

Johns Hopkins Division of Geriatric Medicine and Gerontology
presents

Edmund G. Beacham

44th Annual

Current Topics in Geriatrics



Thursday–Saturday • March 2-4, 2017

Johns Hopkins University School of Medicine

Turner Building • Baltimore, Maryland

Dr. Beacham's vision when he developed the course in 1972 was to provide scientifically-based practical, clinical talks focused on improving the health care of individual seniors. It is in that spirit that we dedicated Topics in Geriatrics to his memory when he died in May 2008 at the age of 93. Through this and subsequent courses, we will bring together many of his trainees and colleagues to give the sort of talks he demanded.

This activity has been approved for *AMA PRA Category I Credits™*.



JOHNS HOPKINS
MEDICINE

Description

The aging of the American population is well known and significantly impacts many aspects of health care needs and delivery. Most physicians have received very little or no formal geriatrics training, despite this growing trend in the number of elderly patients they care for. Surveys demonstrate that physicians commonly report discomfort and dissatisfaction with providing care to the elderly. Further, studies evaluating standard quality indicators for the care of the vulnerable elderly show quite poor quality of care. Elderly patients with multiple co-morbidities report high rates of dissatisfaction with their health care.

This activity is designed to provide practical information to clinicians and healthcare professionals who care for elderly patients; it will improve knowledge about diseases and syndromes common in the elderly and offer practical and effective guides to their management.

Objectives

After attending this activity, the participant will demonstrate the ability to:

- Recognize common geriatric syndromes and initiate treatment for these syndromes.
- Identify approaches to and limits of management of specific disease of organ systems that are common in the elderly, e.g. diabetes, hypertension, coronary artery disease, and Alzheimer's disease.
- Describe important research developments that influence the clinical care of geriatric patients.
- Describe the dynamic nature of current support of primary care practice for seniors and the opportunities to improve quality of care.

Accreditation Statement

The Johns Hopkins University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



Credit Designation Statement

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 18 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing Credit

American Nurses Credentialing Center (ANCC) accepts AMA PRA Category 1 Credit™ from organizations accredited by the ACCME.

American Association of Nurse Practitioners National Certification Program accepts AMA PRA Category 1 Credit™ from organizations accredited by the ACCME.

Other Credit

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Who Should Attend

This activity is intended for geriatricians, internists, family practitioners, physician assistants, nurses, nurse practitioners, social workers, pharmacists and other health professionals involved in caring for seniors.

Activity Directors

Jessica Colburn, MD
Assistant Professor of Medicine
Director, Johns Hopkins Geriatrics
Workforce Enhancement Program

John Burton, MD
Activity Director Emeritus
Professor of Medicine
Co-Director, Johns Hopkins Geriatric
Workforce Enhancement Program

Dave Marks, RN, MS
Associate Director
Johns Hopkins Geriatric Workforce
Enhancement Program

Planning Committee

***Danelle Cayea, MD**
Assistant Professor of Medicine
***Colleen Christmas, MD**
Assistant Professor of Medicine

***Maia Holden, CRNP**
Nurse Practitioner
***Stephanie Nothelle, MD**
Clinical Fellow in Geriatrics

***Carol Perfecto, CRNP**
Nurse Practitioner
Kai Shea, LCSW-C
Social Worker
The Sydney Kimmel Comprehensive Cancer Center

Johns Hopkins Speakers

Peter Abadir, MD
Associate Professor of Medicine
Melinda Abernethy, MD, MPH
Assistant Professor of Gynecology and Obstetrics
***Alicia Arbaje, MD, MPH**
Associate Professor of Medicine
***Halima Amjad, MD, MPH**
Assistant Professor of Medicine
***Kanwal Awan, MD**
Clinical Associate in Medicine

Dorcas Baker, RN, BSN, MA, ACRN
HIV Educational Services Manager

***Michele Bellantoni, MD**
Associate Professor of Medicine
O. Joseph Bienvenu, III, MD, PhD
Associate Professor of Psychiatry and
Behavioral Sciences

***Colleen Christmas, MD**
Associate Professor of Medicine

Kelly Clute, OTR/L
Occupational Therapist
Johns Hopkins Bayview Medical Center

Samuel C. Durso, MD, MBA
Mason F. Lord Professor of Medicine
Director, Division of Geriatrics and Gerontology
Johns Hopkins Bayview Medical Center

