



JOHNS HOPKINS
CHILDREN'S CENTER

presents

52nd Annual
Pediatric Trends

May 12–15, 2026

INTERNET LIVE CONFERENCE



This activity has been approved for *AMA PRA Category I Credits™*.



JOHNS HOPKINS
MEDICINE

52nd Annual Pediatric Trends

DESCRIPTION

Pediatric medicine continues to evolve rapidly, making it challenging for general pediatric practitioners to stay current with new standards of care, therapies, and medications. The goal of this course is to enhance knowledge and competence in pediatric medicine, supporting the integration of evidence based practices and current research into daily practice. The Activity Director collaborated with Pediatric Division leaders to identify high priority topics across subspecialties that are most relevant to the general pediatric practitioner. Sessions will cover emerging clinical issues, management strategies for common and complex conditions, and guidance on when referral to a tertiary care center is appropriate. Key topics include pediatric insomnia, obesity and asthma, ADHD, puberty management in patients with intellectual and developmental disabilities, and the impact of vaping on youth mental health, among other updates in pediatric care.

WHO SHOULD ATTEND

This activity is intended for pediatricians, general practitioners, nurses, nurse practitioners, PAs, pediatric subspecialists, pediatric residents, pediatric subspecialty fellows, family practitioners and other allied health professionals interested in the care of infants, children and adolescents.

OBJECTIVES

After attending this activity, the learner will demonstrate the ability to:

- Apply evidence based strategies for the assessment and management of pediatric insomnia.
- Evaluate the impact of obesity on asthma severity and incorporate interventions into patient care.
- Analyze current practices and emerging approaches in the diagnosis and management of pediatric ADHD.
- Implement strategies to guide puberty management in patients with intellectual and developmental disabilities.
- Assess the effects of vaping on youth mental health and integrate prevention and counseling strategies into practice.



ACCREDITATION STATEMENT

The Johns Hopkins University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



CREDIT DESIGNATION STATEMENT

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 27 *AMA PRA Category 1 Credits*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

POLICY ON PRESENTER AND PROVIDER DISCLOSURE

It is the policy of the Johns Hopkins School of Medicine that the presenter and provider globally disclose conflicts of interest. The Johns Hopkins School of Medicine OCME has established policies that will identify and mitigate relevant conflicts of interest prior to this educational activity. Detailed disclosure will be made prior to presentation of the education.

MAINTENANCE OF CERTIFICATION

American Board of Pediatrics (ABP) Completion of this activity and associated assessment enables the participant to earn 27 ABP MOC Part 2 points.



OTHER CREDITS

American Nurses Credentialing Center (ANCC) accepts *AMA PRA Category 1 Credit* from organizations accredited by the ACCME.

American Academy of Nurse Practitioners National Certification Program accepts *AMA PRA Category 1 Credit* from organizations accredited by the ACCME.

National Commission on Certification of Physician Assistants (NCCPA) PAs may claim a maximum of 27 *Category 1 credits* for completing this activity. NCCPA accepts *AMA PRA Category 1 Credit* from organizations accredited by ACCME or a recognized state medical society.

The Johns Hopkins University has approved this activity for **27 contact hours** for non-physicians.

General Information

REGISTRATION AND FEES

May 12, 2026
8:15–8:25 a.m. ET - Sign into Zoom

Register Online:

hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=67485

Methods of Payment: Learners must register and submit full payment prior to the start of the activity.

Physicians.....	\$500
Nurses/NPs/PAs/Allied Health Professionals.....	\$425
*Residents/Fellows/Students.....	\$35
*with verification of status	

You will receive a confirmation by e-mail. If you have not received it by **May 5, 2026**, call (410) 502-9636 to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee.

LATE FEE AND REFUND POLICY

A \$25 late fee applies to registrations received after 5:00 p.m. ET on **May 5, 2026**. A handling fee of \$25 will be deducted for cancellation. Refund requests must be received by fax or mail by **May 5, 2026**. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

SYLLABUS AND LOG IN INFORMATION

The syllabus and Zoom Webinar link will be accessible online and via your mobile device in the CloudCME App one week prior to the activity start date. To access, please visit our website:

CME Website:

<https://hopkinscme.cloud-cme.com>
(Sign In, Click My CME tab, Click Syllabus)

INTERNET CME POLICY

The Office of Continuing Medical Education (OCME) at the Johns Hopkins School of Medicine is committed to protecting the privacy of its members and customers. Johns Hopkins School of Medicine OCME maintains its internet site as an information resource and service for physicians, other health professionals and the public. OCME at the Johns Hopkins School of Medicine will keep your personal and credit information confidential when you participate in a CME Internet-based program. Your information will never be given to anyone outside of the Johns Hopkins School of Medicine CME program. CME collects only the information necessary to provide you with the services that you request.

