

Presented by  
Department of Medicine  
Johns Hopkins University School of Medicine

**NOW IN ITS 70<sup>TH</sup> YEAR!**

The 70<sup>th</sup> Annual Philip A. Tumulty

# TOPICS in CLINICAL MEDICINE

**May 6 – 8, 2026**

The Johns Hopkins Hospital  
Chevy Chase Bank Conference Center  
Baltimore, Maryland

**Course Directors:**

Gail Berkenblit, MD, PhD

Daniel Brotman, MD, FACP, MHM

Kimberly Peairs, MD, FACP



*"The talks are presented by individual expert faculty members, thus providing a rich breadth of scientific views and insights, standing ahead of other CME Courses."*

*This activity has been approved for AMA PRA Category 1 Credits™.*



**JOHNS HOPKINS**  
MEDICINE

# The 70<sup>th</sup> Annual Philip A. Tumulty

# TOPICS in CLINICAL MEDICINE

## May 6 – 8, 2026

### DESCRIPTION

Topics in Clinical Medicine began over 69 years ago with the late Dr. Philip Tumulty's belief that faculty should communicate not only its expertise in internal medicine, but also its collegiality and warmth. To maximize the intermingling between faculty and guests, Dr. Tumulty held the course at Hopkins (not a hotel), provided daily lunches with the faculty and conducted a variety of social events. The current course directors are Drs. Gail Berkenblit, Daniel Brotman, and Kimberly Peairs. In 2026, Topics remains a course dedicated to providing the best summaries of the advances in internal medicine and extending the hospitality of Johns Hopkins' faculty.

### WHO SHOULD ATTEND

This activity is intended for internal medicine, family practice, and hospitalist medicine physicians; physician assistants, nurse practitioners, nurses and other allied health professionals.

### OBJECTIVES

After attending this activity, the learner will demonstrate the ability to:

- Summarize recent updates, clinical studies, and practice changing guidelines in general internal medicine.
- Describe new medications, procedures and innovations applicable to general medicine practice.
- Review current updates and clinical practice strategies across general internal medicine, cardiology, endocrinology, gastroenterology, hematology, oncology, infectious diseases, nephrology, pulmonology, psychiatry, and rheumatology.
- Apply expert insights and guidance obtained through case discussions in "Meet the Professor" sessions.

### ACCREDITATION STATEMENT

The Johns Hopkins University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



### CREDIT DESIGNATION STATEMENT

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 20.75 AMA PRA Category 1 Credits™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### POLICY ON PRESENTER AND PROVIDER DISCLOSURE

It is the policy of the Johns Hopkins School of Medicine that the presenter and provider globally disclose conflicts of interest. The Johns Hopkins School of Medicine OCME has established policies in place to identify and mitigate relevant conflicts of interest prior to this educational activity. Detail disclosure will be made prior to presentation of the education.

### OTHER CREDITS

**American Academy of Nurse Practitioners National Certification Program** accepts AMA PRA Category 1 Credit™ from organizations accredited by the ACCME.

**American Nurses Credentialing Center (ANCC)** accepts AMA PRA Category 1 Credit™ from organizations accredited by the ACCME.

PAs may claim a maximum of 20.75 Category 1 credits for completing this activity. **NCCPA** accepts AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society.

The Johns Hopkins University has approved this activity for 20.75 **contact hours for non-physicians**.

### MAINTENANCE OF CERTIFICATION

Successful completion of this CME activity, which includes participation in the evaluation



component, enables the participant to earn up to 20.75 MOC points in the **American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program**. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### PAIN MEDICINE STATEMENT

This activity should cover topics that are required under the Maryland Board of Physicians pain management requirement.



# GENERAL INFORMATION

## REGISTRATION

Wednesday, May 6, 2026  
7:00 a.m. ET

Chevy Chase Bank Conference Center  
The Sheikh Zayed Tower  
The Johns Hopkins Hospital  
1800 Orleans Street, Main Level  
Baltimore, Maryland 21287

The Sheikh Zayed Tower is located on Orleans Street between Broadway and Wolfe Streets. Directions and campus parking information are available on our website under the Contact Us tab at <https://HopkinsCME.cloud-cme.com>. The closest garage is the Orleans Street Garage, which is located on Orleans Street (Route 40) between Wolfe Street and Broadway. Handicapped parking is also available in the McElderry Street Garage. Johns Hopkins is smoke free.

