



**JOHNS HOPKINS**  
M E D I C I N E

Office of Continuing Medical Education  
720 Rutland Avenue / Turner 20  
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Johns Hopkins Division of Geriatric Medicine and Gerontology  
presents

Edmund G. Beacham  
45th Annual

# Current Topics in Geriatrics



Thursday – Saturday • February 8-10, 2018  
Baltimore Marriott Inner Harbor at Camden Yards  
Baltimore, Maryland



<https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=10174>



NEW! Check out our mobile app CloudCME.  
Organization Code: HopkinsCME

Dr. Beacham's vision when he developed the course in 1972 was to provide scientifically-based practical, clinical talks focused on improving the health care of individual seniors. It is in that spirit and in his memory that we dedicate the Annual Current Topics in Geriatrics. In his 93 years he trained and mentored many and this is their opportunity to share his vision by participating in the course.

This activity has been approved for **AMA PRA Category 1 Credits™**.

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**Baltimore Marriott Inner Harbor at Camden Yards**  
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# Edmund G. Beacham 45th Annual Current Topics in Geriatrics



CONTINUING MEDICAL EDUCATION

## Description

The aging of the American population is well known and significantly impacts many aspects of health care needs and delivery. Most physicians have received very little or no formal geriatrics training, despite this growing trend in the number of elderly patients they care for. Surveys demonstrate that physicians commonly report discomfort and dissatisfaction with providing care to the elderly. Further, studies evaluating standard quality indicators for the care of the vulnerable elderly show quite poor quality of care. Elderly patients with multiple co-morbidities report high rates of dissatisfaction with their health care.

This activity is designed to provide practical information to clinicians and healthcare professionals who care for elderly patients. It will improve knowledge about diseases and syndromes common in the elderly and offer practical and effective guides to their management.

## Objectives

- After attending this activity, the participant will demonstrate the ability to:
  - Recognize common geriatric syndromes and initiate treatment for these syndromes.
  - Identify approaches to and limits of management of specific disease of organ systems that are common in the elderly, e.g. diabetes, congestive heart failure and Alzheimer's Disease.
  - Describe important research developments that influence the clinical care of geriatric patients.
  - Describe the dynamic nature of current support of primary care practice for seniors and the opportunities to improve quality of care.

## Accreditation Statement

The Johns Hopkins University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



## Credit Designation Statement

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 18.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Nursing Credit

**American Nurses Credentialing Center (ANCC)** accepts *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME.

**American Association of Nurse Practitioners** participant completion information to ACCME for the purpose of granting *ABIM MOC* credit.

## Other Credit

**American Academy of Family Physicians** Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

## MOC Statement

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit the CME activity completion information to ACCME for the purpose of granting *ABIM MOC* credit.



## Maryland Board of Pharmacy credit is pending.

Physician assistants may receive a maximum of 18.25 hours of Category 1 credit for completing this program.

## American Academy of Physician Assistants

(AAPA) accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME. Physician assistants may receive a maximum of 18.25 hours of Category 1 credit for completing this program.

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## Activity Directors

**Jessica Colburn, MD**  
Assistant Professor of Medicine  
Director, Johns Hopkins Geriatrics  
Workforce Enhancement Program

## Planning Committee

**Nicole Brandt, PharmD, MBA,**  
**BCPP, CGP, FASCP**  
University of Maryland School of Pharmacy  
Professor of Pharmacy Practice and Science

**Danelle Cayea, MD, MS**  
Associate Professor of Medicine

**Colleen Christmas, MD**  
Associate Professor of Medicine

## Johns Hopkins Speakers

**Melinda Abernethy, MD**  
Associate Professor of Obstetrics and Gynecology

**Yuri Agrawal, MD**  
Associate Professor of Otolaryngology – Head and Neck Surgery

**Alicia Arbage, MD, MPH**  
Associate Professor of Medicine

**Michelle Bellantoni, MD**  
Associate Professor of Medicine

**Gregory Kent Bergey, MD**  
Professor of Neurology

**Ilene Browner, MD**  
Instructor of Oncology

**Megan Burke, MD**  
Geriatrics Fellow

**Joseph Carrese, MD, MPH**  
Professor of Medicine

**Seun Falade-Nwulia, MBBS, MPH**  
Associate Professor of Medicine

**Michael Fingerhoo, MD**  
Associate Professor of Medicine

**Thomas Finucane, MD**  
Professor of Medicine

## John Burton, MD

Activity Director Emeritus  
Professor of Medicine  
Co-Director, Johns Hopkins Geriatrics  
Workforce Enhancement Program