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HARDWARE/SOFTWARE REQUIREMENTS

Internet connection.

HOW TO OBTAIN CREDIT

Post activity, an online evaluation will be available to attendees to evaluate the activity and individual presentations and to identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print. **The last day to access the evaluation and attest to your credits is June 29, 2026.**

An outcome survey will be sent to all learners within two months post activity to assist us in determining what impact this activity had on the learner's practice.

AMERICANS WITH DISABILITIES ACT

The Johns Hopkins School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. Please notify us if you have any special needs.

COMMERCIAL SUPPORT

The Johns Hopkins School of Medicine did not solicit or receive commercial funding from any commercial entity, including pharmaceutical and medical device manufacturers, for this activity.

TO REGISTER OR FOR FURTHER INFORMATION

REGISTER ONLINE:

hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=67485

Register by Phone (410) 502-9636

Register by Fax..... (866) 510-7088

Confirmation/Certificates/
Transcripts.....

(410) 502-9636

General Information (410) 955-2959

E-mail the Office of CME cmenet@jhmi.edu



Follow us on Twitter: twitter.com/HopkinsCME

Facebook: facebook.com/HopkinsCME

Check out our mobile app CloudCME.

Organization Code: **HopkinsCME**

For technical assistance with website, CloudCME or credits, please visit our tech support help page:

hopkinscme.cloud-cme.com/about/help

For general information, please visit the activity webpage

hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=67485

Program

All Times are ET

TUESDAY, MAY 12, 2026

- 8:15 – 8:25 **Sign into Zoom**
8:25 – 8:30 **Welcome/Conference Goals**
Brenda Louise Banwell, MD and Jawaria Khan, MD

PEDIATRIC PULMONOLOGY

- 8:30 – 8:35 **Introduction**
Moderator: Peter Mogazyzel, MD, PhD, MBA
8:35 – 9:10 **Weighing the Impact: Obesity's Role in Asthma Severity**
Lori Vanscoy, MD
9:10 – 9:45 **Helping Children get Zzz's: Management of Pediatric Insomnia**
Cecilia Melendres, MD
9:45 – 10:00 **Question and Answer**
Faculty

PEDIATRIC NEUROLOGY

- 10:00 – 10:05 **Introduction**
Moderator: Lisa Sun, MD
10:05 – 10:40 **Autism in 2026: What's New in Diagnosis and Treatment**
Stephanie Morris, MD
10:40 – 11:15 **Updates in Pediatric Neuromuscular Disease with a Focus On Transformative Therapies for SMA**
Dustin Gable, MD PHD
11:15 – 11:30 **Question and Answer**
Faculty
11:30 – 12:15 Lunch

PEDIATRIC EMERGENCY MEDICINE

- 12:15 – 12:20 **Introduction**
Moderator: Leticia Ryan, MD, MPH
12:20 – 12:55 **Evaluating Abdominal Pain in Adolescent Patients**
Kendra Jackson, MD
12:55 – 1:30 **Dog Bites: Management and Prevention**
Lindly Theroux, MD
1:30 – 1:45 **Question and Answer**
Faculty

OTOLARYNGOLOGY

- 1:45 – 1:50 **Introduction**
Moderator: Emily Boss, MD
1:50 – 2:25 **Deep Neck, Big Trouble: A Primer for Diagnosing and Treating Pharyngeal Abscess**
David Tunkel, MD
2:25 – 3:00 **UNTYING the Tongue Tie Knot**
Jonathan Walsh, MD
3:00 – 3:15 **Question and Answer**
Faculty
3:15 – 3:30 Break

GASTROENTEROLOGY

- 3:30 – 3:35 **Introduction**
Moderator: Kevin Cesa, MD
3:35 – 4:10 **An Overview of Celiac Disease for the General Pediatrician**
Anna Reed, MD
4:10 – 4:45 **Inflammatory Bowel Disease**
Kevin Cesa, MD
4:45 – 5:00 **Question and Answer**
Faculty

WEDNESDAY, MAY 13, 2026

- 8:15 – 8:25 **Sign into Zoom**
8:25 – 8:30 **Welcome/Conference Goals**
Jawaria Khan, MD

DERMATOLOGY

- 8:30 – 8:35 **Introduction**
Moderator: Annie Grossberg, MD
8:35 – 9:00 **Non-Vascular Birthmarks**
Joy Wan, MD, MSCE
9:00 – 9:25 **Hidradenitis Suppurativa**
Robert Smith, MD
9:25 – 9:50 **Neonatal Dermatology**
Annie Grossberg, MD
9:50 – 10:00 **Question and Answer**
Faculty