## FEES

Register Online by May 1, 2026:

<https://hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=66296>

Methods of Payment: Learners must register and submit full payment prior to the start of the activity. On-site payments can only be accepted if made by learners via credit card through the online portal by 5:00 p.m. ET on the first day of the activity. The registration fee includes continental breakfast, breaks, lunches welcome reception and instructional materials.

Registration Fees:

Physicians.....\$700  
Residents\*/Fellows\*/Nurses/NPs/PAs/Allied Health  
Professionals.....\$575

*\*with verification of status*

You will receive a confirmation by e-mail. If you have not received it by May 2, 2025 call (410) 502-9636 to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses. Additionally, we reserve the right to change the venue to a comparable venue. Under such circumstances registrants will be notified as soon as possible.

## AMERICANS WITH DISABILITIES ACT

The Johns Hopkins School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. Please notify us if you have any special needs.

## LATE FEE AND REFUND POLICY

A \$50 late fee applies to registrations received after 5:00 p.m. ET on May 1, 2026. A handling fee of \$50 will be deducted for cancellation. An additional fee may apply for cancellation of other events, including workshops and social events. Refund requests must be received by fax or mail by May 1, 2026. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

## SOCIAL EVENT

A complimentary reception for registrants and faculty will be held Wednesday evening, May 6, 2026 from 7:00 - 10:00 p.m. at The National Aquarium in Baltimore. One guest per registrant is invited to attend at no additional charge. Please indicate your attendance while registering.

## SYLLABUS

The syllabus will be accessible online and via your mobile device in the CloudCME App prior to the activity.

## HOW TO OBTAIN CREDIT

Post activity, an online evaluation will be available to attendees to evaluate the activity and individual presentations and to identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print. The last day to access the evaluation and attest to your credits is **June 23, 2025**.

An outcome survey will be sent to all physician attendees within two months post activity to assist us in determining what impact this activity had on the learner's practice.

## TO REGISTER OR FOR FURTHER INFORMATION

### Register Online

<https://hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=66296>

Register by Phone..... (410) 502-9636  
Register by Fax.....(866) 510-7088  
Confirmation/Certificates/Transcripts.....(410) 502-9636  
General Information..... (410) 955-2959  
E-mail the Office of CME..... [cmenet@jhmi.edu](mailto:cmenet@jhmi.edu)

Follow us on X: [X/HopkinsCME](https://twitter.com/HopkinsCME)

Facebook: [facebook.com/HopkinsCME](https://facebook.com/HopkinsCME)

**CloudCME** 

Check out our mobile app CloudCME.  
Organization Code: *HopkinsCME*

For technical assistance with website, CloudCME or credits, please visit our tech support help page:  
<https://hopkinscme.cloud-cme.com/about/help>

For general information, please visit the activity webpage at  
<https://hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=66296>

## PROGRAM

## WEDNESDAY, MAY 6, 2026

7:00 - 8:00	Registration and Continental Breakfast
8:00 - 8:15	<b>Welcome and Conference Goals</b> Gail Berkenblit, MD, PhD, Daniel Brotman, MD, FACP, MHM and Kimberly Peairs, MD, FACP
8:15 - 8:45	<b>EMERGENCY MEDICINE</b> <b>The Perils of Gravity: Managing Falls In and Out of the Hospital</b> Julianna Jung, MD, MEd
8:45 - 9:15	<b>NEPHROLOGY</b> <b>Updates on Chronic Kidney Disease Management</b> Elena Cervantes, MD
9:15 - 9:45	<b>CRITICAL CARE MEDICINE</b> <b>Are Surgeons Really Needed to Treat Appendicitis and Diverticulitis?</b> Pamela Lipsett, MD, MHPE, MCCM
9:45 - 10:30	<b>MYSTERY CASE</b> <b>Clinical Reasoning Conference: Case-Based Discussion</b> John Woller, MD and Dan Brotman, MD, FACP, MHM
10:30 - 10:45	Break
10:45 - 11:15	<b>CARDIOLOGY</b> <b>Digital Health in Cardiology</b> Seth Martin, MD
11:15 - 11:45	<b>HOSPITALIST</b> <b>Things We Do For No Reason</b> Lenny Feldman, MD
11:45 - 12:15	<b>ENDOCRINOLOGY</b> <b>Endocrinology Cases for the Internist</b> Aniket Sidhaye, MD
12:15 - 1:15	<b>Luncheon Meet the Professor Session I</b>
1:30 - 2:00	<b>INFECTIOUS DISEASE</b> <b>What is Hot in ID</b> Amita Gupta, MD
2:00 - 2:30	<b>GENERAL INTERNAL MEDICINE</b> <b>Colon Cancer Screening</b> Youngjee Choi, MD, FACP
2:30 - 2:45	Break
2:45 - 3:15	<b>NEPHROLOGY</b> <b>Diuretics: The Good, the Bad, and the Diuretic</b> Derek Fine, MD
3:15 - 3:45	<b>RADIOLOGY</b> <b>The Role of AI in Early Detection in Cancer</b> Elliot Fishman, MD, FACR
3:45 - 4:00	Break
4:00 - 5:00	<b>Meet the Professor Session II</b>
7:00 - 10:00	<b>Welcome Reception -</b> The National Aquarium in Baltimore

