



**JOHNS HOPKINS**  
M E D I C I N E

Office of Continuing Medical Education  
Johns Hopkins University School of Medicine  
Turner 20, 720 Rutland Avenue  
Baltimore, Maryland 21205-2195

Non-Profit Org.  
U.S. Postage  
PAID  
Baltimore, MD  
Permit No. 5839

**Mastering**  
**Orthopaedics**  
**in**  
**Pediatric**  
**Primary Care**



**DATED MATERIAL**

**October 22, 2016 • Baltimore, Maryland**

CONTINUING MEDICAL EDUCATION

**Johns Hopkins University**  
**School of Medicine**  
**Department of Orthopaedic Surgery**  
presents

**Mastering**  
**Orthopaedics**  
**in**  
**Pediatric**  
**Primary**  
**Care**

*This activity has been approved for AMA PRA Category 1 Credits™.*

**Saturday, October 22, 2016**  
**Chevy Chase Bank Conference Center**  
**The Sheikh Zayed Tower**  
**The Johns Hopkins Hospital**  
**Baltimore, Maryland**



**JOHNS HOPKINS**  
M E D I C I N E

## DESCRIPTION

This one day course will address common pediatric musculoskeletal conditions and provide a forum to discuss office management, and referral criteria in order to enhance the care of pediatric patients locally. Small group educational sessions will be offered to address the educational need of the target audience.

## WHO SHOULD ATTEND

This activity is intended for pediatricians, family practitioners, internists, nurse practitioners, physician assistants, physical therapists, orthopedic surgeons, fellows, and residents.

## OBJECTIVES

After attending this activity, the participant will demonstrate the ability to:

- Identify the role of bracing and physical therapy in spine deformity.
- Identify how to screen for scoliosis and kyphosis and when to refer.
- Recognize the signs and symptoms of patellar instability.
- Identify how to monitor and evaluate children with a question of low bone density.
- Identify the diagnosis and options for Osteochondritis Dissecans.
- Recognize the clinical presentation and treatment options for common sports injuries.
- Identify the physical findings and initial treatment and outcomes of hip dysplasia.
- Identify appropriate imaging to order/ Identify abnormalities/ Measure and interpret findings in common pediatric musculoskeletal pathologies.
- Identify the roles of casting in post-operative and fracture care.
- Identify the common components of a newborn orthopedic exam.

### Accreditation Statement

The Johns Hopkins University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



### Credit Designation Statement

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Other Credits

**American Nurses Credentialing Center (ANCC)** accepts AMA PRA Category 1 Credit™ from organizations accredited by the ACCME.

**American Academy of Physician Assistants (AAPA)** accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME. Physician assistants may receive a maximum of 6.25 AAPA Category 1 CME credits for completing this program.

**American Academy of Nurse Practitioners National Certification Program** accepts AMA PRA Category 1 Credit™ from organizations accredited by the ACCME.

The Johns Hopkins University has approved this activity for **6.25 contact hours for non-physicians**.

### Policy on Speaker and Provider Disclosure

It is the policy of the Johns Hopkins University School of Medicine that the speaker and provider disclose real or apparent conflicts of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s). The Johns Hopkins University School of Medicine OCME has established policies in place that will identify and resolve all conflicts of interest prior to this educational activity. Detailed disclosure will be made in the activity handout materials.

## PROGRAM

7:15 – 7:50	Registration and Continental Breakfast
7:50 – 8:00	<b>Introduction and Conference Goals</b> Paul Sponseller, MD, MBA
8:00 – 8:30	<b>Conservative Concepts in Pediatric Spine Deformity Management: Therapy, Brace, or Other Options?</b> Paul Sponseller, MD, MBA
8:30 – 9:00	<b>Patellar Dislocations: When You Need to Operate: What Are the Options?</b> John Tis, MD
9:00 – 9:30	<b>Case Challenges</b> Michael Ain, MD
9:30 – 10:00	<b>Metabolic Bone Disease: Presenting with Orthopedic Concerns</b> Janet Crane, MD
10:00 – 10:30	Coffee Break
10:30 – 11:00	<b>Common Sports Injuries: When to Observe/When to Refer</b> Rushyuan Lee, MD
11:00 – 11:30	<b>Developmental Hip Dysplasia</b> Ranjit Varghese, MD
11:30 – 12:30	Lunch and Tour of Bloomberg Childrens Center <i>Workshops (participants will divide into 3 groups and rotate to all 3 workshops)</i>
12:30 – 1:30	<b>The Newborn Orthopedic Exam</b> Colleen Lenz, CRNP and Kristen Venuti, CRNP
1:30 – 2:30	<b>Pediatric Imaging Pearls</b> Melissa Fought, CRNP and Karen Wille, PA-C
2:30 – 3:30	<b>The Many Roles of Casting: Fracture/Post-Op</b> Mary Yost, CRNP
3:30	Adjourn