ALLERGY/IMMUNOLOGY/RHEUMATOLOGY

- 10:00 – 10:05 **Introduction**
Moderator: Robert Wood, MD
10:05 – 10:30 **Allergy/Immunology/Rheumatology**
Speaker: TBD
10:30 – 10:55 **Allergy/Immunology/Rheumatology**
Speaker: TBD
10:55 – 11:20 **Allergy/Immunology/Rheumatology**
Speaker: TBD
11:20 – 11:30 **Question and Answer**
Faculty
11:30 – 12:15 Lunch

ENDOCRINOLOGY

- 12:15 – 12:20 **Introduction**
Moderator: Sheela Magge, MD, MSCE
12:20 – 12:55 **Early-Stage Type 1 Diabetes for Primary Care**
Risa Wolf, MD
12:55 – 1:30 **Pharmacologic Treatment of Pediatric Obesity**
Stephanie Green, MD
1:30 – 1:45 **Question and Answer**
Faculty

Program

All Times are ET

PSYCHIATRY

- 1:45 – 1:50 **Introduction**
Moderator: Souraya Torbey, MD
- 1:50 – 2:25 **Pediatric ADHD 2026: Evolving Perspectives and Current Practice**
Heather Burke, MD
- 2:25 – 3:00 **Pediatric Anxiety Disorders**
Phil Sojka, MD
- 3:00 – 3:15 **Question and Answer**
Faculty
- 3:15 – 3:30 Break

NEONATOLOGY

- 3:30 – 3:35 **Introduction**
Moderator: W. Christopher Golden, MD
- 3:35 – 4:10 **Modernizing BPD Management Through Multidisciplinary Collaboration**
Kartikeya Makker, MBBS
- 4:10 – 4:45 **Postnatal Management of Hemolytic Disease of the Fetus and Newborn**
Cecilia Y. Kwak, MD, MPH
- 4:45 – 5:00 **Question and Answer**
Faculty

THURSDAY, MAY 14, 2026

- 8:15 – 8:25 **Sign into Zoom**
- 8:25 – 8:30 **Welcome/Conference Goals**
Jawaria Khan, MD

NEPHROLOGY

- 8:30 – 8:35 **Introduction**
Moderator: Rebecca Ruebner, MD, MSCE
- 8:35 – 9:10 **Hematuria Case- Focused on Glomerulonephritis**
Rafi Faria, MD
- 9:10 – 9:45 **Games of Stones: Diagnosis and Management of Pediatric Nephrolithiasis**
Rebecca Ruebner MD, MSCE
- 9:45 – 10:00 **Question and Answer**
Faculty

INFECTIOUS DISEASE

- 10:00 – 10:05 **Introduction**
Moderator: Deborah Persaud, MD
- 10:05 – 10:40 **Treatment of TB Infection by the Primary Care Provider**
Nicole Salazar-Austin, MD
- 10:40 – 11:15 **RSV Updates on Monoclonal Antibodies and Maternal Vaccines**
Lakshmi Marimuthu, MD
- 11:15 – 11:30 **Question and Answer**
Faculty
- 11:30 – 12:15 Lunch

ONCOLOGY

- 12:15 – 12:20 **Introduction**
Moderator: Christine Pratilas, MD
- 12:20 – 12:55 **Inherited Risk, Informed Care: Management of Inherited Predisposition to MDS for the Pediatrician**
Kristen Schratz, MD
- 12:55 – 1:30 **A-WHAT-IN-IB? A Guide to Targeted Therapy Agents for the General Pediatrician**
Patience Odeniyide, MD, PhD
- 1:30 – 1:45 **Question and Answer**
Faculty

HEMATOLOGY

- 1:45 – 3:15 PM **Making Sense of Hematological Lab Testing in Patients with Inflammation: 3 Case Discussions**
Moderator: James F. Casella, MD
Fellows: Katelyn M. Williams, MD, PhD ; Chelsea (O'Koren) Lamplugh, MD; Umar Qadri, MD
Faculty: Matthew Merguerian, MD, PhD; Dana Furstenau, MD, MS; Jennifer Keates-Baleeiro, MD, MA
- 3:15 – 3:30 Break

INTERESTING CASES WITH RESIDENTS

- 3:30 – 3:35 **Introduction**
Moderator: Tolulope Fatola, MD
- 3:35 – 3:48 **Acute Rheumatic Fever**
Peyton Russell, MD
- 3:48 – 4:01 **Congenital Nephrotic Syndrome**
Bhavya Malladi, MD
- 4:01 – 4:14 **Lyme Disease with an Unusual Presentation**
Nicholas Archer, MD
- 4:14 – 4:27 **Magnesium Toxicity Secondary to Accidental Over Administration**
McClaine Rich, MD
- 4:27 – 4:40 **Acute HIV**
Victor Wang, MD
- 4:40 – 4:53 **Vitamin D Deficiency**
Casey Hribar, MD
- 4:53 – 5:00 **Closing Remarks**
Tolulope Fatola, MD