## THURSDAY, MAY 7, 2026

8:00 - 9:00	Registration and Continental Breakfast
8:00 - 9:00	<b>SMALL GROUP DOME TOUR (Sign Up - Limited)</b> <b>SELF TOUR OF THE CAMPUS (Pick Up Map)</b> <i>This session is not eligible for AMA PRA Category 1 Credits™.</i>
9:15 - 9:45	<b>RHEUMATOLOGY</b> <b>Evaluating Inflammatory Arthritis</b> Laura Cappelli, MD
9:45 - 10:15	<b>PAIN MEDICINE</b> <b>Suzetrigine (Journavx)</b> Vahid Grami, MD
10:15 - 10:30	Break
10:30 - 11:15	<b>GENERAL INTERNAL MEDICINE</b> <b>Thieves Market</b> Gail Berkenblit, MD, PhD and Kimberly Peairs, MD, FACP
11:15 - 11:45	<b>PALLIATIVE MEDICINE</b> <b>Pearls of Palliative Care</b> Ivy Akid, MD
11:45 - 12:15	<b>OTOLARYNGOLOGY</b> <b>Surgical Approaches for OSA</b> Kevin Motz, MD
12:15 - 1:15	<b>Luncheon - Meet the Professor Session III</b>
1:30 - 2:00	<b>PULMONOLOGY</b> <b>Pearls and Pitfalls of Sarcoidosis</b> Michelle Sharp, MD, MHS
2:00 - 2:30	<b>NEUROLOGY</b> <b>Too Soon to Tell, Too Late to Untangle: The Dual Pitfalls of Alzheimer's Diagnosis</b> Abhay Moghekar, MD
2:30 - 2:45	Break
2:45 - 3:15	<b>GASTROENTEROLOGY</b> <b>MASLD in 2026: Diagnosis, Staging and Treatment</b> James Hamilton, MD
3:15 - 3:45	<b>CARDIOLOGY</b> <b>Advances in Lipid Management: Translating Evidence into Clinical Practice</b> Francoise Marvel, MD
3:45 - 4:00	Break
4:00 - 5:00	<b>Meet the Professor Session IV</b>

FRIDAY, MAY 8, 2026

7:30 - 8:30	Registration and Continental Breakfast	1:15 - 1:45	<b>PSYCHIATRY</b> <b>Functional Disorders and Dysautonomia: How Medical Silos Have Disenfranchised Complicated Patients</b> Glenn Treisman, MD, PhD
8:00 - 9:00	<b>GRAND ROUNDS - HURD HALL Auditorium</b> <b>Philip A. Tumulty, MD: The Effective Clinician</b> David Hellman, MD	1:45 - 2:15	<b>UROLOGY</b> <b>Urinary Incontinence: An Overview for Clinical Practice</b> Margot K. Le Neveu, MD
9:00 - 9:15	Break	2:15 - 2:30	Break
9:15 - 9:45	<b>INFECTIOUS DISEASES</b> <b>Beyond Lyme Disease: Tickborne Infections You May See in the Office</b> Paul Auwaerter, MD	2:30 - 3:00	<b>INTERNAL MEDICINE</b> <b>A Case From the Clinic</b> Bimal Ashar, MD
9:45 - 10:15	<b>ONCOLOGY</b> <b>Lung Cancer</b> Joy Feliciano, MD	3:00 - 4:00	<b>Osler's Greatest Hits</b> Natasha Chida, MD, MSPH (Moderator)
10:15 - 10:30	Break	3:00 - 3:10	1. Stephanie Alden, MD
10:30 - 11:00	<b>HEMATOLOGY</b> <b>Right Place, Right Time: Individualizing Therapy for Adults with Sickle Cell Disease in the Age of Transformative Therapies</b> Francis Coyne, MD	3:10 - 3:20	2. Benjamin Johnson, MD
11:00 - 11:30	<b>HEMATOLOGY</b> <b>A Bridge Too Far- Update on Management of Anticoagulation in the Periprocedural Period</b> Michael Streiff, MD	3:20 - 3:30	3. Armani Minasian Hawes, MD
11:30 - 12:00	<b>CARDIOLOGY</b> <b>Inflammation and ASCVD: Therapeutic Options in 2026 and Beyond</b> Michael Blaha, MD, MPH	3:30 - 3:40	4. Jona Mata, MD
12:00 - 1:00	<b>Luncheon - Meet the Professor Session V</b>	3:40 - 3:50	5. Christina Tamargo, MD
		3:50 - 4:00	<i>Question and Answer Session</i>
		4:00	Adjourn