Michael Fingerhood, MD
Associate Professor of Medicine

Guest Speakers

Nicole Brandt, PharmD, CGP, BCPP, FASCP
Associate Professor, Geriatric Pharmacotherapy
Pharmacy Practice and Science
UMB School of Pharmacy
Director, Clinical and Educational Programs of
Peter Lamy Center Drug Therapy and Aging
University of Maryland
Baltimore, Maryland

Kim Burton, BA
Director, Older Adult Programs
Mental Health Association of Maryland
Lutherville, MD

JoAnn Coleman, DNP, ACNP, AOCN
Acute Care Nurse Practitioner
Clinical Program Coordinator
Sinai Center for Geriatric Surgery
Department of Surgery
Baltimore, Maryland

Reba Cornman, MSW
Project Director
Director, Geriatrics and Gerontology
Education and Research Program
University of Maryland
Baltimore, Maryland

Junnell Daniels
Education Coordinator, Alzheimer's Association
Timonium, Maryland

***Thomas Finucane, MD**
Professor of Medicine
Linda Gorman, MLS
Director, Library Services
Johns Hopkins Bayview Medical Center

***William Greenough, MD**
Professor of Medicine

Tristen Kvedar, OTR/L
Occupational Therapist
Johns Hopkins Bayview Medical Center

Melissa Lantz-Garnish RN, BSN
Disease Management/Remote Patient Monitoring
Program Administrator
Johns Hopkins Home Care

Susan Lehmann, MD
Associate Professor of Psychiatry and
Behavioral Sciences

Christopher Marano, MD
Assistant Professor of Psychiatry and
Behavioral Sciences

Elisabeth Marsh, MD
Assistant Professor of Neurology

Francoise A. Marvel, MD
Medical Resident
Johns Hopkins Bayview Medical Center

Robin McKenzie, MD
Associate Professor of Medicine

Jessica Merrey, PharmD, MBA, BCPS, BCACP, BCGP
Clinical Pharmacist - Ambulatory Care

K. Eric DeJonge MD
Director of Geriatrics
Washington Hospital Center
Washington, DC

Danielle Doberman, MD
Assistant Professor of Medicine
Director, Palliative Medicine Program
Assistant Fellowship Director, Palliative Medicine
George Washington University School of Medicine
Washington, DC

Reena Karani, MD
Professor of Geriatrics and Palliative Medicine
Director, Institute for Medical Education
Mount Sinai School of Medicine
New York, New York

Dennis Klima, PT, MS, PhD, GCS, NCS
Assistant Professor, Department of Physical Therapy
University of Maryland Eastern Shore
Cambridge, Maryland

Ann Morrison, PhD, RN
Consultant, Dementia Care
Baltimore, Maryland

Christina Prather, MD
Assistant Professor of Medicine
Geriatrics and Palliative Medicine
George Washington University
Medical Faculty Associates

***Melissa Morgan-Gouveia, MD**
Assistant Professor of Medicine
Adjunct Faculty

Andrea Nelson, BSN, RN
Senior Research Nurse

***Esther Oh, MD, PhD**
Assistant Professor of Medicine
Co-Director, Johns Hopkins Memory and
Alzheimer's Treatment Center

Peter Rabins, MD
Professor of Psychiatry and Behavioral Sciences

Jack Samuels, PhD
Assistant Professor of Psychiatry and
Behavioral Sciences

***Nancy Schoenborn, MD**
Assistant Professor of Medicine

Kai Shea, LCSW-C
Director, Social Work
Johns Hopkins Bayview Medical Center

Linda Stewart, MPH
Caregiver Project Manager
Johns Hopkins Bayview Medical Center

***Sevil Yasar, MD, PhD**
Associate Professor of Medicine

Roy Ziegelstein, MD
Professor of Medicine

Pamela Smithson, MHA, RN, CTC
VP and Chief Nursing Officer
Davis Health System
Elkins, West Virginia

Michelle Stone, LCSW-C
Adult Evaluation and Review Services Program
Baltimore County Health Department

Howard Weiss, MD
Director, Parkinson Disease and
Movement Disorder Programs
LifeBridge Health Brain and Spine Institute
Sinai Hospital
Baltimore, Maryland