Program

All Times are ET

FRIDAY, MAY 15, 2026

- 8:15 – 8:25 **Sign into Zoom**
8:25 – 8:30 **Welcome/Conference Goals**
Jawaria Khan, MD

GENERAL PEDIATRICS/ADOLESCENT YOUNG ADULT

- 8:30 – 8:35 **Introduction**
Moderator: Barry Solomon, MD, MPH
- 8:35 – 9:00 **Navigating Puberty in Patients with Intellectual and Developmental Disability**
Lindsay Sheets, MD, MPH
- 9:00 – 9:25 **Feels Like Home: The Pediatrician's Role in Supporting Home Accessibility for Children with Disabilities**
Rebecca Seltzer, MD, MHS
- 9:25 – 9:35 **Question and Answer**
Faculty
- 9:35 – 9:40 **Introduction**
Moderator: Maria Trent, MD, MPH
- 9:40 – 10:05 **Adolescent Sexual Health: Guidelines and Strategies for Integrating Education into Care**
Stephanie Shea, MD, MPH
- 10:05 – 10:30 **Inhaling Despair: Examining the Link Between Vaping and Youth Mental Health**
Priya Shankar, MD, MPH
- 10:30 – 10:40 **Question and Answer**
Faculty

PEDIATRIC CARDIOLOGY

- 10:40 – 10:45 **Introduction**
Moderator: William Ravekes, MD
- 10:45 – 11:15 **Hypertrophic Cardiomyopathy and Children**
Ashish Doshi, MD, PhD
- 11:15 – 11:45 **Chest Pain in Pediatrics**
Stephanie Fuller, MD
- 11:45 – 11:55 **Question and Answer**
Faculty
- 11:55 – 12:00 **Closing Remarks**
Jawaria Khan, MD
- Adjourn**

You will receive an email notification to complete the evaluation form and to attest to number of hours in attendance.



COURSE NUMBER 80067781/58927

52nd Annual Pediatric Trends

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REGISTRATION FEES:

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Physicians	\$500
Nurses/NPs/PAs/Allied Health Professionals	\$425
Residents/Fellows/Students	\$35

The registration fee includes instructional materials. For registrations received after 5:00 p.m. ET on **May 5, 2026**, include a \$25 late fee.

Faculty

ACTIVITY DIRECTOR

Jawaria Khan, MD

Assistant Professor of Pediatrics

PLANNING COMMITTEE

Alia Irshad, MD

Instructor in Pediatrics

Rachel Cane, MD, PhD, MA

Assistant Professor of Pediatrics

JOHNS HOPKINS FACULTY

Brenda Louise Banwell, MD

Professor of Pediatrics

Emily Boss, MD

Professor of Pediatrics

Heather Burke, MD

Assistant Professor of Psychiatry and Behavioral

James Casella, MD

Professor of Pediatrics

Kevin Cesa, MD

Assistant Professor of Pediatrics

Ashish N. Doshi, MD, PhD

Assistant Professor of Pediatrics

W. Christopher Golden, MD

Associate Professor of Pediatrics

Stephanie Green, MD

Assistant Professor of Pediatrics

Annie Grossberg, MD

Assistant Professor of Dermatology

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Cecilia Melendres, MD

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Professor of Pediatrics

Stephanie Morris, MD

Assistant Professor of Pediatrics

Patience Odeniyide, MD, PhD

Assistant Professor of Oncology

Deborah Persaud, MD

Professor of Pediatrics

Christine Pratilas, MD

Associate Professor of Oncology

William Ravekes, MD

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Anna Reed, MD

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Associate Professor of Pediatrics

Nicole Salazar- Austin, MD

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Kristen Schratz, MD

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Associate Professor of Pediatrics

Risa Wolf, MD

Associate Professor of Pediatrics

Robert Wood, MD

Professor of Pediatrics

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Tolulope Fatola, MD

Rafaella Faria, MD

Dustin Gable, MD, PhD

Chelsea (O'Koren) Lamplugh, MD

Lakshmi Marimuthu, MD

Umar Qadri, MD

Priya Shankar, MD, MPH

Stephanie Shea, MD, MPH

Katelyn M. Williams, MD, PhD

JOHNS HOPKINS RESIDENTS

Nicholas Archer, MD

Casey Hribar, MD

Bhavya Malladi, MD

McClaine Rich, MD

Peyton Russell, MD

Victor Wang, MD