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Third Annual

SERVICE MEMBERS AND VETERANS:

Chronic Pain, Its Treatment,
and Consequences in Active
Duty Military and Veterans

May 1, 2017
Baltimore, Maryland



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CONTINUING MEDICAL EDUCATION

JOHNS HOPKINS UNIVERSITY SCHOOL OF MEDICINE
DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES

Present

Third Annual

SERVICE MEMBERS AND VETERANS:

Chronic Pain, Its Treatment, and Consequences in Active Duty Military and Veterans

May 1, 2017

JOHNS HOPKINS UNIVERSITY
SCHOOL OF MEDICINE
THOMAS B. TURNER BUILDING
BALTIMORE, MARYLAND



Jointly provided by:



JOHNS HOPKINS
MEDICINE

DESCRIPTION

This one day activity will provide attendees an opportunity to review chronic pain issues, treatment methods and the consequences in active duty military and veterans. Leaders from Veterans Health Administration, Department of Defense and Johns Hopkins will provide lectures and discussions to improve the care of service members and veterans with chronic pain.

WHO SHOULD ATTEND

This activity is intended for psychiatrists, psychologists, primary care physicians, epidemiologists, nurse case managers, public health practitioners and researchers, advanced practice nurses, nurse researchers, policy makers, physician assistants, and physicians working in the Department of Defense and in the Veterans Health Administration.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Johns Hopkins University School of Medicine and VA Maryland Health Care System. The Johns Hopkins University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.



CREDIT DESIGNATION STATEMENT

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

OTHER CREDITS

American Academy of Nurse Practitioners National Certification Program accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME.

American Academy of Physician Assistants (AAPA) accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit*[™] from organizations accredited by ACCME. Physician assistants may receive a maximum of 6.5 AAPA Category 1 CME credits for completing this program.

The Johns Hopkins University School of Medicine is authorized by the **Maryland State Board of Examiners of Psychologists** as a provider of continuing education. The Johns Hopkins University School of Medicine maintains responsibility for this program. A certificate for 6.5 CEUs will be awarded upon completion of this activity.

The **Maryland Board of Social Work Examiners** certifies that this program meets the criteria for 6.5 credit hours of Category 1 or 6.5 CEUs of continuing education for social workers and associates licensed in Maryland. The Johns Hopkins University School of Medicine is an approved sponsor of the Maryland Board of Social Work Examiners for continuing education credits for licensed social workers in Maryland.

PAIN MEDICINE STATEMENT

This activity should cover topics that are required under the Maryland Board of Physicians pain management requirement.

OBJECTIVES

After attending this activity, the participant will demonstrate the ability to:

Introduction to Chronic Pain:

- Recognize and define the antecedents of chronic pain and its primary clinical and pathologic features.

Current Therapeutic Approaches:

- Identify currently approved methods for treating chronic pain.

Emerging Therapeutic Approaches:

- Outline treatments that are being researched and tested for use with chronic pain.

Consequences of Pain:

- Describe how chronic pain affects a person's mental health.
- Identify the risks and benefits associated with the use of opioids to treat chronic pain.

Patient Engagement:

- Recognize new ways to approach and engage patients in their treatment and instill hope in patients.

POLICY ON SPEAKER AND PROVIDER DISCLOSURE

It is the policy of the Johns Hopkins University School of Medicine that the speaker and provider globally disclose conflicts of interest. The Johns Hopkins University School of Medicine OCME has established policies in place that will identify and resolve all conflicts of interest prior to this educational activity. Detailed disclosure will be made in the instructional materials.

EMERGENCY CALLS

On **May 1, 2017**, direct emergency calls to the Hopkins registration desk, (410) 955-3673. Messages will be posted for participants.

AMERICANS WITH DISABILITIES ACT

The Johns Hopkins University School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. *Please notify us if you have any special needs.*

TO REGISTER OR FOR FURTHER INFORMATION

Register Online <https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=8187>
Register by Phone (410) 502-9634
Register by Fax (866) 510-7088
Confirmation/Certificates/Transcripts (410) 502-9634
General Information (410) 955-2959
E-mail the Office of CME cmenet@jhmi.edu

Follow us on Twitter: <http://twitter.com/HopkinsCME>

Facebook: <http://www.facebook.com/HopkinsCME>

NEW! Check out our mobile app CloudCME.