Please complete and return the Evaluation and Credit Report Forms. The Registration Desk will remain open during conference hours.

The Johns Hopkins University School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity.

*This schedule is subject to change.*

# GENERAL INFORMATION

## Registration

October 22, 2016 • 7:15 - 7:50 am

## Location

### Chevy Chase Bank Conference Center

The Sheikh Zayed Tower  
The Johns Hopkins Hospital  
1800 Orleans Street, Main Level  
Baltimore, Maryland 21287

The Sheikh Zayed Tower is located on Orleans Street between Broadway and Wolfe Streets. Directions and campus parking information are available on our website under the contact and travel section at [www.HopkinsCME.edu](http://www.HopkinsCME.edu). The closest garage is the Orleans Street Garage, which is located on Orleans Street (Route 40) between Wolfe Street and Broadway. Handicapped parking is also available in the McElderry Street Garage. *Johns Hopkins is smoke free.*

## Fees

### REGISTRATION CUT-OFF DATE: October 16, 2016

**Methods of Payment:** Payment by check or credit card must accompany the registration form prior to the activity. On-site payments by credit card only. Foreign payments must be by credit card or with a U.S. Dollar World Money Order. The registration fee includes instructional materials, continental breakfast, refreshment breaks and lunch.

Physicians .....	\$ 125
Residents*/Fellows*/Physician Assistants/Physical Therapists/Nurses/ Allied Health Professionals .....	\$ 50
*with verification of status	

You will receive a confirmation by e-mail if you have provided your e-mail address. Otherwise confirmation will be sent by mail. If you have not received it by October 16, 2016 call (410) 502-9634 to confirm that you are registered. A certificate of attendance will be sent by November 30, 2016 to the e-mail address you provide on the registration form.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses. Additionally, we reserve the right to change the venue to a comparable venue. Under such circumstances registrants will be notified as soon as possible.

## Late Fee and Refund Policy

A \$50 late fee applies to registrations received after 5:00 p.m. ET on October 16, 2016. A handling fee of \$50 will be deducted for cancellation. An additional fee may apply for cancellation of other events, including workshops and social activities. Refund requests must be received by fax or mail by October 16, 2016. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins conference in lieu of cancellation is not possible.

## Evaluation

A form will be available to attendees to evaluate each session and each speaker's presentation, as well as to identify future educational needs.

## Outcomes Survey

A survey will be sent to all physician attendees within three months post activity to assist us in determining what impact this activity had on the attendee's practice.

## Americans with Disabilities Act

The Johns Hopkins University School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. *Please notify us if you have any special needs.*

## To Register or For Further Information

Register Online (credit card and eCheck)	<a href="http://www.HopkinsCME.edu">www.HopkinsCME.edu</a>
Register by Phone (credit card only)	(410) 502-9634
Register by Fax	(866) 510-7088
Confirmation/Certificates	(410) 502-9634
General Information	(410) 955-2959
E-mail the Office of CME	<a href="mailto:cmenet@jhmi.edu">cmenet@jhmi.edu</a>

Follow us on Twitter: <http://twitter.com/HopkinsCME>

Facebook: <http://www.facebook.com/HopkinsCME>

For general information, please visit the activity webpage at [www.HopkinsCME.edu](http://www.HopkinsCME.edu); Keyword search option: 80039373

---

## ACKNOWLEDGEMENT

Applications for commercial support from health care related industries are pending. A complete list of contributors will be provided in the syllabus. Please note that commercial support received is solely for the educational component of the activity and will not be used to provide food and beverage.