## Jessica Colburn, MD

Assistant Professor of Medicine  
Hopkins Elder Plus

## Danelle Doberman, MD, MPH

Clinical Associate

## Mala Holden, CRNP

Hopkins Elder Plus  
Research Fellow

## Stephanie Northle, MD

Associate Professor of Medicine and Gerontology

## Guest Speakers

**Nicole Brandt, PharmD, MBA,**  
**BCPP, CGP, FASCP**  
University of Maryland School of Pharmacy  
Professor of Pharmacy Practice and Science

**Johann Coleman, DNP, ANP, ACPNP, AOCNP**  
Clinical Program Director  
Signal Center for Geriatric Surgery

**Reba Corman, MSW**  
Director, Geriatrics and Gerontology  
Education and Research

**Junell Daniels**  
Education Coordinator  
Alzheimer's Association

**K. Eric DeJonge, MD**  
Assistant Professor of Medicine  
Director of Geriatric, Medstar  
Washington Hospital Center  
Washington, DC

**Ellen Franklin, Attorney**  
Baltimore County Office of Law  
Department of Social Services

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Program

Thursday, February 8, 2018

SPECIAL BREAKFAST SYMPOSIUM:

Sponsored by the Johns Hopkins Geriatric Workforce Enhancement Program on Dementia.

There is no additional fee to attend, however, registration is limited for this session.

Table with time slots (7:00-9:30, 9:00-10:00, etc.) and topics (Registration and Breakfast, The Journey of Dementia, Welcome and Conference Overview, etc.)

3:20 - 3:35
3:35 - 4:35

Refreshment Break

CLINICAL CASE SESSIONS 2

- A. Hearing and Vision: Impact on Older Adults
B. Psychotropic Meds - What You Should Know
C. Elder Abuse
D. To Screen or Not to Screen
E. Dizziness
F. Epilepsy and Older Adults
G. Movement Disorders

12:10 - 1:30
1:30 - 2:30
2:30 - 2:45
2:45 - 3:15
3:15 - 3:45
3:45 - 4:05
4:05 - 5:05

- F. Reducing the Anticholinergic Burden - One Drug at a Time
G. Medical Marijuana - What's the Evidence?

Lunch on your own

BEACHAM LECTURE: Geriatric Surgery - Making Tough Decisions

Refreshment Break

Those Achy Joints

Top Five Journal Articles

Panel Discussion

The Goal of Heart Failure Management in Older, Frail Adults: A Lot of Heart Without Much Failure

Friday, February 9, 2018

7:30 - 8:00
8:00 - 8:30
8:30 - 9:00
9:00 - 9:30
9:30 - 9:50
9:50 - 10:05
10:05 - 11:05
11:05 - 11:10

Continental Breakfast

What's New in Geriatric Oncology

Immune Therapy - What That Means to our Older Patients

New Insights from the Field of Hospice and Palliative

Panel Discussion

Refreshment Break

CLINICAL CASE SESSIONS 3 Cases Involving Screening, Deprescribing and Advance Care Planning

Move to Next Clinical Case Session

CLINICAL CASE SESSIONS 4

Evidence-Based Care of LGBT Older Adults

GYN Issues in the Older Woman

Transitions to Post-Acute Care: What We Need to Know

Up, Down, All Around - Functional Clues

Medicare Annual Wellness Visits

Saturday, February 10, 2018

7:30 - 8:00
8:00 - 8:30
8:30 - 9:00
9:00 - 9:30
9:30 - 9:50
9:50 - 10:05
10:05 - 10:35
10:35 - 11:05
11:05 - 11:35
11:35 - 11:55
12:00 noon

Continental Breakfast

Medication Safety

Falls in Older Adults

Update on Bone Health

Panel Discussion

Refreshment Break

Probiotics Stewardship

Bridging the Gaps: Understanding and Improving Older Adults' Care Transitions Across Healthcare Settings

Assessing GAIT and Function

Panel Discussion

Adjourn - You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance.

The registration desk will remain open during conference hours.

The Johns Hopkins University School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity. This schedule is subject to change.

General Information

Registration: February 8, 2018

Special Breakfast Session 7:00 a.m.
Annual Topics Course 9:00 a.m.

Location

Baltimore Marriott Inner Harbor at Camden Yards
(800) 228-9290
110 South Eutaw Street (410) 962-0202
Baltimore, Maryland 21201 FAX: (410) 625-7892
Web Site: www.baltimoremarriottinnerharbor.com

Fees

Methods of Payment:

We require full payment prior to the start of the activity. On-site payments by credit card only. For registrations that must pay by one company check, please call (410) 955-2959 for special instructions.

Physicians \$550
Residents\*/Fellows\*/Nurses/Allied Health Professionals \$450
\*with verification of status

You will receive a confirmation by e-mail. If you have not received it by February 2, 2018, call (410) 502-9634 to confirm that you are registered.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses.