Debra Wertheimer, MD
Medical Director of Hospice and Palliative Medicine
for the VA Maryland Health Care Systems

Chanel Whittaker, PharmD, BCPS, CGP, FASCP
Department of Pharmacy Practice and Science
University of Maryland
Baltimore, Maryland

Jeff Williamson, MD
Chief, Section of Gerontology and Geriatric Medicine
Program Director, Sticht Center on Aging
Professor of Gerontology and Geriatric Medicine
Wake Forest Baptist Health
Wake Forest, North Carolina

Program

Thursday, March 2, 2017

SPECIAL BREAKFAST SYMPOSIUM: Sponsored by the Johns Hopkins Geriatric Workforce Enhancement Program on Dementia – There is no additional fee to attend, however, registration is limited for this session.

7:00 - 7:30	Registration and Breakfast
7:30 - 9:30	Dementia, Depression or Both? Moderator: Sevil Yasar, MD, PhD Peter Rabins, MD and Susan Lehmann, MD
9:00 - 9:55	Registration and Continental Breakfast
9:55 - 10:00	Welcome and Conference Overview Jessica Colburn, MD
10:00 - 10:30	Home Based Care: A Clinical Case K. Eric DeJonge, MD
10:30 - 11:00	Diet, Exercise and Meds – Where to Start and How Low to Go! Thomas Finucane, MD
11:00 - 11:15	Panel Discussion K. Eric DeJonge, MD and Thomas Finucane, MD
11:15 - 11:30	Refreshment Break
11:30 - 12:30	CLINICAL CASE SESSION 1 A. NOACs Update Jessica Merrey, PharmD, MBA, BCPS, BCACP, BCGP B. Vulnerable Older Adult: Ethical and Legal Issues Reba Cornman, MSW, Peter Abadir, MD, Thomas Finucane, MD and Kai Shea, LCSW-C C. Caring for LGBT Older Adults Reena Karani, MD D. Community Resources – What’s Out There to Help? Kim Burton BA, Junnell Daniels, Linda Stewart, MPH and Michelle Stone, LCSW-C E. Finding Reliable Health Information Linda Gorman, MLS F. Caring for the Caregiver Peter Rabins, MD and Andrea Nelson, BSN
12:30 - 1:30	Lunch and Networking
1:30 - 2:00	Is this NPH? Sevil Yasar, MD, PhD
2:00 - 2:30	Current Treatment and What’s on the Horizon for Alzheimer’s Disease Halima Amjad, MD, MPH
2:30 - 3:00	Delirium in the Clinic – Now What? Esther Oh, MD, PhD
3:00 - 3:20	Panel Discussion Sevil Yasar, MD, PhD, Halima Amjad, MD, MPH, and Esther Oh, MD, PhD

3:20 – 3:35
3:35 – 4:35

Refreshment Break

CLINICAL CASE SESSIONS 2

- A. Hoarding Behaviors**
O. Joseph Bienvenu, III, MD, PhD, and
Jack Samuels PhD
- B. Behavioral Approaches to Challenging Behaviors**
Ann Morrison, PhD, RN,
Tristen Kvedar, OTR/L and Kelly Clute, OTR/L
- C. When You Need to Use Meds in Managing Difficult Behaviors in Persons with Dementia**
Christopher Marano, MD and
Kanwal Awan, MD
- D. HIV in Older Adults**
Michael Fingerhood, MD and
Dorcas Baker, RN, BSN, MA, ACRN
- E. Clinical Case – NPH**
Sevil Yasar, MD, PhD
- F. Mom is Forgetting to Pay Her Bills, Lock Her Doors – Is this Alzheimer’s Disease?**
Esther Oh, MD, PhD