*Please note:* The Physician Payments Sunshine Act was enacted by Congress to increase public awareness of financial relationships between drug and medical device manufacturers and physicians. In compliance with the requirements of this Act, the commercial supporter/s of this activity may require the Johns Hopkins University School of Medicine to report certain professional information (such as name, address, National Provider Identifier (NPI), and State License number) of physician attendees who receive complimentary food and beverage in conjunction with a CME activity. The commercial supporter is required to submit the collected data to the Centers for Medicare and Medicaid Services which will then publish the data on its website.



THE JOHNS HOPKINS HOSPITAL

# Mastering Orthopaedics

in

# Pediatric Primary Care

## SPEAKERS

### Course Director

**Paul Sponseller, MD, MBA**

*Vice-Chairman  
Department of Orthopedic Surgery*

### Johns Hopkins Faculty

**Michael Ain, MD**

*Associate Professor of Orthopedic and  
Neurological Surgery*

**Janet Crane, MD**

*Assistant Professor of Endocrinology*

**Melissa Fought, CRNP**

*Nurse Practitioner*

**Rushyuan Lee, MD**

*Assistant Professor of Orthopedic Surgery*

**Colleen Lenz, CRNP**

*Nurse Practitioner*

**John Tis, MD**

*Assistant Professor of Orthopedic Surgery*

**Ranjit Varghese, MD**

*Assistant Professor of Orthopedic Surgery*

**Kristen Venuti, CRNP**

*Nurse Practitioner*

**Karen Wille, PA-C**

*Physician Assistant*

**Mary Yost, CRNP**

*Nurse Practitioner*

## REGISTRATION FORM

Course Number 80039373

### Mastering Orthopaedics in Pediatric Primary Care

October 22, 2016

**To Register: Online (credit card and eCheck):** [www.HopkinsCME.edu](http://www.HopkinsCME.edu)

**By fax:** (866) 510-7088 **By phone (credit card only):** (410) 502-9634

Or mail this form to the Johns Hopkins University, Office of Continuing Medical Education, P.O. Box 64128, Baltimore, Maryland 21264-4128. Include check payable to **HOPKINS/80039373**, or include credit card information below.

**PAYMENT MUST ACCOMPANY FORM TO CONFIRM YOUR REGISTRATION.**

I am a Johns Hopkins speaker for this activity.

Please type or print clearly:

last name		first name		m.i.	
highest degree	primary specialty		Hopkins faculty/staff only JHED ID		
For Physicians Only:	NPI – 10 digits	State License #		State of License	
mailing address					
city		state	ZIP	country	
daytime telephone			fax number		
e-mail					

You will receive a confirmation notice and your attendance certificate by e-mail if you provide your e-mail address.

Check here if you wish to receive e-mail notices about upcoming CME activities.

What do you hope to learn by attending this activity?

Please notify us if you have any special needs. \_\_\_\_\_

I would like to register for the Bloomberg Childrens Center Tour.

**Syllabus (Choose ONE):**  I would like a flash drive.  I would like a binder.

### Registration Fees:

Physicians ..... \$125

Residents\*/Fellows\*/Physician Assistants/Physical Therapists/Nurses/  
Allied Health Professionals..... \$50  
\*with verification of status

The registration fee includes instructional materials and food and beverage. For registrations received after 5:00 p.m. ET on October 16, 2016 include a \$50 late fee. On-site registrations are payable only by credit card.

Total amount enclosed \$\_\_\_\_\_

### Payment Type:

**JHU Faculty/Staff Only:** If you are using your Tuition Remission Benefit or an ION budget, please complete this registration form and return with appropriate payment processing form to OCME, Turner 20.

Forms can be found on-line at <http://www.hopkinscme.edu/Resources/resources.aspx>.

**Check** (See instructions on top of form.)

**Credit Card:**  VISA  MASTERCARD  DISCOVER  AMEX

Card # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp. Date \_\_\_\_\_

Name on Card

Signature and Date