Organization Code: HopkinsCME



For website and CloudCME mobile app technical difficulties, email: cmetechnsupport@jhmi.edu

For general information, the direct link for this CME activity web page is: <https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=8187>

GENERAL INFORMATION

REGISTRATION

May 1, 2017 • 7:15 - 8:15 a.m.

LOCATION

Thomas B. Turner Building • Johns Hopkins University School of Medicine
720 Rutland Avenue, Baltimore, Maryland 21205

The Turner Building is located on Rutland Avenue at Monument Street. Directions and campus parking information are available on our website under the Contact Us tab at <https://HopkinsCME.cloud-cme.com>. Handicapped parking is available in the nearby Rutland Garage. Johns Hopkins is smoke-free.

FEES

REGISTRATION CUT-OFF DATE: April 25, 2017

Methods of Payment: We require full payment prior to the start of the activity. On-site payments by credit card only. The registration fee includes instructional materials, continental breakfast, refreshment breaks and lunch.

Physicians	\$ 175
VA, DoD and Johns Hopkins Affiliates	\$ 100
Residents*/Fellows*/Nurses/NPs/PAs/Allied Health Professionals	\$ 100

**with verification of status*

You will receive a confirmation by e-mail. If you have not received it by April 25, call (410) 502-9634 to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses. Additionally, we reserve the right to change the venue to a comparable venue. Under such circumstances registrants will be notified as soon as possible.

LATE FEE AND REFUND POLICY

A \$50 late fee applies to registrations received after 5:00 p.m. ET on April 25, 2017. A handling fee of \$50 will be deducted for cancellation. An additional fee may apply for cancellation of other events, including workshops and social activities. Refund requests must be received by fax or mail by April 25. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

SYLLABUS

The syllabus will be accessible online and via your mobile device in the CloudCME App prior to the activity.

HOTEL AND TRAVEL INFORMATION

By Air: Baltimore is served by three major airports: Baltimore/Washington International Airport (BWI) in Maryland; Washington Dulles International Airport (IAD) and Ronald Reagan National Airport (DCA) in Northern Virginia.

Taxi Service to downtown Baltimore from BWI, the nearest airport, is 15-30 minutes depending on traffic and approximately \$35 one way. Super Shuttle charges less than \$20 one way and reservations are needed. Reservations can be made online at <http://www.supershuttle.com/> or call (410) 859-3427.

By Rail: Baltimore is easily accessible by train. Amtrak trains run 24 hours a day, seven days a week. Baltimore is a major stop for Amtrak's high-speed Acela Express service. Penn Station is easily accessible by I-95, I-83 and I-70 and is a 15 minute taxi ride to Johns Hopkins. Call 800-USA-RAIL or visit www.amtrak.com for further information.

EVALUATION AND OUTCOMES SURVEY

Post activity, an online evaluation form will be available to attendees to evaluate the activity and individual presentations and identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print.

A survey will be sent to all physician attendees within three months post activity to assist us in determining what impact this activity had on the learner's practice.

PROGRAM

MORNING SESSION: CHRONIC PAIN AND ITS TREATMENT

- 7:15 – 8:15 Registration and Continental Breakfast
- 8:15 – 8:30 **Introduction and Conference Goals**
Aaron Jacoby, PhD, Vani Rao, MD, MBBS,
- 8:30 – 9:30 **Pain: A Biopsychosocial Contextual Perspective**
Dennis Turk, PhD
- 9:30 – 10:15 **Treatments for Pain Part I:
Current Therapeutic Approaches**
Patrick Finan, PhD
- 10:15 – 10:30 Refreshment Break
- 10:30 – 12:00 **Treatments for Pain Part II:
Emerging Therapeutic Approaches**
Chester 'Trip' Buckenmaier III, MD, COL (ret.)
Eric Schoomaker, MD, PhD, LTG, USA (ret.)
- 12:00 – 1:15 Lunch

AFTERNOON SESSION: CONSEQUENCES OF PAIN

- 1:15 – 2:00 **Mental Health and Suicide**
Michael Clark, MD, MPH, MBA
- 2:00 – 2:45 **Addiction and Pain**
Karen Drexler, MD
- 2:45 – 3:00 Refreshment Break
- 3:00 – 4:15 **Using Motivational Interviewing Strategies to
Engage Patients in Treatment for Chronic Pain**
Nicole Schechter, PhD
Stephen Wegener, PhD
- 4:15 – 4:30 **Summary and Adjourn**
You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance. The registration desk will remain open during conference hours.

