

Clinical Updates in Pediatrics

Internet Live Conference

2021 Perspective on Pediatric Nutrition Topics

May 15, 2021 • 7:30 a.m.–1:45 p.m.

Conference Chair

Melanie Newkirk, DCN, RDN, CSP, LD

Director, Patient Nutritional Services
Pediatric Dietitian/Nutritionist
Johns Hopkins All Children's Hospital
St. Petersburg, FL

Agenda

7:30 a.m.–7:55 a.m.

Log In Online

7:55 a.m.–8:00 a.m.

Welcome and Goals

Melanie Newkirk, DCN, RDN, CSP, LD

Director, Patient Nutritional Services
Pediatric Dietitian/Nutritionist
Johns Hopkins All Children's Hospital

8:00 a.m.–9:00 a.m.

Pediatric Obesity: Moving Past “Eat Less and Exercise More”

Raquel G. Hernandez, MD, MPH, FAAP

Diplomate, American Board of Obesity Medicine
Assistant Professor of Pediatrics
Johns Hopkins University School of Medicine
Medical Director, Healthy Weight Initiative
Director, Program in Pediatric Health Equities Research
Johns Hopkins All Children's Hospital

9:00 a.m.–10:00 a.m.

Assessment of Children and Adolescents with Suspected Eating Disorders

Jasmine M. Reese, MD, MPH, FAAP

Assistant Professor of Pediatrics
Director, Adolescent and Young Adult Specialty Clinic
Adolescent Medicine Board Certified in Adolescent Medicine
Board Certified in Pediatrics
Johns Hopkins All Children's Hospital

Brenna Denhardt, MS, RD, CSP, LDN

Clinical Dietitian
Johns Hopkins All Children's Hospital

10:00 a.m.–10:15 a.m.

Break

10:15 a.m.–11:15 a.m.

Pediatric Malnutrition

Lacey Baker, MS, RD, CSP, LD, CNSC

Clinical Dietitian
Johns Hopkins All Children's Hospital

11:15 a.m.–11:45 a.m.

The Impact of Food Insecurity and Why Pediatric Providers Need to Address It

Jennifer Blair, MA, RD, CSP, LDN

Senior Dietitian
Department of Nutrition and Cystic Fibrosis Center
Johns Hopkins All Children's Hospital

11:45 a.m.–12:15 p.m.

Lunch: Make Every Bite Count – Update on the 2020-2025 Dietary Guidelines

Melanie Newkirk, DCN, RDN, CSP, LD

Director, Patient Nutritional Services
Pediatric Dietitian/Nutritionist
Johns Hopkins All Children's Hospital

12:15 p.m.–1:00 p.m.

Breastfeeding ‘Myth Busters’

Nicole S. Jenkins, BSN, RNC-NIC, IBCLC, CPST

Lactation Consultant
Johns Hopkins All Children's Hospital

1:00 p.m.–1:45 p.m.

Current Aspects of Infant Nutrition

Michelle Gilbert, MS, RD, CSPCC, LD/N, CLC

Clinical Dietitian
Johns Hopkins All Children's Hospital

Designed For

This program has been designed especially for:

- Pediatricians
- Family Practitioners
- Pediatric Specialists
- Physician Assistants
- Nurse Practitioners
- Nurses
- Healthcare professionals in the field of pediatrics



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The Johns Hopkins School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity. Topics and faculty are subject to change.

Registration Required at HopkinsAllChildrens.org/CME

Clinical Updates in Pediatrics

UPCOMING CLINICAL UPDATES IN PEDIATRICS

- September 25, 2021: Sickle Cell Disease
December 4, 2021: Infectious Diseases
January 22, 2022: Adolescent Medicine



Registration Required at HopkinsAllChildrens.org/CME

Series Global Objectives

After attending this activity, the learner will demonstrate the ability to:

- Integrate recent guidelines, policies and recommendations into treatment plans for pediatric patients to improve outcomes.
- Apply principles of evidence-based medicine to determine clinical diagnosis and to formulate and implement appropriate treatment plans.
- Make appropriate referrals of patients to specialists within the fields of Neurology/Neuroscience, Nutrition, Pulmonary, Osteopathic Medicine, Psychology, Sports Medicine, Emergency Medicine, Adolescent Medicine, Ear, Nose and Throat, Cardiology, Infectious Disease and Sickle Cell Disease.

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Johns Hopkins University School of Medicine and the Florida Board of Nursing. The Johns Hopkins University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.



Credit Designation Statement

The Johns Hopkins University School of Medicine designates this live activity for a maximum of **5.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Credit: Nursing

The Florida Board of Nursing has approved this conference for Nursing Contact Hours, which will be awarded by Johns Hopkins All Children's Hospital. Florida Board of Nursing Provider # 50-2821.

Policy on Presenter and Provider Disclosure

It is the policy of the Johns Hopkins School of Medicine that the presenter and provider globally disclose conflicts of interest. The Johns Hopkins School of Medicine OCME has established policies that will identify and resolve conflicts of interest prior to this educational activity. Detailed disclosure will be made prior to presentation of the education.

Registration Required

- **Season Pass:** \$120 – Season Pass Holders will need to select which conferences they plan to attend. These may be selected at a later date by modifying your registration.
- **Registration Fee for Individual Conference:** \$40
- **Registration Cut-off Date:** May 13, 2021
- Instructions to connect to the conference will be emailed approximately one week prior to the conference. If you do not receive this email, contact achcme@jhmi.edu.

SAVE THE DATE

- June 11-13, 2021: 44th Annual Florida Suncoast Pediatric Conference
Aug. 27-28, 2021: 21st Annual Current Concepts in Sleep
Nov. 4-7, 2021: 3rd Annual Pediatric Brain Symposium



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