12:10 – 1:10
1:10 – 2:10

2:10 – 2:25
2:25 – 2:55

2:55 – 3:25

3:25 – 3:40

3:40 – 4:40

Saturday, March 4, 2017

7:30 - 8:00	Continental Breakfast
8:00 - 8:30	Transition of Care to and from Skilled Nursing Facility Michele Bellantoni, MD
8:30 - 9:00	Frailty Assessment and Implications to Patient-Centered Care JoAnn Coleman, DNP, ACNP, AIOCH
9:00 - 9:30	GAIT Assessment Dennis Klima, PT, MS, PhD, GCS, NCS
9:30 - 9:50	Panel Discussion Michele Bellantoni, MD, JoAnn Coleman, DNP, ACNP, AIOCH and Dennis Klima, PT, MS, PhD, GCS, NCS
9:50 - 10:05	Refreshment Break
10:05 - 10:35	Wound Care 101 and Beyond William Greenough, MD
10:35 - 11:05	Cultural Competency Alicia Arbaje, MD, MPH
11:05 - 11:35	Top Five Journal Articles for the Year Colleen Christmas, MD
11:35 - 11:55	Panel Discussion William Greenough, MD, Alicia Arbaje, MD, and Colleen Christmas, MD
12:00 noon	Adjourn - You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance. The registration desk will remain open during conference hours.

The Johns Hopkins University School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity.
This schedule is subject to change.

Friday, March 3, 2017

7:30 - 8:00	Continental Breakfast
8:00 - 8:30	Deprescribing Nicole Brandt, PharmD, CGP, BCPP, FASCP
8:30 - 9:00	To Screen or Not to Screen Nancy Schoenborn, MD
9:00 - 9:30	Goals of Care Danielle Doberman, MD
9:30 - 9:50	Panel Discussion Nicole Brandt, PharmD, CGP, BCPP, FASCP, Nancy Schoenborn, MD and Danielle Doberman, MD
9:50 - 10:05	Refreshment Break
10:05 - 11:05	CLINICAL CASE SESSIONS 3 Talking with Patients About Goals of Care & Screening Moderated by Division of Geriatric Faculty and Guest Speakers: Danielle Doberman MD, Nicole Brandt, PharmD, CGP, BCPP, FASCP, Christina Prather, MD, and Melissa Morgan-Gouveia, MD
11:05 - 11:10	Move to Next Clinical Case Session
11:10 - 12:10	CLINICAL CASE SESSIONS 4 A. A Case from the Clinic Samuel C. Durso, MD B. Integrating Technology in Health Care Melissa Lantz-Garnish, RN, BSN, Francoise A. Marvel, MD, and Pamela Smithson, MHA, RN, CTC C. GYN Issues in Older Women Melinda Abernethy, MD, MPH D. Infectious Disease Issues – Is this a UTI? Robin McKenzie, MD

General Information

Registration: March 2, 2017

Special Breakfast Session 7:00 a.m.
Annual Topics Course 9:00 a.m.

Location

Thomas B. Turner Building
Johns Hopkins University School of Medicine
720 Rutland Avenue, Baltimore, Maryland 21205

Fees

REGISTRATION CUT-OFF DATE: FEBRUARY 24, 2017

Methods of Payment: We require full payment prior to the start of the activity. On-site payments by credit card only. For registrations that must pay by one company check, please call (410) 955-2959 for special instructions. The registration fee includes instructional materials, continental breakfasts, refreshment breaks and two lunches.

Physicians.....\$550
Residents*/Fellows*/Nurses/Allied Health Professionals.....\$450
*with verification of status

You will receive a confirmation by e-mail. If you have not received it by February 24, 2017, call (410) 502-9634 to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses. Additionally, we reserve the right to change the venue to a comparable venue. Under such circumstances registrants will be notified as soon as possible.

Syllabus

All registrants will receive a flash drive with the slides and paper for note-taking. This is included in the cost of your registration. A link to the syllabus will be provided via email shortly before the activity if you want to print the syllabus.

At the time of the activity, we will accept requests to purchase a complete hard copy binder of the syllabus, which will include all presentations. The cost for purchasing is \$65 and includes shipping costs. Your binder will be shipped to you within two weeks post-activity.

Americans with Disabilities Act

The Johns Hopkins University School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. *Please notify us if you have any special needs.*

Late Fee and Refund Policy

A \$50 late fee applies to registrations received after 5:00 p.m. ET on February 24, 2017. A handling fee of \$50 will be deducted for cancellation. An additional fee may apply for cancellation of other events, including workshops and social activities. Refund requests must be received by fax or mail by February 24, 2017. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

Hotel Information

Hyatt Place Baltimore Inner Harbor

511 South Central Avenue (410) 558-1840
Baltimore, Maryland 21202 Fax (410) 558-1831

A limited block of sleeping rooms has been reserved for your convenience and will be available on a first come, first served basis.