The Johns Hopkins University School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity.

This schedule is subject to change.



FACULTY

Activity Director

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Johns Hopkins Bayview Medical Center
Baltimore, Maryland*

Planning Committee

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Baltimore, Maryland*

Arianna E A. Perra, Psy.D.

*Clinical Health Psychologist
VA Maryland Health Care System
Baltimore, Maryland*

Johns Hopkins Speakers

Michael Clark, MD, MPH, MBA

*Associate Professor of Psychiatry and Behavioral Sciences
Johns Hopkins Bayview Medical Center
Baltimore, Maryland*

Patrick Finan, PhD

*Assistant Professor of Psychiatry and Behavioral Sciences
Johns Hopkins Bayview Medical Center
Baltimore, Maryland*

Guest Speakers

Chester 'Trip' Buckenmaier III, MD, COL (ret.)

*Professor of Anesthesiology, USUHS
Director, Defense and Veterans Center for Integrative Pain Management
Uniformed Services University
Bethesda, Maryland*

Karen Drexler, MD

*Associate Professor, Department of Psychiatry and Behavioral Sciences
Deputy National Mental Health Program
Director, Addictive Disorders
Director, Substance Abuse Treatment Program
Emory University School of Medicine
Veterans Affairs Medical Center
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Professor, Department of Health Policy and Management Center for Injury Research and Policy
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Eric Schoomaker, MD, PhD, LTG, USA (ret.)

*Professor of Military and Emergency Medicine
Vice-Chair for Leadership Centers and Programs
F. Edward Hebert School of Medicine
Uniformed Services University
Bethesda, Maryland*

Dennis Turk, PhD

*John and Emma Bonica Endowed Chair for Anesthesiology and Pain Research
Director, Fibromyalgia Research Program
Adjunct Professor, Department of Psychology
Director, Center for Pain Research on Impact, Measurement, and Effectiveness
University of Washington School of Medicine
Seattle, Washington*

REGISTRATION FORM

Course Number 80041961/8187

Third Annual **SERVICE MEMBERS AND VETERANS:**

Chronic Pain, Its Treatment, and Consequences in Active Duty Military and Veterans

May 1, 2017

To Register: **Online:** <https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=8187>

Fax: (866) 510-7088

Phone: (410) 502-9634

Or mail this form to the Johns Hopkins University, Office of Continuing Medical Education, 720 Rutland Avenue, Turner Room 20, Baltimore, Maryland 21205-2195.

Include e-check or credit card information below.

FULL PAYMENT IS REQUIRED PRIOR TO THE START OF ACTIVITY.

I am a Johns Hopkins speaker for this activity.

Please type or print clearly:

last name		first name		m.i.
highest degree	primary specialty		Hopkins faculty/staff only JHED ID	
For Physicians Only: NPI – 10 digits		State License #		State of License
mailing address				
city		state	ZIP	country
daytime telephone		fax number		
e-mail (required)				

Check here to receive e-mail notices about upcoming CME activities.

What do you hope to learn by attending this activity?

Please notify us if you have any special needs. _____

Registration Fees:

Physicians \$175

VA, DoD and Johns Hopkins Affiliates \$100

Residents*/Fellows*/Nurses/NPs/PAs/Allied Health Professionals \$100

**with verification of status*

The registration fee includes instructional materials and food and beverage. For registrations received after 5:00 p.m. ET on April 25, 2017, include a \$50 late fee. On-site registrations are payable only by credit card.

Total amount \$ _____

Payment Type:

JHU Faculty/Staff Only: If you are using your Tuition Remission Benefit or an ION budget, please upload your fully completed and approved form in the payment section of the online activity link above.

TR Form: <http://benefits.jhu.edu/documents/trffacandstaff.pdf>

ION Form: <http://hopkinscme.edu/migration/IonRequest.pdf>

eCheck Routing #: _____ Account #: _____

Credit Card: VISA MASTERCARD DISCOVER AMEX

Card # _____ - _____ - _____ - _____ Exp. Date _____

Billing Zip Code _____ Security Code _____

Name on Card _____

Signature and Date _____