



JOHNS HOPKINS
M E D I C I N E

Office of Continuing Medical Education
Johns Hopkins University School of Medicine
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Fifth Annual
Mastering Children's
Orthopaedics:
Sports Medicine

October 21, 2017 • Baltimore, Maryland



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Organization Code: **HopkinsCME**
<https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=10207>

DATED MATERIAL

CONTINUING MEDICAL EDUCATION

Johns Hopkins University
School of Medicine
Department of Orthopaedic Surgery
presents

Fifth Annual

Mastering

Children's

Orthopaedics:

Sports

Medicine

This activity has been approved for *AMA PRA Category 1 Credits™*.

Saturday, October 21, 2017
Chevy Chase Bank Conference Center
The Sheikh Zayed Tower
The Johns Hopkins Hospital
Baltimore, Maryland



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DESCRIPTION

This one day course will address common pediatric musculoskeletal conditions, with a specific focus on sports medicine. This course will provide a forum to discuss office management and referral criteria in order to enhance the care of pediatric patients locally. Small group educational sessions will be offered to address the educational need of the target audience.

WHO SHOULD ATTEND

This activity is intended for pediatricians, family practitioners, orthopaedic surgeons, nurse practitioners, physician assistants, physical therapists, nurses, certified medical assistants, orthopaedic fellows and residents.

OBJECTIVES

After attending this activity, the participant will demonstrate the ability to:

- Identify spinal injuries related to sports activities.
- Identify when it is appropriate to order an MRI for a sports injury.
- Recognize the clinical presentation and treatment options for lower extremity injuries related to sports activities.
- Identify radiologic findings of common lower extremity pediatric musculoskeletal pathology.
- Recognize the role of a pediatric physical therapist in managing anterior knee pain in children and adolescents.
- Recognize the uses of DME and/or braces in the treatment of sports injuries.
- Identify injury prevention techniques for performing arts patients.

Accreditation Statement

The Johns Hopkins University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



Credit Designation Statement

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Credits

American Nurses Credentialing Center (ANCC) accepts AMA PRA Category 1 Credit™ from organizations accredited by the ACCME.

American Academy of Physician Assistants (AAPA) accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME. Physician assistants may receive a maximum of 6.25 AAPA Category 1 CME credits for completing this program.

American Academy of Nurse Practitioners National Certification Program accepts AMA PRA Category 1 Credit™ from organizations accredited by the ACCME.

The Johns Hopkins University has approved this activity for **6.25 contact hours for non-physicians**.

Policy on Speaker and Provider Disclosure

It is the policy of the Johns Hopkins University School of Medicine that the speaker and provider globally disclose conflicts of interest. The Johns Hopkins University School of Medicine OCME has established policies in place that will identify and resolve all conflicts of interest prior to this educational activity. Detailed disclosure will be made in the instructional materials.

PROGRAM

7:15 – 7:50	Registration and Continental Breakfast
7:50 – 8:00	Introduction and Conference Goals Paul Sponseller, MD, MBA
8:00 – 8:30	Spinal Injuries in Sports Paul Sponseller, MD, MBA
8:30 – 9:00	Lower Extremity Injuries in Sports Rushyuan Lee, MD
9:00 – 9:30	When Should I Order an MRI for a Sports Injury and Which Findings Indicate a Need for Surgery? John Tis, MD
9:30 – 10:00	Difficult Cases Seen in the Pediatric Office Amy Valasek, MD, MSc
10:00 – 10:30	Refreshment Break
10:30 – 11:00	Sports Injuries in Disabled Children Ranjit Varghese, MD
11:00 – 11:30	Rehabilitation of the Pediatric Athlete/ Performing Artist Andrea Lasner, MSPT
11:30 – 12:30	Lunch and Tour of Bloomberg Children's Center Workshops (<i>participants will divide into 3 groups and rotate to all 3 workshops</i>)
12:30 – 1:30	Lower Extremity Exam Kristen Venuti, CRNP and Melissa Fought, CRNP
1:30 – 2:30	DME and Bracing for Sports Injuries Karen Wille, PA-C and Mary Yost, CRNP
2:30 – 3:30	10 Effective Exercises and Stretches to Show Your Patients for Anterior Knee Pain John Dale, PT, DPT, ATC, SCS
3:30	Adjourn

You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance.

The registration desk will remain open during conference hours.

The Johns Hopkins University School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity.

This schedule is subject to change.

GENERAL INFORMATION

Registration

October 21, 2017 • 7:15a.m. - 7:50 a.m.

Location

Chevy Chase Bank Conference Center

The Sheikh Zayed Tower
The Johns Hopkins Hospital
1800 Orleans Street, Main Level
Baltimore, Maryland 21287

The Sheikh Zayed Tower is located on Orleans Street between Broadway and Wolfe Streets. Directions and campus parking information are available on our website under the Contact Us tab at <https://HopkinsCME.cloud-cme.com>. The closest garage is the Orleans Street Garage, which is located on Orleans Street (Route 40) between Wolfe Street and Broadway. Handicapped parking is also available in the McElderry Street Garage. *Johns Hopkins is smoke free.*

Complimentary parking is available in the Washington Street Garage.

Fees

REGISTRATION CUT-OFF DATE: October 15, 2017

Methods of Payment: We require full payment prior to the start of the activity. On-site payments by credit card only. The registration fee includes instructional materials, continental breakfast, refreshment break and lunch.

Physicians \$125
Residents*/Fellows*/Nurses/NPs/PAs/PTs/Allied Health Professionals \$50
*with verification of status

You will receive a confirmation by e-mail. If you have not received it by October 15, 2017, call (410) 502-9634 to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses. Additionally, we reserve the right to change the venue to a comparable venue. Under such circumstances registrants will be notified as soon as possible.

