orthopaedic Surgery

Aaron Milstone, MD

Associate Professor of Pediatrics

Julie Murphy, RN, BSN, IBCLC

Pediatric Specialty Nurse

Christopher Oakley, MD

Assistant Professor of Neurology

Jean Ogborn, MD

Assistant Professor of Pediatrics

Katherine Puttgen, MD

Assistant Professor of Pediatrics
and Dermatology

Meghan Rowcliffe, PharmD

Medication Safety Officer

Daniel Salmon, PhD, MPH

Associate Professor of Epidemiology

Melissa Spevak, MD

Assistant Professor of Pediatric Radiology

Laura Sterni, MD

Associate Professor of Pediatrics

Stacy Suskauer, MD

Associate Professor of Pediatrics

W. Reid Thompson, MD

Assistant Professor of Pediatrics

Maria Trent, MD, MPH

Professor of Pediatrics