*You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance.*

*The Johns Hopkins School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity.*

*This schedule is subject to change.*



# SPEAKERS

## ACTIVITY DIRECTORS

**Gail Berkenblit, MD, PhD**  
Associate Professor of Medicine  
Associate Program Director for  
Ambulatory Education,  
Osler Medicine Training Program

**Daniel Brotman, MD, FACP, MHM**  
John A. Flynn Endowed  
Professor of Medicine  
Director, Division of Hospital Medicine  
The Johns Hopkins Hospital

**Kimberly Peairs, MD, FACP**  
Associate Professor of Medicine  
Vice Chair for Clinical Affairs  
Department of Medicine

## JOHNS HOPKINS SPEAKERS

**Ivy Akid, MD**  
Assistant Professor of Medicine

**Stephanie Alden, MD**  
Instruction in Medicine

**Bimal Ashar, MD**  
Professor of Medicine

**Paul Auwaerter, MD**  
Professor of Medicine  
Division of Infectious Diseases

**Michael Blaha, MD**  
Professor of Medicine and Epidemiology  
Division of Cardiology

**Laura Cappelli, MD**  
Associate Professor of Medicine  
Division of Rheumatology

**Elena Cervantes, MD**  
Assistant Professor of Medicine  
Division of Nephrology

**Natasha Chida, MD**  
Associate Professor of Medicine  
Division of Infectious Diseases

**Youngjee Choi, MD, FACP**  
Associate Professor of Medicine

**Francis Coyne, MD**  
Assistant Professor of Medicine  
Division of Hematology

**Lenny Feldman, MD**  
Associate Professor of Medicine and  
Pediatrics

**Joy Feliciano, MD**  
Associate Professor of Oncology

**Derek Fine, MD**  
Professor of Medicine  
Division of Nephrology

**Elliot Fishman, MD, FACP**  
Elliot K. Fishman MD Professorship in  
Radiology  
Professor of Radiology, Surgery, Oncology  
and Urology

**Vahid Grami, MD**  
Assistant Professor of Medicine  
Division of Anesthesiology and  
Critical Care Medicine

**Amita Gupta, MD**  
Professor of Medicine  
Division of Infectious Diseases

**James Peter Adam Hamilton, MD**  
Associate Professor of Medicine  
Division of Gastroenterology

**Armani Minasian Hawes, MD**  
Instructor in Medicine

**Benjamin Johnson, MD**  
Instructor in Medicine

**Julianna Jung, MD**  
Associate Professor of Emergency Medicine

**Margot Le Neveu, MD**  
Instructor in Medicine

**Pam Lipsett, MD, MHPE, MCCM**  
Professor of Medicine and Surgery  
Division of Anesthesiology and  
Critical Care Medicine

**Seth Martin, MD**  
Professor of Medicine  
Division of Cardiology

**Francoise Marvel, MD**  
Assistant Professor of Medicine  
Division of Cardiology

**Jona Mata, MD**  
Instructor in Medicine

**Abhay Moghekar, MD**  
Professor of Neurology

**Kevin Motz, MD**  
Assistant Professor of Otolaryngology –  
Head and Neck Surgery

**Michelle Sharp, MD, MHS**  
Associate Professor of Medicine  
Division of Pulmonary and  
Critical Care Medicine

**Aniket Sidhaye, MD**  
Associate Professor of Medicine  
Division of Endocrinology and Metabolism

**Michael Streiff, MD**  
Professor of Medicine and Pathology  
Division of Hematology

**Christina Tamargo, MD**  
Instructor in Medicine

**Glenn Treisman, MD, PhD**  
Eugene Meyer III Professor of Psychiatry  
and Medicine

**John Woller, MD**  
Assistant Professor of Medicine