Late Fee and Refund Policy

A \$50 late fee applies to registrations received after 5:00 p.m. ET on February 2, 2018. A handling fee of \$50 will be deducted for cancellation.

Emergency Calls

During the days of this activity only, February 8 - 10, 2018, direct emergency calls to (410) 962-0202. Messages will be posted for participants.

Americans with Disabilities Act

The Johns Hopkins University School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof.

To Register or For Further Information

Register Online
https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=10174
Register by Phone (410) 502-9634
Register by Fax (866) 510-7088
Confirmation/Certificates/Transcripts (410) 502-9634
General Information (410) 955-2959
Follow us on Twitter: http://twitter.com/HopkinsCME

Syllabus

All registrants will receive a flash drive with the slides and paper for note-taking. This is included in the cost of your registration.

Hotel Reservation Cut-Off Date: January 17, 2018

The Baltimore Marriott Inner Harbor at Camden Yards hotel offers a convenient and central location in the heart of Baltimore. Located on the west side of the Inner Harbor, this contemporary hotel provides easy access to Baltimore's Inner Harbor and National Aquarium.

Evaluation and Outcomes Survey

Post activity, an online evaluation form will be available to attendees to evaluate the activity and individual presentations and identify future educational needs.

How to Obtain Credit

Post activity, an online evaluation will be available to attendees to evaluate the activity and individual presentations and to identify future educational needs.

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Facebook

http://www.facebook.com/HopkinsCME
For website and CloudCME mobile app technical difficulties, email: cmetechsupport@jhmi.edu

Sponsoring Department Website: http://www.hopkinsmedicine.org/geriatric\_medicine\_gerontology

For general information, the direct link for this CME activity web page is: https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=10174

Follow us on Twitter: http://twitter.com/HopkinsCME

Facebook: http://www.facebook.com/HopkinsCME

Registration Form

Course Number 80042923 / 10174

45th Annual Edmund G. Beacham Current Topics in Geriatrics February 8-10, 2018

To Register: Online: https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=10174
Fax: (866) 510-7088 Phone: (410) 502-9634

Or mail this form to the Johns Hopkins University, Office of Continuing Medical Education, 720 Rutland Avenue, Turner Room 20, Baltimore, Maryland 21205-2195. Include e-check or credit card information below

FULL PAYMENT REQUIRED PRIOR TO START OF ACTIVITY.

I am a Johns Hopkins speaker for this conference

Please type or print clearly:

Registration form fields: last name, first name, m.i., highest degree, primary specialty, Hopkins faculty/staff only, JHED ID, State License #, State of License, mailing address, city, state, ZIP, country, daytime telephone, fax number, e-mail (required)

Check here if you wish to receive e-mail notices about upcoming CME activities.
I plan to stay at the Baltimore Marriott Inner Harbor at Camden Yards in Baltimore, Maryland.

What do you hope to learn by attending this activity? \_\_\_\_\_

Please notify us if you have any special needs. \_\_\_\_\_

Registration Fees:

- Physicians \$550
Residents\*/Fellows\*/Nurses/Allied Health Professionals \$450
\*I plan to attend the Special Breakfast Symposium

The registration fee includes instructional materials, continental breakfast, refreshment breaks and two lunches. For registrations received after 5:00 p.m. EST on February 2, 2018, include a \$50 late fee. On-site registrations are payable only by credit card.

Clinical Case Sessions

Total amount \$ \_\_\_\_\_

Registrants will be assigned to one workshop per session. Please select three workshop choices in order of preference for each session - example: 1. C, 2. B, 3. A (refer to program list for topics).

Thursday, February 8, 2018

Session 1: 11:30 a.m. - 12:30 p.m. 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_
Session 2: 3:35p.m. - 4:35 p.m. 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Friday, February 9, 2018

Session 4: 11:10a.m. - 12:10 p.m. 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Payment Type:

JHU Faculty/Staff Only: If you are using your Tuition Remission Benefit or an ION budget, please upload your fully completed and approved form in the payment section of the online activity link above.

TR Form: http://benefits.jhu.edu/documents/trffacandstaff.pdf ION Form: http://hopkinscme.edu/migration/IonRequest.pdf

e-Check: Routing #: \_\_\_\_\_ Account #: \_\_\_\_\_

Credit Card: VISA MASTERCARD DISCOVER AMEX

Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Billing Zip Code \_\_\_\_\_ Security Code \_\_\_\_\_

Name on Card \_\_\_\_\_ Signature & Date \_\_\_\_\_

We wish to acknowledge the support of the Johns Hopkins Geriatric Workforce Enhancement Program.