Hyatt Place Baltimore Inner Harbor offers a refreshing blend of style and innovation in a neighborhood alive with cultural attractions, shopping and amazing local restaurants. It is located close to everything you want to do, including museums, shops, restaurants and more.

Make your reservation online at:

<http://baltimoreinnerharbor.place.hyatt.com/ctig2017.html>
or call the hotel directly and specify that you are attending the Johns Hopkins Geriatrics Conference to receive the special group rate of \$159, single or double, plus tax. Rate includes complimentary internet access, transportation to and from the Hopkins campus and buffet breakfast. Check-in time is 3:00 p.m. Check out time is 12:00 noon.

Evaluation and Outcomes Survey

Post activity, an online evaluation form will be available to attendees to evaluate the activity and individual presentations and identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print.

A survey will be sent to all physician attendees within three months post activity to assist us in determining what impact this activity had on the learner's practice.

Emergency Calls

During the days of this activity only, March 2-4, 2017, direct emergency calls to (410) 955-3673. Messages will be posted for participants.

We wish to acknowledge the support of the Johns Hopkins Geriatric Workforce Enhancement Program

To Register or For Further Information

Register Online <https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=6638>

Register by Phone (410) 502-9634

Register by Fax (866) 510-7088

Confirmation/Certificates/Transcripts (410) 502-9634

General Information (410) 955-2959

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Facebook: <http://www.facebook.com/HopkinsCME>

For website and CloudCME mobile app technical difficulties, email: cmetsupport@jhmi.edu

Sponsoring Department Website: http://www.hopkinsmedicine.org/geriatric_medicine_gerontology

For general information, the link for this CME activity page is: <https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=6638>

CloudCME 

NEW! Check out our mobile app CloudCME.

Organization Code: *HopkinsCME*

44th Annual Edmund G. Beacham Current Topics in Geriatrics March 2-4, 2017

To Register: Online: <https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=6638>

Fax: (866) 510-7088

Phone: (410) 502-9634

Or mail this form to the Johns Hopkins University, Office of Continuing Medical Education, 720 Rutland Avenue, Turner Room 20, Baltimore, Maryland 21205-2195. Include e-check or credit card information below.

FULL PAYMENT REQUIRED PRIOR TO START OF ACTIVITY.

I am a Johns Hopkins speaker for this conference

Please type or print clearly:

last name		first name		m.i.	
highest degree	primary specialty		Hopkins faculty/staff only JHED ID		
For Physicians Only: NPI – 10 digits		State License #		State of License	
mailing address					
city		state	ZIP	country	
daytime telephone		fax number			
e-mail (required)					

Check here if you wish to receive e-mail notices about upcoming CME activities.

I plan to stay at the Hyatt Place Hotel Inner Harbor in Baltimore, Maryland.

What do you hope to learn by attending this activity? _____

Please notify us if you have any special needs. _____

Registration Fees:

Physicians.....\$550

Residents*/Fellows*/Nurses/Allied Health Professionals.....\$450

**with verification of status*

The registration fee includes instructional materials, continental breakfast, refreshment breaks and two lunches. For registrations received after 5:00 p.m. EST on February 20, 2015, include a \$50 late fee. On-site registrations are payable only by credit card.

Clinical Case Sessions

Total amount \$ _____

Registrants will be assigned to one workshop per session. Please select three workshop choices in order of preference for each session – example: 1. C, 2. B, 3. A (refer to program list for topics).

Thursday, March 2, 2017

Session 1: 11:30 a.m. – 12:30 p.m. 1. _____ 2. _____ 3. _____

Session 2: 3:35 – 4:35 p.m. 1. _____ 2. _____ 3. _____

Friday, March 3, 2017

Session 4: 11:10 a.m. – 12:10 p.m. 1. _____ 2. _____ 3. _____

Payment Type:

JHU Faculty/Staff Only: If you are using your Tuition Remission Benefit or an ION budget, please upload your fully completed and approved form in the payment section of the online activity link above.

TR Form: <http://benefits.jhu.edu/documents/trffacandstaff.pdf> ION Form: <http://hopkinscme.edu/migration/IonRequest.pdf>

e-Check: Routing #: _____ Account #: _____

Credit Card: VISA MASTERCARD DISCOVER AMEX

Card # _____ Exp. Date _____

Billing Zip Code _____ Security Code _____

Name on Card

Signature & Date