Late Fee and Refund Policy

A \$50 late fee applies to registrations received after 5:00 p.m. ET on October 15, 2017. A handling fee of \$50 will be deducted for cancellation. An additional fee may apply for cancellation of other events, including workshops and social activities. Refund requests must be received by fax or mail by October 15, 2017. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

Evaluation and Outcomes Survey

Post activity, an online evaluation form will be available to attendees to evaluate the activity and individual presentations and identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print.

A survey will be sent to all physician attendees within three months post activity to assist us in determining what impact this activity had on the learner's practice.

Emergency Calls

On October 21, 2017, direct emergency calls to the Hopkins registration desk, (443) 287-5426. Messages will be posted for participants.

Americans with Disabilities Act

The Johns Hopkins University School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. *Please notify us if you have any special needs.*

To Register or For Further Information

Register Online

<https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=10207>

Register by Phone (410) 502-9634

Register by Fax (866) 510-7088

Confirmation/Certificates/Transcripts (410) 502-9634

General Information (410) 955-2959

E-mail the Office of CME cmenet@jhmi.edu

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Facebook: <http://www.facebook.com/HopkinsCME>



NEW! Check out our mobile app CloudCME.

Organization Code: **HopkinsCME**

For website and CloudCME mobile app technical difficulties, email: cmetechsupport@jhmi.edu

For general information, please visit the activity webpage at <https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=10207>

ACKNOWLEDGEMENT

Applications for commercial support from health care related industries are pending. A complete list of contributors will be provided in the syllabus. Please note that commercial support received is solely for the educational component of the activity and will not be used to provide food and beverage.

Please note: The Physician Payments Sunshine Act was enacted by Congress to increase public awareness of financial relationships between drug and medical device manufacturers and physicians. In compliance with the requirements of this Act, the commercial supporter/s of this activity may require the Johns Hopkins University School of Medicine to report certain professional information (such as name, address, National Provider Identifier (NPI), and State License number) of physician attendees who receive complimentary food and beverage in conjunction with a CME activity. The commercial supporter is required to submit the collected data to the Centers for Medicare and Medicaid Services which will then publish the data on its website.

THE JOHNS HOPKINS HOSPITAL

Fifth Annual Mastering Children's Orthopaedics: Sports Medicine

SPEAKERS

Course Director

Paul Sponseller, MD, MBA

*Professor and Chief
Division of Pediatric Orthopaedic Surgery*

Johns Hopkins Speakers

John Dale, PT, DPT, ATC, SCS

Sports Residency Coordinator

Melissa Fought, CRNP

Nurse Practitioner

Andrea Lasner, MSPT

Performing Arts Program Coordinator

Rushyuan Lee, MD

Assistant Professor of Orthopaedic Surgery

John Tis, MD

Assistant Professor of Orthopaedic Surgery

Ranjit Varghese, MD

Assistant Professor of Orthopaedic Surgery

Kristen Venuti, CRNP

Nurse Practitioner

Karen Wille, PA-C

Physician Assistant

Mary Yost, CRNP

Nurse Practitioner

Guest Speaker

Amy Valasek, MD, MSc

*Assistant Clinical Professor
Department of Pediatrics
Sports Medicine
Nationwide Children's Hospital
The Ohio State University College of Medicine
Columbus, Ohio*

REGISTRATION FORM

Course Number 80043035/10207

Fifth Annual Mastering Children's Orthopaedics: Sports Medicine

October 21, 2017

To Register: Online: <https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=10207>

Fax: (866) 510-7088 **Phone:** (410) 502-9634

Or mail this form to the Johns Hopkins University, Office of Continuing Medical Education, 720 Rutland Avenue, Turner Room 20, Baltimore, Maryland 21205-2195
Include e-check or credit card information below.

FULL PAYMENT IS REQUIRED PRIOR TO THE START OF ACTIVITY.

I am a Johns Hopkins speaker for this activity.

Please type or print clearly:

last name		first name		m.i.
highest degree	primary specialty		Hopkins faculty/staff only - JHED ID	
For Physicians Only:	NPI - 10 digits	State License #	State of License	
mailing address				
city		state	ZIP	country
daytime telephone		fax number		
e-mail (required)				

Check here if you wish to receive e-mail notices about upcoming CME activities.
What do you hope to learn by attending this activity?

Please notify us if you have any special needs. _____

I would like to register for the Bloomberg Children's Center Tour.

Syllabus (Choose ONE): I would like a flash drive. I would like a binder.

Registration Fees:

- Physicians \$125
 Residents*/Fellows*/Nurses/NPs/PAs/PTs/Allied Health Professionals \$50
 *with verification of status

The registration fee includes instructional materials and food and beverage. For registrations received after 5:00 p.m. ET on **October 15, 2017** include a \$50 late fee. On-site registrations are payable only by credit card.

Total amount \$ _____

Payment Type:

JHU Faculty/Staff Only: If you are using your Tuition Remission Benefit or an ION budget, please upload your fully completed and approved form in the payment section of the online activity link above.

TR Form: <http://benefits.jhu.edu/documents/trffacandstaff.pdf>

ION Form: <http://hopkinscme.edu/migration/IonRequest.pdf>

eCheck: Routing Number _____ Account Number _____

Credit Card: VISA MASTERCARD DISCOVER AMEX

Card # _____ - _____ - _____ - _____ Exp. Date _____

Billing Zip Code _____ Security Code _____

Name on Card

Signature and Date